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Open 10 Mile Time Trial

"Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations"

Saturday 21st September 2019

Course : K10/10

Event Organisers : Ian Court and Piotr Klin(will be based in HQ)
07585339956

Event Secretary : Christopher Yip (QNUK Lvl 3 Outdoor First Aider)
07586659768

72, Donnington Avenue, Coundon, Coventry, CV6 1FN

Timekeepers : Peter Bayliss (Finish), Laurie Bird (Start)

Course Marshals and Stewards : Peter Morgan, David Miller, Simon Smith,
Piotr Klin, Chris Yip, Steve Child, Stratis Stratoudakis, Rickil Patel,

Catering and HQ : Jennie Morgan

EVENT HQ :
Marion Village Hall,
12 Church St, Marion,
Rugby CV23 9RL

*In the interests of personal safety, Cycling Time Trials recommend that a hard-shell helmet that meets a recognised international safety standard should be worn.
Under 18s and/or Juniors MUST wear a helmet that meets these standards.
The use of front and rear lights is recommended, but not compulsory.*

Prize List

Fastest Open Men & Fastest Open Women

First place £40 cash + a dmtex Jacket

Second place £ 25 cash

Third place £ 20 cash

Fourth place £15 cash

Fastest Team of 3

£60 cash

Fastest in each age categories (Male / Female)

£15 Cash + £15 Klin Cut Apparel voucher and a Pair of dmtex socks

Age groups : 18-39, 40-44, 45-49,

50-54, 55-59, 60-64, 65-69, 70-74, 75+

*Cash prizes to be awarded to categories with a minimum of 3 eligible competitors

Prizes sponsored by :



dmtex are proud sponsors of AG2R La Mondiale & St. Michel-Auber93

All riders will receive a £10 voucher off a £100 spend at klincutapparel.com

£10 off Vouchers can be redeemed on www.klincutapparel.com , the official distributors of dmtex products in the United Kingdom

Klin Cut Apparel will be offering 30% discount off all clothing on the day!

Competitors Notes:

The Event Headquarters will be open from 12.30pm. There is around 20 parking spaces outside the HQ & should this fill up, please park responsibly, regimented & compact on the side of the roads leading to the HQ. Alternatively, we have been given permission to use the parking lot (about 40 spaces) situated just on the left after the finish line on A423 that belongs to the “Essence of India” restaurant not too far from the event HQ. Some competitors may be able to park at the top of Hill Top Park on B4453 on the grass area on right side of road before the start line, **both locations shown with red arrow as below.** For competitors warming up with a turbo / rollers, please set it up responsibly and not take up parking spaces.



Numbers will only be issued when a Competitor has ‘Signed On’; **you also need to SIGN OFF when returning numbers.** Upon successful sign off, you will receive a £10 voucher off a £100 spend at klincutapparel.com

It is two miles from the HQ to the Start; please allow sufficient time to be ready for the Time Keeper.

Supporters and vehicles - for the benefit of newcomers, if your friends and family want to watch you race, please ensure that any vehicles involved are parked considerately off the course and remain parked for the duration of your ride. Any vehicles on the course, particularly following or overtaking, may be regarded as an assisting vehicle and leave you liable to disqualification.

Please do not warm up on the Course once the Events have started, (14.01), previously there have been complaints from other competitors, **particularly on the A423 run in to the finish** where competitors have needed to either brake or pull out in front of vehicles approaching from behind due to riders warming up. It also causes considerable confusion for the Finish Timekeeper. We suggest using the Birdingbury Road, for your warm up if necessary. Be very careful when crossing the A423 finishing straight on your way to the start. **Any rider failing to comply with this request risks disqualification.**

Start times

Men	Bib No	First Name	Last Name	Club/ Team	Age
14:01	1	Alan	Parfrey	Phoenix Velo	59
14:02	2	Krzysztof	Marszal	Banbury Star Cyclists' Club	31
14:03	3	Steven	Bailey	1485 Tri Club	56
14:04	4	Graham	Bickle	Kings Cliffe Flyers	61
14:05	5	Jason	Corah	Coventry Road Club	51
14:06	6	David	Pittman	Banbury Star Cyclists' Club	47
14:07	7	Robert	Lane	Leamington C & AC	75
14:08	8	Graham	Hewson	Estrella Bikes	66
14:09	9	Stephen	Dick	Coventry Road Club	73
14:10	10	Nigel	Gleeson	VTTA (Merseyside)	63
14:11					58
14:12	12	Mark	Davis	Banbury Star Cyclists' Club	58
14:13	13	Matt	Norris	Banbury Star Cyclists' Club	51
14:14	14	Phil	Bacchus	EvoVelo Racing	39
14:15	15	Samuel	Key	Coventry Triathletes	33
14:16	16	Graeme	Church	Team Milton Keynes	53
14:17	17	Neil	Barford	45 RC	55
14:18	18	James	Lees	VTTA (Midlands)	50
14:19	19	Paul	Jennings	Lyme Racing Club	72
14:20	20	Ethan	Tebbutt	Coalville Whs	18
14:21	21	John	Davidson	Welland Valley CC	67
14:22	22	Luke	Norris	Banbury Star Cyclists' Club	25
14:23	24	Steven	Robinson	Coalville Whs	62
14:24	23	Michal	Wisowski	Banbury Star Cyclists' Club	37
14:25	25	Mike	Sirett	Rockingham Forest Whs	56
14:26	26	Iain	Tebbutt	Coalville Whs	52
14:27	27	Stephen	Messenger	Bicester Millennium CC	50
14:28	28	John	Grumbley	Coventry Road Club	75
14:29	29	Stuart	Hughes	Hinckley Cycle Racing Club	42
14:30	30	John	Shelton-smith	Coalville Whs	65
14:31	31	Nigel	White	Coventry Road Club	53
14:32					
14:33	33	Albert	Stepien	Banbury Star Cyclists' Club	46
14:34	34	Oliver	Wright	Banbury Star Cyclists' Club	38
14:35	35	Peter	Delves	Coventry Road Club	67
14:36	36	Martin	Kelly	Banbury Star Cyclists' Club	66
14:37	37	Trevor	Parrish	A5 Rangers CC	75
14:38	38	Grant	Warwick	Team Lutterworth Cycle Centre	73
14:39	39	Robert	Hoyle	Coventry Road Club	52
14:40	40	Christopher	Huxley	Stratford Cycling Club	57
14:41	41	Matthew	Sleath	Banbury Star Cyclists' Club	39
14:42	42	John	Bourton	Bicester Millennium CC	66
14:43	43	Andrew	Spittlehouse	Calder Clarion	50
14:44	44	Martin	Wright	Eat Plants Not Pigs CC	43
14:45	45	Phil	Scott	Rugby Racing Cycling Club	52
14:46	46	Stuart	Quick	Banbury Star Cyclists' Club	44
14:47	47	Rod J	Weston	Team Bottrill	60
14:48	48	Mark	Boyles	Banbury Star Cyclists' Club	44
14:49	49	Robert	Smith	Warwickshire Road Club	48

