

| | Inter. | Cumul |
|---|---------------|--------|
| <u>Section one</u> | | |
| Start on the old A534 on the Churton side of the H.Q. At the T.P. No 8 proceed to the B5130 turn left to A534 and turn left to Broxton Island | 3.90 | 3.90 |
| where Right on A41. Straight on via Hampton Heath RAB to RAB (Grindley Brook) | 8.73 | 12.63 |
| Right via A49/A41 (Whitchurch outer by-pass) Straight on at RAB (Wrexham Rd.) on A49/A41 and take 3 rd exit at RAB (Wem Rd) | 2.27 | 14.90 |
| to continue on A49/A41 via Whitchurch south RAB where Right along dual carriageway (A49/A41) to RAB (Prees Heath) | 1.70 | 16.60 |
| <u>Section two</u> | | |
| From Prees Heath follow A41 to RAB (Tern Hill) | 6.98 | 23.58 |
| where Right on A53 to RAB (Espley) | 3.33 | 26.91 |
| where Left on A442 to RAB (Shawbirch) | 9.39 | 36.30 |
| where encircle & retrace to RAB (Espley) | 9.43 | 45.73 |
| where encircle & retrace to RAB (Shawbirch) | 9.39 | 55.12 |
| where encircle & retrace to RAB (Espley) | 9.43 | 64.55 |
| where Right on A53 to RAB (Tern Hill) | 3.34 | 67.89 |
| where Left on A41 to RAB (Prees Heath) | 6.92 | 74.81 |
| sharp Left at 1st exit of RAB & take A49 southbound to RAB (Battlefield Church) | 13.99 | 88.80 |
| where encircle & retrace to RAB (Prees Heath) | 14.02 | 102.82 |
| <u>Section three: Quina Brook circuit</u> | | |
| <i>(1 lap = 12.62 miles)</i> | | |
| Commence circuit at RAB (Prees Heath) Straight on at 1 st exit (<i>NOT the service road</i>) | <u>Inter.</u> | |
| via A49/A41 to RAB (Wem Rd) where Left on B5476 via Tilstock & Quina Brook. | 1.66 | 104.48 |
| Turn Left on unclassified road | 5.15 | 109.63 |
| Proc. to 'T' junction with A49 where Left on A49 | 2.20 | 111.83 |
| <i>(Give way ! Great care is needed at this junction.)</i> | | |
| Proceed on A49 via Prees by-pass to RAB (Prees Heath) | 3.61 | 115.44 |
| to complete the circuit | | |
| <i>Repeat this circuit as follows.</i> | | |
| RAB (Prees Heath) 2nd time | 12.62 | 128.06 |
| RAB (Prees Heath) 3rd time | 12.62 | 140.68 |
| RAB (Prees Heath) 4th time | 12.62 | 153.30 |
| RAB (Prees Heath) 5th time | 12.62 | 165.92 |
| RAB (Prees Heath) 6th time | 12.62 | 178.54 |
| RAB (Prees Heath) 7th time | 12.62 | 191.16 |
| RAB (Prees Heath) 8th time | 12.62 | 203.78 |

Section four : night section

Prees Heath - Espley – Prees Heath (20.65 miles)

go Right at RAB take the A41 southbound.

Proceed south on A41 to **RAB (Tern Hill)** 7.06 210.84

where Right on A53 to **RAB (Espley)** 3.33 214.17

where encircle & retrace to **RAB (Tern Hill)** 3.34 217.51

where Left on A41 to **RAB (Prees Heath)** 6.92 224.43

to complete the 1st lap

Lap 2 Prees – Ternhill – Espley – Ternhill - Prees 20.65 245.08

Lap 3 Prees – Ternhill – Espley – Ternhill - Prees 20.65 265.73

Lap 4 Prees – Ternhill – Espley – Ternhill - Prees 20.65 286.38

Lap 5 Prees – Ternhill – Espley – Ternhill - Prees 20.65 307.03

Lap 6 Prees – Ternhill – Espley – Ternhill - Prees 20.65 327.68

Lap 7 Prees – Ternhill – Espley – Ternhill - Prees 20.65 348.33

Section five : Quina Brook circuit Inter

One lap = 12.62 miles

for A49/A41 northbound via the Whitchurch by-pass &

proceed to **RAB (Wem Rd)**

Where Left on B5476L 1.66 349.99

via Tilstock and Quina Brook

turn **Left on unclass. road** 5.15 355.14

Proc. to 'T' with A49 where **Left on A49** 2.20 357.34

(Give Way ! Great care is needed at this junction.)

Proc. via Prees by-pass to **Prees Heath RAB** 3.61 360.95

Repeat this circuit as follows.

2nd time **RAB (Prees Heath)** 12.62 373.57

RAB (Prees Heath) 3rd time 12.62 386.19

RAB (Prees Heath) 4th time 12.62 398.81

RAB (Prees Heath) 5th time 12.62 411.43

RAB (Prees Heath) 6th time 12.62 424.05

Proceed to Wem Rd. RAB Straight on along 1.66 425.71

A49/A41 to **RAB (Wrexham Rd)** 1.43 427.14

where Left on A525 (SP Wrexham)

Continue via Cross Lanes (**junc. A525/B5130**)

CAUTION! This junction is protected by traffic lights.

You MUST stop if the lights are on red.

Proceed Straight on and take 2nd exit at **RAB** 11.19 438.33

again 2nd exit at **next RAB** 0.78 439.11

again 2nd exit at **next RAB** 0.11 439.22

Straight on at **next RAB** 0.44 439.66

again Straight on at **next RAB** 0.27 439.93

Left at 'T' junction 0.10 440.03

at Wrexham Industrial estate **RAB** encircle and retrace

To TK1 1.36 441.39

Finishing circuit details

one lap = 9.01 miles

| | Inter | |
|---|-------|--------|
| to commence circuit southbound at TK1 | 0.00 | 441.39 |
| To 'T' Junction Left on B5130 (TK2) | 2.60 | 443.99 |
| pass TK3 | 3.15 | 447.14 |
| to junction with A534. | | |
| Left on A534 to RAB (Llan-y-pwl) | | |
| Left to Wrexham Industrial Estate RAB | | |
| take 3rd Exit to complete the 1 st lap at TK1 | 3.26 | 450.40 |

| <u>Lap N°</u> | <u>TK2</u> | <u>TK3</u> | <u>TK1</u> |
|---------------|------------|------------|------------|
| 2 | 453.00 | 456.15 | 459.41 |
| 3 | 462.01 | 465.16 | 468.42 |
| 4 | 471.02 | 474.17 | 477.43 |
| 5 | 480.03 | 483.18 | 486.44 |
| 6 | 489.04 | 492.19 | 495.45 |
| 7 | 498.05 | 501.20 | 504.46 |
| 8 | 507.06 | 510.21 | 513.47 |
| 9 | 516.07 | 519.22 | 522.48 |
| 10 | 525.08 | 528.23 | 531.49 |
| 11 | 534.09 | 537.24 | 540.50 |
| 12 | 543.10 | 546.25 | 549.51 |
| 13 | 552.11 | 555.26 | 558.52 |