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| **ESSEX ROADS** |  | **CYCLING CLUB** |

**Open 25 mile Sporting Time Trial**

Promoted for and on behalf of Cycling Time Trials under its rules and regulations

*to be held on*

**Monday 31st August 2020**

**Course E11/25a** — **Start at 7.00 am**

***Timekeepers:***

Tony Brown and Laura Carter

***Awards:***

Scratch: 1st – £50; 2nd – £30; 3rd – £20, 4th £10. Lady: 1st - £30, 2nd – £10.

Vet: 1st - £30, 2nd – £10.Junior: 1st - £20. Fastest Club Team of Three: £10 each.

***Event headquarters:***

**Blackmore Village Hall, Nine Ashes Road, Essex CM4 0QW**

This is the village communal area, please park in a sensible manner and remember to maintain social distancing when outside the car. Access to the hall is just to use the toilets and each toilet must only be used by one person at a time. No changing in full view of residents and please respect the local residents by keeping any noise to a minimum. All riders must warm on the roads, **NO TURBOS OR ROLLERS IN THE CAR PARK**.

Signing-on will start at 6:15 am and will take place outside the hall unless it is raining.

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| Event secretary: Leonard Gordon, 7 Cambridge Close, Basildon, Essex, SS16 6UW Telephone: 07807 839204 |

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| **COURSE DETAILS** 11/25a Blackmore  START in Fingrith Hall Lane at the entrance to field 40 yards before the junction to the A414.  After starting proceed to the junction with the A414, (M), to turn left taking care to check for traffic from the right.  Proceed on the A414 to perform a U-turn at the Ongar Four Wantz roundabout (M) (3.2 m).  Retrace along A414 over two roundabouts to U-turn at the Widford Church roundabout (M) (12.6 m). Stay on the A414 to go over two roundabouts to return back to the Ongar Four Wantz roundabout (M) (22.0 m) to make another U-turn. Then stay on the A414 to continue to the finish which is just past the left turn into Willingale road.  After you have finished continue on A414 to turn right into Fingrith Hall Lane to return back to the headquarters.  **In the interest of your own safety, Cycling Time Trials and the Event Promoters strongly advise you to wear a hard shell safety helmet that meets an internationally accepted safety standard. All juniors and/or riders under the age of 19 years are required to wear a suitably approved helmet.**  **Cycling Time Trials now requires the use of a flashing rear light whilst competing.**  **NO LIGHT, NO RIDE** | **LONDON EAST LOCAL REGULATIONS**  **1** Competitors are not allowed to warm up on any part of the designated course once the event has started.  **2** No ‘U’ turns are allowed within sight of either the start or finish points. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and to further disciplinary action by the London East CTT District Committee.  **3** No parking at either the start or finish points, other than the timekeeper’s car.  **4** Body numbers will be available at the event headquarters and they should be returned after the event. When the numbers are returned please complete the signing-off box on the sign-on sheet. Failure to do this will result in your result being marked as ‘DNF’.  **All riders should return to the headquarters as drug testing may be in force at this event.**  **RIDERS BRIEFING NOTICE**  Start and finish are about 1 ½ miles from the hall. Route to start is leave the car park and go straight ahead onto Redrose Lane. At the crossroads turn left onto Fingrith Hall Lane and continue until you reach the start.  Riders that have finished should proceed straight on to the event headquarters, being aware of competitors that are still racing.  If possible, please bring your own pen to sign on and if you need them any pins for your number. |

