T235: Start at gateway to Bishopton Sailboard Centre. Proceed through Bishopton, continuing up hill and continue to Great Stainton tee junction. (2.8 mls) Turn left at junction and proceed towards Sadberge, taking 2nd lane on the left and continuing in a southerly direction to top of hill in Sadberge village, where left and then left again onto the C51. Continue along lane towards Norton and take 2nd road junction on the left, signposted Redmarshall (10.4mls). Proceed to Redmarshall village and turn left at crossroads, signposted Bishopton. Repeat 1st lap via Stainton and Sadberge Village to continue along C51, to turn 1st left onto road signposted Bishopton. Proceed towards Bishopton to finish at entrance to Stoney Flat Farm, approx 300 yds before start area. (23.0 mls)