

# Veterans Time Trials Association

Nottingham & East Midlands Group

## 50 Mile Time Trial

National Championship

26th July 2020

Start 8.00am



### AWARDS

All on Standard

The CHAMPION : Best on Standard  
(Man or Woman)

Champion's Jersey and Cap

1st Man on Standard      1st Woman on Standard  
Gold Medal                      Gold Medal

2nd Man on Standard      2nd Woman on Standard  
Silver Medal                      Silver Medal

3rd Man on Standard      3rd Woman on Standard  
Bronze Medal                      Bronze Medal

Club Team of Three  
Gold Medals

Group Team of Three  
Gold Medals

1st Tandem on Standard  
Gold Medals

A formal prizegiving will take place at the  
National VTTA AGM in January 2021

Timekeepers  
Sue Bowler  
South Pennine RC

Paul Martin  
South Pennine RC

Headquarters  
Flintham Cricket Club  
Inholms Road  
Flintham  
Nottinghamshire NG23 5LQ  
(open from 7.00am)

Organiser/Event Secretary  
Colin Parkinson SWRC  
11 Main Street  
Huncote Leicester LE9 3AU  
cdp@lineone.net  
0116 275 0203  
07971090461

Promoted for and on behalf of Cycling Time Trials  
under their Rules and Regulations

## Course

### A50-2 - A46 Farndon - Stragglethorpe

Start on old Fosse Road (old A46) 400 yards south of Eden Hall RAB. Proceed south (sharp right bend - take care) to Turn Left at junction to pass over A46 to Turn Left onto A46 southbound slip road. On A46, proceed south to take slip road from A46 (Stragglethorpe Junction). Take 4th exit to pass under the A46 to second roundabout. (Approx 9.65mils.) Take 3rd exit to slip road onto A46 northbound and proceed towards Newark. At Farndon roundabout take first exit onto old A46 (Fosse Way). (Approx 22.26mils.)

Proceed south on old Fosse Way to Eden Hall RAB and Turn Left to cross A46 to Turn Left onto slip road to join A46 southbound. Proceed south to take slip road from A46 (Stragglethorpe Junction). Take 4th exit to pass under the A46 to second roundabout. (Approx 34.94mils.) Take 3rd exit to slip road onto A46 northbound and proceed towards Newark. At Farndon roundabout take first exit onto old A46 (Fosse Way). Finish at start of fence on RHS at gateway to River Trent and just before Stoke Warren Farm on approach to East Stoke.(50 mls.)

## HEADS UP - ACCIDENTS DOWN!

### Safety and CoViD information:

NO 'Warming up' by competitors is allowed on the course once the event has started.

NO "U" TURNS are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action. Riders' body numbers will be available at event HQ and must be personally signed for after reading any special course instructions. **PLEASE BRING YOUR OWN PEN**

As soon as you have finished Do not stop at the finish timekeeper you should return your number to the event HQ into the bin provided and personally sign out (failure to do so may mean you will be recorded as DNF).

Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will also be liable to disciplinary action by the District Committee.

In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a hard shell helmet that meets an internationally accepted safety standard and have a working rear light - flashing or constant **NO LIGHT NO RIDE** (check your batteries)

### Start and warm up:

To get to the start from the HQ go over the A46 turn right proceed North along (old) Fosse Rd (Approx 2 miles) There are plenty of roads to Warm-up on. Avoid riders already started. There will be a Starting gate to use, or riders can put one foot on the floor as CTT advise

### Parking and Changing at the HQ

Hall will be open at 7.00 am. The car park is for use by officials only.

Limited parking will be available at the HQ Park outside or in the adjacent (gated) road to visit the HQ and then proceed to do your preparation and warm-up elsewhere. There is lots of space

In the morning so please keep the noise to a minimum. Please park sensibly and avoid blocking the pathways by not parking on the verges. Please give consideration to all other road users in the area so ensuring that we will be able to continue using these Headquarters.

### **NO CHANGING FACILITIES WILL BE AVAILABLE AT THE HQ.**

Separate Toilet facilities are available for men and women & disabled. Access will be indicated but only one person at a time is allowed in the respective room. Users will be expected to spray the cubical after use with the disinfectant provided

Signing on and signing out will be outside the hall and please queue in an orderly fashion. Numbers will be laid out individually and riders should only handle their own PINS WILL NOT BE PROVIDED. After the race the number should be placed in the discard container.

