



CTT Newsletter – December 2019

Please don't forget to reaffiliate your club for 2020 and check your own profile to see it is up to date!

See below which rules and regulations were amended at the recent National Council AGM. Also, two stalwarts of the sport were recognised as valued volunteers and awarded CTT Gold badges.

National Council

Delegates from all 22 CTT districts met on Sunday 1 December at Hellidon Lakes for this year's National Council Annual General Meeting.

Election of directors

Wendy Dorling (London East), Robin Field (South Wales DC) and Roger Wakeling (South DC) were re-elected as directors for a further term of three years.

Appeals Panel

Chris Barretto (South West), Keith Dorling (London East), Christine Minto (North Midlands), Peter Smith (London East) and Vic Williams (South East) were re-elected with Martin Balk (South) elected to serve on the appeals panel until 2023.

Changes to the Rules and Regulations

These are listed below although by far the most relevant to competitors and event promoters (both open and club events) are:

The use of a rear red light in all CTT events is now compulsory in all CTT events. A guidance note will be sent out to all districts and clubs to set out the new requirements and how to provide for this in practice.

Drug testing: If a person tests "positive" at a CTT event and the sanction imposed is that such person is ineligible from competition for a period of time, in addition to the sanction imposed by the National Anti-Doping Panel, that person will not be eligible to ride any CTT events unless they pay a fine to CTT of £1000.



The only audio equipment (to include earphones, speakers, mobile phone) you can use while competing in a CTT event is a prescribed hearing aid. If you are in breach of this regulation, it is highly likely you will be disqualified from the event.

The changes:

Rule 2 – The Company’s General Responsibility

Add a new sub-paragraph (c) (and re-letter subsequent sub-paragraphs) as follows:

“A complaint in relation to an alleged offence shall be made in writing and must be received by the relevant district secretary within 14 days of the completion of the event in default of which (subject to sub paragraph (e) this Rule) no disciplinary action shall be taken against the rider, team and/or club the subject matter of the complaint.”

Rule 3(a) – National Appeals

On the fourth line, between the words “and” and “shall” insert the words, “...(save in exceptional circumstances)” so that it reads:

“...be in writing and (save in exceptional circumstances) shall be made within 14 days...”

Rule 8(f) – National Appeals

On the first line, delete the figure of £50 and substitute with the figure of £250.

Regulation 5 – Changes and Cancellations to Type A events

On the first line, after the first word “Amendments”, add the words “or additions”.

Regulation 5 – Changes and Cancellations to Type A events

In the second paragraph, delete the third and fourth sentences and substitute with:

“Entrants who withdraw have no right to a full refund, but the event secretary may determine a partial refund if appropriate. Levies are payable in respect of the original number of competitors and plus all new entrants who are accepted to ride less those who have withdrawn.”

Also amend as necessary note 9 in “The Abandonment or Postponement of Events” (page 93).

Regulation 11(d) – Entry to Events

At the end of the first line, after the word “event”, add the words, “(as defined in Regulation 3)” and in sub-paragraph 11(d)(i), delete the word “Council” and substitute with “Company”.

Regulation 14(h) – Competitor’s Machine

At the end of sub-paragraph 14(h), delete the words, “or other means of resistance”.

Delete the comma between “shields” and “windbreaks” and substitute with “or”.

Regulation 14 – Competitor’s Machine

“No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.”



Regulation 18 – Covering the Course

Delete the existing wording of paragraph 18 in its entirety and substitute with:

“The onus of keeping to the course rests with each competitor.

In fixed time events the chief marshal may adjust the number of fixed distance circuits or sections individual competitors cover*. A competitor who fails to complete the entire published course (or such course as directed by the chief marshal) before the finishing circuit is reached shall be recorded as DNF.

When dismounted a competitor must wheel or carry his machine without assistance whilst covering any portion of the course”

Regulation 19(a) – Awareness of Surroundings

Delete the existing sub-paragraph 19(a) and replace with:

“Competitors must not use ANY audio equipment except prescribed hearing aids.”

A footnote will be added to this regulation as follows:

NB A competitor in breach of this regulation shall be disqualified.

NB Competitors must not use a mobile phone while mounted on their machines.

Regulation 25 – Use of Proscribed Substances

Add a second paragraph, as follows:

“Any person whom at an anti-doping control at an Event (as defined in CTT regulation 3) has provided a sample that subsequently returned an adverse analytical finding that results in a sanction that such person is ineligible for competition for a period of time, shall pay a fine to Cycling Time Trials of £1000. Any such person shall not be eligible to compete in any Event (as defined in CTT regulation 3) until such time as such fine has been paid.”

Regulation 27(h)(ii) and Regulation 30(h) – Duties of Event Secretaries

Insert at the beginning of sub-paragraph 27(h)(ii), and insert at the beginning of sub-paragraph 30(h), the words, “Subject to Regulation 3 (30 second intervals)”.

Gold badges



During the weekend of the National Council, Chairman Sheila Hardy, presented CTT gold badges to two very worthy recipients, Doug Laidlow (Lincolnshire) and Tudor Thomas (South Wales). Huge congratulations to both Doug and Tudor.



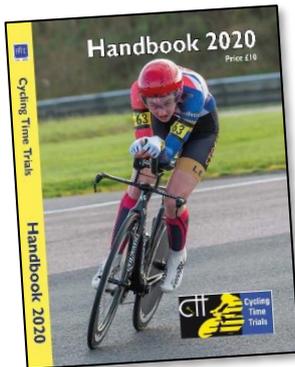
Doug Laidlow had served for 34 years in South East district before he moved to Lincolnshire and has served a further 14 years there. For nine years he has been both a National Council delegate and an official course measurer, plus 10 years as his club secretary and committee member too. Over 48 years and two districts, Doug has promoted 80 events of all kinds.

Tudor Thomas of Bynea CC in South Wales has been timekeeping and course measuring for 33 years, on his District committee for 28 of those years plus attending as a National Delegate for 10 years. Another gentleman who has given a huge amount of service to our sport and

without whom his District would be very much poorer. Long may he continue to enjoy life in time trialling.

Champions Night – Saturday 18 January 2020

The invitations have now been sent out for Champions Night and the Board are delighted to announce that this year's guest of honour will be Russell Downing who will join the Chairman in presenting the awards. If you are lucky enough to receive an invitation, please make sure you send your reply to Alison Torode by 20 December to secure your place. You can send your reply by email to allytorode@gmail.com



2020 handbook

Production of the 2020 handbook is now under way and handbooks will be sent out in mid-January 2020. The price is the same as last year, £9.50 (+p&p) until 31 December 2019, after which the price will increase to £10 (+p&p). You can order handbooks online from the CTT shop (link below). All organisers of Open events in 2020 and district officials will be sent a free copy.

<https://www.cyclingtimetrials.org.uk/shop>

Club re-affiliation

Clubs are reminded they have until 31 December to reaffiliate, after which a late re-joining fee of £20 will be enforced. If club secretaries and treasurers wish to pay online, please click on your name (top left when logged on) and see if you have Club Panel as the first option, if so, click on that and from there you can pay using credit or debit cards. If not, please email support@cyclingtimetrials.org.uk

Finally – The Board would like to take this chance to wish everyone a very merry Christmas and a safe and happy New Year!