| **No** | **Start** | **Name** | **Club** | **Category** |
| --- | --- | --- | --- | --- |
| 1 | 07:01 | Richard Todd | Onyx RT | Veteran |
| 2 | 07:02 | Nick Elson | Woolwich CC | Senior |
| 3 | 07:03 | Richard Stevens | Shaftesbury CC | Veteran |
| 4 | 07:04 | Paskell Blackwell | Team Charles Barclay | Veteran |
| 5 | 07:05 | Timothy Torrie | TBW23 Stuart Hall Cycling Gett Taxi | Espoir |
| 6 | 07:06 | Michael Costello | Race Hub | Veteran |
| 7 | 07:07 | Michael Edmunds | Verulam Really Moving | Veteran |
| 8 | 07:08 | Cliff Price | Dunmow Velo | Veteran |
| 9 | 07:09 | James Chalklen | Eagle Road Club | Junior |
| **10** | **07:10** | **terry Garlinge** | **Easterley Road Club** | **Veteran** |
| 11 | 07:11 | Matthew Saward | Athlon CC | Senior |
| 12 | 07:12 | Dan Foster | 3T-RACING | Veteran |
| 13 | 07:13 | Chris Symonds | North Road CC | Veteran |
| 14 | 07:14 | Marcus Edwards | Kingston Phoenix RC | Veteran |
| 15 | 07:15 | Michael Parker | TMG Horizon Cycling Team | Veteran |
| 16 | 07:16 | Scott Beard | Shaftesbury CC | Veteran |
| 17 | 07:17 | Mark Vowells | CC Bexley | Trike |
| 18 | 07:18 | Chantel Coetzer | Redbridge CC | Lady |
| 19 | 07:19 | Fieke Blackwell | Team Charles Barclay | Lady |
| **20** | **07:20** | **Mark Cox** | **ZeroBC Race Team** | **Veteran** |
| 21 | 07:21 | Samuel Thienel | Shaftesbury CC | Senior |
| 22 | 07:22 | Julia Freeman | Easterley Road Club | Lady Vet |
| 23 | 07:23 | Miles Burrage | Eat Plants Not Pigs CC | Senior |
| 24 | 07:24 | Francesca Chilvers | Maldon & District CC | Lady |
| 25 | 07:25 | John Bradbury | CC Sudbury | Veteran |
| 26 | 07:26 | Alex Pearson | Woolwich CC | Veteran |
| 27 | 07:27 | Jack Mills | Maldon & District CC | Senior |
| 28 | 07:28 | Matthew Lord | Lee Valley Youth CC | Junior |
| 29 | 07:29 | Sarah Burns | East London Triathletes | Lady Vet |
| **30** | **07:30** | **Sam Wightman** | **Team Bottrill** | **Veteran** |
| 31 | 07:31 | Graeme Garner | Essex Roads CC | Veteran |
| 32 | 07:32 | Robert Pisolkar | Shaftesbury CC | Veteran |
| 33 | 07:33 | James Leach | Imperial Racing Team | Senior |
| 34 | 07:34 | Louise Douglass | Essex Roads CC | Lady |
| 35 | 07:35 | David Pennington | Southend Wheelers | Senior |
| 36 | 07:36 | Ian Braybrook | Basildon CC | Veteran |
| 37 | 07:37 | John Iszatt | Team Vision Racing - Silverhook | Veteran |
| 38 | 07:38 | Richard Jones | East Essex Triathlon Club | Veteran |
| 39 | 07:39 | James Bromley | Becontree Wheelers CC | Veteran |
| **40** | **07:40** | **Russell Hampton** | **Onimpex Bioracer RT** | **Senior** |
| 41 | 07:41 | Timothy Chilvers | Maldon & District CC | Senior |
| 42 | 07:42 | Edward Renwick | Oxford City RC | Veteran |
| 43 | 07:43 | Charlie Gaimster | Dulwich Paragon CC | Senior |
| 44 | 07:44 | Kelvin Fleuty | Maldon & District CC | Veteran |
| 45 | 07:45 | Matthew Saunders | Team Vision Racing - Silverhook | Veteran |
| 46 | 07:46 | Richard Parrotte | Shaftesbury CC | Veteran |