### CTT and CoVid-19

CTT has issued two PDF documents, a **Covid-19 Risk Assessment** and "**Putting on a Cycling TimeTrials Event during COVID19**" Rather than repeating everything here the documents have been included in your Start Sheet mailing and you should read them carefully.

However the following points are of importance. Competitors should not attend if they feel ill in **ANY** way especially if they or family members have any Covid 19 symptoms.  
**AT NO TIME MUST RIDERS AND HELPERS GATHER IN GROUPS OF MORE THAN SIX.SOCIAL DISTANCING MUST BE OBEYED IN THE HQ, AT PARKING AREAS AND AT THE START.**

## VETERAN TIME TRIAL ASSOCIATION 50 MILE NATIONAL CHAMPIONSHIP 2020

No	Start	SOLOS	Club	Age	VTTA-Std	50m PB	VTTA-Group	Plus
1	08:01	Anne Staley	Mercia - Lloyds Cycles CC	WV 69	02:43:09		Notts & E.Mids	
2	08:02	Paul Eveleigh	Lincoln Wheelers CC	V 59	02:23:25	02:11:12	Notts & E.Mids	
3	08:03	Lee Thomas	Velo-One Cycling Team	V 47	02:18:14		Notts & E.Mids	
4	08:04	John Scott	Sleaford Wheelers Cycling Club	V 76	02:37:41	02:41:40	Notts & E.Mids	
5	08:05	Ian Wroblewski	Team Lutterworth Cycle Centre	V 46	02:17:49	01:53:31	Notts & E.Mids	
6	08:06	Nigel Wood	Seamons CC	V 57	02:22:27	02:00:03	Manchester & NW	
7	08:07	Andrew Curley	Warwickshire Road Club	V 57	02:22:27	02:01:52	Midlands	
8	08:08	Michael Stevens	Melton Olympic CC	V 70	02:30:58	02:06:44	Notts & E.Mids	
9	08:09	Loz Staples	Velo-One Cycling Team	WV 47	02:18:14	02:21:42	Notts & E.Mids	
10	08:10	Joseph Costello	Walsall Roads Cycling Club	V 61	02:24:30	01:47:30	Midlands	
11	08:11	Peter Lloyd	Lindfield Coffee Works	V 43	02:16:32	01:57:31	Notts & E.Mids	
12	08:12	Alex Garner	VeloElite RC	V 44	02:16:59		Notts & E.Mids	
13	08:13	Martin Horrobin	Horwich Cycling Club	V 53	02:20:40	02:07:14	North Midlands	
14	08:14	Pamela Moore	Coalville Whs	WV 53	02:32:43	02:40:56	Notts & E.Mids	
15	08:15	Keith Dorling	Team Bottrill	V 61	02:24:30	01:47:28	East Anglia	
16	08:16	Sean Quinn	Law Wheelers	V 47	02:18:14	01:53:30	Scotland	
17	08:17	Chris Spray	Ratae RC	V 53	02:20:40	01:56:59	Notts & E.Mids	
18	08:18	Graham Wright	Velo-One Cycling Team	V 49	02:18:38	02:04:21	Notts & E.Mids	
19	08:19	Nigel Briggs	South Pennine RC	V 59	02:23:25	02:11:48	Notts & E.Mids	
