

Team Sportslab Invitation 10 Mile Time Trial Championship

First rider starts at 2.01pm

Organised for and on behalf of cycling time trials under their rules and regulations.

- HQ None as such, but parking at the top of Wallingfen lane, where you can collect your number
- Please note we will have no result board. Times will be read out after the last rider has finished.
- Sign In / out
- Riders are required to sign in when collecting their number. Riders are also required to sign out when leaving their number.
- Course
- A map of the course can be seen on the following page.
- Photography

Ian Chapman will be attending to take photographs please take a look at his website after the event.





The course - V714

Start on B1230 in Gilberdyke 5 miles east of Howden Traffic Island at a point approx. 110 yards east of Gilberdyke service station at painted mark at end of lane. Proceed westwards on B1230 to turn at Howden Traffic Island. retrace through Gilberdyke to finish at tp 107/31-60 15 yards past car park entrance to white horse inn (Gilberdyke).

The V714 is a simple out to the roundabout and back course. Its a little shorter on the way out (4.6 miles) and is flat (except for 2 flyovers) with a pretty good surface. The start is located approximately two miles west of signing in.



- Please park on Stony Lane (Right turn on pic below) The left turn is Wallingfen lane.
 This is approx 2 miles west of the start & the point for collection of numbers.
- Riders will not be "pushed off" but will set off on the timekeepers command.
- If waiting for your start time please do so while adhering to social distancing guidelines. This means leave a 2 meter gap between you and the next rider.