| 47 | 07:47 | Paul Turton | Team Vision Racing - Silverhook | Veteran |
| 48 | 07:48 | Daniel Lord | University of Warwick Triathlon & Road Cycling Club | Espoir |
| 49 | 07:49 | Chris Cantwell | West Suffolk Wheelers | Veteran |
| **50** | **07:50** | **Mark Arnold** | **VTTA (East Anglia Group)** | **Veteran** |
| 51 | 07:51 | Nick Boyle | Chelmer CC | Veteran |
| 52 | 07:52 | Alex Purcell | CC Sudbury | Senior |
| 53 | 07:53 | Cameron Geekie | Team Charles Barclay | Senior |
| 54 | 07:54 | Mark Edmonds | Shaftesbury CC | Veteran |
| 55 | 07:55 | Jack Kellam | Cambridge University CC | Senior |
| 56 | 07:56 | Nicholas Knight | Hart Performance Coaching | Veteran |
| 57 | 07:57 | Paul Looke | Shaftesbury CC | Veteran |
| 58 | 07:58 | Geoff Bores | Ford CC | Veteran |
| 59 | 07:59 | Sean McDougall | Finsbury Park CC | Veteran |
| **60** | **08:00** | **Peter Harding** | **Chelmer CC** | **Senior** |
| 61 | 08:01 | David Warlow | Essex Roads CC | Veteran |
| 62 | 08:02 | Richard Hutt | Harp RC | Veteran |
| 63 | 08:03 | Simon Constable | Basildon CC | Veteran |
| 64 | 08:04 | Harry Moore | Cycling Club Hackney | Veteran |
| 65 | 08:05 | Daniel Ryan | North Road CC | Senior |
| 66 | 08:06 | James Sale | Eagle Road Club | Senior |
| 67 | 08:07 | Louise Robinson | Essex Roads CC | Lady Vet |
| 68 | 08:08 | Alfie Salmon | Lee Valley Youth CC | Junior |
| 69 | 08:09 | Jennie Page | Southend Wheelers | Lady Vet |
| **70** | **08:10** | **David Harding** | **Chelmer CC** | **Senior** |
| 71 | 08:11 | James Moss | North Road CC | Veteran |
| 72 | 08:12 | Adam Bishop | Lea Valley CC | Veteran |
| 73 | 08:13 | Hugh Williams | Redbridge CC | Veteran |
| 74 | 08:14 | David Martin | Becontree Wheelers CC | Veteran |
| 75 | 08:15 | Dean Lubin | Team Vision Racing - Silverhook | Veteran |
| 76 | 08:16 | Rob Chaplin | East London Velo | Veteran |
| 77 | 08:17 | Reece Barclay | Team Charles Barclay | Senior |
| 78 | 08:18 | Jonty Robinson | Essex Roads CC | Veteran |
| 79 | 08:19 | Hayley Ruch | East Essex Triathlon Club | Lady Vet |
| **80** | **08:20** | **Nicholas Fennell** | **Thanet RC** | **Senior** |
| 81 | 08:21 | Alister Campbell | Eagle Road Club | Veteran |
| 82 | 08:22 | John Golder | Chelmer CC | Veteran |
| 83 | 08:23 | Steve Foster | Haverhill Cycling Club | Veteran |
| 84 | 08:24 | Will Hedden | Crest CC | Senior |
| 85 | 08:25 | Josh Crow-Stewart | Arctic Aircon RT | Senior |
| 86 | 08:26 | Jennifer George | MEMORIAL - SANTOS | Lady |
| 87 | 08:27 | Paul Donegan | Chelmer CC | Veteran |
| 88 | 08:28 | Alex Warburton | Velo Schils Interbike RT | Senior |
| 89 | 08:29 | Aidan Kerrigan | Lee Valley Youth CC | Junior |
| **90** | **08:30** | **Matthew Smith** | **DRAG2ZERO** | **Veteran** |
| 91 | 08:31 | Wolfgang Emmerich | London Phoenix CC | Veteran |
| 92 | 08:32 | Daryl Maffey | CC London | Veteran |
| 93 | 08:33 | Max Eagle | OVB | Espoir |
| **Tandem** | | | | |
| 94 | 08:34 | David Shannon | Islington Cycling Club | Veteran |
| Richard May | Islington Cycling Club | Veteran |