20	08:20	Ben Harrison	Crimson Orientation Marketing RT	V 40	02:15:07		North	
21	08:21	Simon Smith	JRC Shutt Ridley RT	V 45	02:17:24	01:53:24	Midlands	
22	08:22	Martin Bullen (Trike)	Peterborough CC	V 68	02:29:14	01:57:26	North Midlands	
23	08:23	Barrie Whittaker	Lyme Racing Club	V 63	02:25:40	02:03:44	Manchester & NW	
24	08:24	Russell Carter	South Pennine RC	V 59	02:23:25	02:16:23	Notts & E.Mids	
25	08:25	Richard Sharp	Team Swift	S 38		01:42:22		
26	08:26	Mark White	Mark White Coaching RT	V 50	02:19:27	01:56:19	Notts & E.Mids	
27	08:27	Adrian Gorham	Kettering CC	V 58	02:22:55	02:00:13	East Anglia	
28	08:28	Michael Wilkinson	North Notts Olympic CC	V 60	02:23:57	02:03:04	Notts & E.Mids	
29	08:29	David Barry	sportfagley	V 71	02:31:55	02:15:45	Notts & E.Mids	
30	08:30	Shawn Gough	Tuxford Clarion C C	V 47	02:18:14	01:45:37	North Midlands	
31	08:31	Daryl May	Sheffrec CC	V 46	02:17:49	01:53:09	North Midlands	
32	08:32	Steven Loraine	Team Swift	V 64	02:26:18	02:00:45	Midlands	
33	08:33	Jez Willows	Sherwood CC	V 55	02:21:32	02:02:55	Notts & E.Mids	
34	08:34	Chris Sprott	Ratae RC	V 44	02:16:59		Notts & E.Mids	
35	08:35	Daniel Barnett	Team Bottrill	V 46	02:17:49	01:47:16	Notts & E.Mids	
36	08:36	Nicholas Cousins	Ilkeston Cycle Club	V 40	02:15:07	01:53:06	Notts & E.Mids	
37	08:37	Stephen i'Anson	Buxton CC/Sett Valley Cycles	V 64	02:26:18	02:00:13	Manchester & NW	
38	08:38	Mark Shore	Walsall Roads Cycling Club	V 61	02:24:30	02:02:49	Midlands	
39	08:39	Fenella Brown	Beacon Roads CC	WV 51	02:31:48	02:13:21	Midlands	
40	08:40	Nick Cave	Team Lutterworth Cycle Centre	V 54	02:21:06	01:45:47	Notts & E.Mids	
41	08:41	Simon Garrett	Team Echelon	V 46	02:17:49	01:53:05	Midlands	
42	08:42	Mike Kirby	Banbury Star Cyclists' Club	V 61	02:24:30	02:03:04	London & Home Co	
43	08:43	Andrew Cross	Velo-One Cycling Team	V 44	02:16:59		Midlands	
44	08:44	David Percival	Team Swift	V 43	02:16:32	02:18:52	Yorkshire	
45	08:45	Paul David Fleming	Preston Whs	V 55	02:21:32	01:46:56	North Lancs & Lakes	
46	08:46	Robert Gibbons	Race Rapid	V 47	02:18:14	01:54:40	Notts & E.Mids	
47	08:47	Chris Womack	VC Baracchi	V 73	02:34:00	02:01:42	East Anglia	
48	08:48	Frank Anderson	SVTTA	V 68	02:29:14	02:06:57	Scotland	
49	08:49	David Stockley	A5 Rangers CC	V 80	02:43:56		Midlands	



Kimroy will be taking pictures at the event

No	Start		SOLOS Cont	Club		Age	VTTA-Std	50 PB	VTTA-Group	Plus
50	08:50	Alan	Chorley	Seamons CC	V	49	02:18:38	01:44:02	Manchester & NW	
51	08:51	Mathew	Stonley	Mapperley CC	V	47	02:18:14		Notts & E.Mids	
52	08:52	David	Hargreaves	North Lancashire Road Club	V	73	02:34:00	01:55:37	North Lancs & Lakes	
53	08:53	Richard	Gray	Norton Wheelers	V	66	02:27:41		North Midlands	
54	08:54	Emma	Bexson	Stratford Cycling Club	WV	45	02:29:05	02:11:43	Midlands	
55	08:55	Neal	Parkin	Team Bottrill	V	41	02:15:36	01:46:48		
56	08:56	Andy	Newham	Lincoln Wheelers CC	V	47	02:18:14	01:51:14	North Midlands	
57	08:57	Simon	Dighton	Beacon Roads CC	V	57	02:22:27	01:58:55	Midlands	
58	08:58	Robert	Barnard	Team Cystic Fibrosis	V	48	02:18:38	02:06:12	North Midlands	
59	08:59	David	Pittman	Banbury Star Cyclists' Club	V	48	02:18:38	02:10:23	Notts & E.Mids	
60	09:00	Mat	Ivings	Buxton CC/Sett Valley Cycles	V	47	02:18:14	01:41:55	Manchester & NW	
61	09:01	Sean	Sanders	Drighlington BC	V	50	02:19:27	01:50:58	Yorkshire	
62	09:02	Ian	Pike (Trike)	Lincoln Wheelers CC	V	52	02:20:16	01:54:13	Notts & E.Mids	
63	09:03	Andrew	Simpkins	Team Echelon	V	66	02:27:41	02:01:59	Midlands	
64	09:04	Joanna	Cebat	Bury Clarion CC	WV	41	02:15:36	02:09:42	Manchester & NW	
65	09:05	Darren	Yarwood	Almerico Vive Le Velo	V	46	02:17:49	01:41:35	Yorkshire	
66	09:06	Andrew	Halliday	Westerley Cycling Club	V	48	02:18:38	01:50:34	London & Home Co	
67	09:07	Fiona	Sharp	Team Swift	WV	41	02:15:36	01:57:48	Yorkshire	
68	09:08	Richard	Durham	Settle Wheelers	V	66	02:27:41	02:05:58	Yorkshire	
69	09:09	Ala	Whitehead	Rockingham CC	WV	46	02:29:33	02:47:24	North Midlands	
70	09:10	Andy	Proffitt	Arctic Aircon RT	V	47	02:18:14	01:41:31	East Anglia	
71	09:11	Ed	Tarelli	Race Hub	V	48	02:18:38	01:50:16	Notts & E.Mids	
72	09:12	Nick	Hanson	Seacroft Whs	V	54	02:21:06	01:57:43	Yorkshire	
73	09:13	Mark	Burtonshaw	Team Swift	V	62	02:25:04	01:59:13	Yorkshire	
74	09:14	Sue	Cheetham	North Lancashire Road Club	WV	57	02:34:40	02:09:04	North Midlands	
75	09:15	Keith	Murray	DRAG2ZERO	V	45	02:17:24	01:47:21	North	
76	09:16	Simon	Adcook	Team Bottrill	V	46	02:17:49	01:50:12	Midlands	
77	09:17	Andy	Whitehead	Rockingham CC	V	54	02:21:06	01:53:46	North Midlands	
78	09:18	Philip	Kennell	GS Metro	V	53	02:20:40	01:56:55	North	
79	09:19	Cliff	Beldon	Selby CC	V	73	02:34:00	02:08:17	Yorkshire	
80	09:20	Matthew	Bottrill	Team Bottrill	V	43	02:16:32	01:42:47	Notts & E.Mids	
81	09:21	Jim	Boyle	Born to Bike - Bridgtown Cycles	V	55	02:21:32		Notts & E.Mids	
82	09:22	Rob	Vessey	Didcot Phoenix CC	V	57	02:22:27	01:58:46	West	
83	09:23	John	Forbes	Birkenhead North End CC	V	55		02:04:44		
84	09:24	Phil	Guy	North Shropshire Wheelers	V	72	02:32:56	02:09:44	Merseyside	
85	09:25	Anna	Turvey	DRAG2ZERO	WV	40		01:45:38		
86	09:26	Jamie	Murray	Peterborough CC	V	41	02:18:14		Notts & E.Mids	
87	09:27	Roy	Flanagan	Rosendale RC	V	63		01:55:48		
88	09:28	Howard	Leach	North Lancashire Road Club	V	45	02:17:24		North Lancs & Lakes	
89	09:29	Geoff	Edgerton	North Shropshire Wheelers	V	72	02:32:56	02:18:26	Merseyside	

### Prizes

First Man on Std £50	First Woman on Std £50	First Fastest £50
Second Man on Std £40	Second Woman on Std £40	Second Fastest £40
Third Man on Std £30	Third Woman on Std £30	Third Fastest £30
Fourth Man on Std £20	Group Team of Three On Std £15 each	Fourth Fastest £20
Fifth Man on Std £10	Club Team of Three On Std £15 each	Fifth Fastest £10

**One Rider - One Prize (apart from Team Awards)**

No	Start		SOLOS Cont	Club		Age	VTТА-Std	50 PB	VTТА-Group	Plus	
90	09:30	Adam	Bidwell	Kingston Wheelers CC	V	43	02:16:32	01:40:52	Surrey & Sussex		
91	09:31	Jonathan	Lloyd	Westmead Team 88	V	52	02:20:16	01:49:52			
92	09:32	Stu	Wright	QN Racing	V	52	02:20:16		Notts & E.Mids		
93	09:33	Karen	Taylor	Team Sportslab	WV	54	02:33:11	02:02:43	Yorkshire		
94	09:34	Robert	Jones	Cardiff 100 Miles RCC	V	68	02:29:14	02:11:11	South Wales		
95	09:35	Emily	Meakin	The Independent Pedaler	W	31		01:56:37			
96	09:36	Daniel	Shaw	Halifax Imperial Wheelers	V	51	02:19:51	01:49:34	Yorkshire		
97	09:37	Robin	Short	Cotswold Veldrijden	V	44	02:16:59		West		
98	09:38	Paul	Brierley	Huddersfield RC	V	53	02:20:40	02:02:28	Yorkshire		
99	09:39	Simon	Geraci	Team Swift	V	52	02:20:16	02:11:55	Yorkshire		
100	09:40	Keith	Ainsworth	Sheffrec CC	V	61	02:24:30	01:42:05	North Midlands		
101	09:41	Mark	Sanders	Mid Devon CC	V	61	02:24:30	01:49:19	West		
102	09:42	Grant	Whiteside	Pontypool Road Cycling Club	V	46	02:17:49	01:54:45	Yorkshire		
103	09:43	Adam	Laycock	VTТА (East Anglia Group)	V	53	02:20:40	02:02:14	East Anglia		
104	09:44	Michelle	Morley	Team Swift	WV	54	02:33:11	02:25:16	Yorkshire		
105	09:45	John	Archibald	Ribble Weldtite Pro Cycling	S	29					
106	09:46	Sean	Vincent	Race Hub	V	50	02:19:27	01:48:05	Notts & E.Mids		
107	09:47	Mark	Hamer	Stratford Cycling Club	V	45	02:17:24	01:54:22	Midlands		
108	09:48	Steve	Shore	Southend Wheelers	V	73	02:34:00	02:00:26	East Anglia		
109	09:49	Tim	Fowler	PSSA Cycling Club	V	54	02:21:06		London & Home Co		
110	09:50	Mark	Smith	Crawley Wheelers	V	46	02:17:49	01:40:26	Surrey & Sussex		
111	09:51	Scott	Povey	MediaVelo	V	41	02:15:36		Midlands		
112	09:52	Martin	Gargett	Halifax Imperial Wheelers	V	47	02:18:14	01:54:18	Yorkshire		
113	09:53	Duncan	Emery	Twickenham CC	V	47	02:18:14	01:58:03	London & Home Co		
114	09:54	Ian	Peacock	Leek CC - Den Engel Belgian Bar	V	68	02:29:14	02:00:51	Manchester & NW		
115	09:55	Adam	Duggleby	Almerico Vive Le Velo	S	35		01:36:09			
116	09:56	Geoff	Reynolds	Hemel Hempstead CC	V	54	02:21:06	01:47:37	East Anglia		
117	09:57	Antony	Gough	Velo-One Cycling Team	V	45	02:17:24	01:54:13	Notts & E.Mids		
118	09:58	Mike	Dalton	Stockton Wheelers CC	V	40	02:15:07	01:57:56	Yorkshire		
119	09:59	Steve	Cornish	Mid Shropshire Wheelers	V	64	02:26:18	02:13:17	Merseyside		
120	10:00	Andy	Jackson	AeroCoach	V	44	02:16:59	01:39:33	Yorkshire		
121	Res	Alexander	Royle	Manchester Bicycle Club	V	27		01:46:21			
122	Res	John	Breareley	Squadra RT	S	32		01:47:54			
123	Res	Gareth	Pymm	Team Bottrill	S	38		01:51:17			
124	Res	Toby	Williams	Velotik Racing Team	S	27		01:51:51			
125	Res	Steven	Hilton	Warrington Road Club	V	50		01:55:07			
126	Res	Mark	Atkinson	Alford Whs	S	33		01:55:20			
127	Res	Edwin	Kaye	Alford Whs	V	49		01:58:53			
128	Res	Rob	Wild	Velo Club Long Eaton	S	37		02:01:24			
129	Res	Tim	Baggs	Velo Club Flintham	V	50		02:13:30			
130	Res	Claire	Davies	Hinckley Cycle Racing Club	WV	42		02:15:46			
131	Res	Colin	Parkinson	South Western Road Club	V	58	02:22:55	01:46:30	Notts & E.Mids		
<b>No</b>	<b>Start</b>		<b>TANDEMS</b>	<b>Club</b>		<b>Age</b>	<b>VTТА-Std</b>	<b>50 PB</b>	<b>VTТА-Group</b>		
132	10:05	Ian	Greenstreet	AeroCoach	V	56	01:16:47	01:44:22	London & Home Co		
133	10:05	Rachael	Elliott	AeroCoach	WV	42	01:10:51	01:44:22	London & Home Co		
			<b>Sponsored Clubs</b>	Velo-One Cycling Team(Staples Vegetables/Neil Palmer Electrical)							
				Warrington Road Club/Horton Light Engineering							

### WHY NOT JOIN THE VTТА

The Veteran Time Trial Association was formed in 1943 for the over 40 men and women to compete against each other on an equal basis called the Standard



Cover - 2019 - Overall and Womens Champion - Karen Ledger - Ace Test Team -  
Back Cover - 2019 - Mens Champion - Andy Jackson - Aerocoach -