14:50	50	Scott	Povey	MediaVelo	40
14:51	51	Stewart	Ball	Successcycling.co.uk	46
14:52	52	Richard	Howes	Coventry Road Club	59
14:53	53	Nigel	Finch	Mercia - Lloyds Cycles CC	64
14:54	54	Matthew	Mann	Hinckley Cycle Racing Club	44
14:55	55	Neil	Davis	Kenilworth Whs	46
14:56	56	Martin	Osman	CC Giro	45
14:57	57	George	Thorne	Beacon Roads CC	28
14:58	58	Gary	Jones	Successcycling.co.uk	53
14:59	59	Andy	Hazell	Nova Raiders CC	72
15:00	60	Peter	Blackwell	Solihull CC	47
15:01	61	Roger	Cutler	Beacon Roads CC	36
15:02	62	Euan	Tebbutt	Coalville Whs	20
15:03	63	Matt	Plews	Welland Valley CC	45
15:04	64	Peter	Wright	Rugby Racing Cycling Club	55
15:05	65	Steven	Lorraine	Team Swift	63
15:06	66	Steve	Mountford	Solihull CC	58
15:07	67	Ian	Wroblewski	Team Lutterworth Cycle Centre	45
15:08	68	David	Schofield- newton	Rugby Velo	57
15:09	69	Matthew	Miller	Team Bottrill	47
15:10	70	Simon	Bull	Banbury Star Cyclists' Club	44
15:11	71	James	Gibney	POLICE SPORT UK CRT (PSUKCRT)	31
15:12	72	Blaine	Carpenter	Shutt Ridley RT	18
15:13	73	Mark	Mackay	Rugby Racing Cycling Club	54
15:14	74	Ed	Watson	Ratae RC	44
15:15	75	Simon	Smart	DRAG2ZERO	50
15:16	76	Tim	Hood	Team Bottrill	58
15:17	77	Jack	O'neill	Team Jewson - MI Racing ~Poly Pipe~McCann	24
15:18	78	Chris	Parsons	Team Jewson - MI Racing ~Poly Pipe~McCann	54
15:19	79	James	Chapman	Team PB Performance	35
15:20	80	Edward	Priddy	Solihull CC	60
15:21	81	Paul	Westwood	CC Giro	47
15:22	82	Simon	Law	Race Rapid	54
15:23	83	Andrew	Overton	Successcycling.co.uk	47
15:24	85	Robert	Gibbons	Race Rapid	46
15:25	84	Dave	Elliott	Rugby Racing Cycling Club	42
15:26	86	David	Mead	Race Rapid	43
Women					
15:27	87	Nivette	Chester	Nuneaton Triathlon Club	47
15:28	88	Stephanie	White	Nuneaton Triathlon Club	52
15:29	89	Alice	O'neill	RugbyTriathlon Club	41
15:30	90	Ebony	Fennell	Coventry Triathletes	27
15:31	91	Ila	Pearson	Banbury Star Cyclists' Club	38
15:32	92	Jill	Mckinnon	Kenilworth Whs	43
15:33	93	Clair	Parfrey	Phoenix Velo	57
15:34	94	Cath	Fenn	Coventry Road Club	48
15:35					
15:36	96	Maria	Senior	Welland Valley CC	40
15:37	97	Sonya	Chapman	Coventry Triathletes	33
15:38	98	Naomi	De Pennington	Banbury Star Cyclists' Club	42

15:39	99	Stephanie	Cousins	Team Milton Keynes	55
15:40	100	Rebecca	Mason	Coventry Road Club	33
15:41					
15:42	102	Suzy	Patience	Banbury Star Cyclists' Club	29
15:43	103	Denise	Burrows	THE Cycle Studio~Core Telecom~RPC	40
15:44	104	Linda	Dewhurst	Team Milton Keynes	60
15:45	105	Lydia	Watts	Cycle Team Onform	19

Thank you to the timekeepers Peter (Coventry Cycling Club) and Laurie (Rugby Racing Cycling Club), and all the marshals and volunteers for giving up their Saturday afternoon in order to keep this event running safely and smoothly.

Please do not hesitate to leave some comments or feedback if anything could be improved, or if something was done right / good practice.

Course map and description



Course Description	
K10/10 - B4453 – Princeshorpe A45 - A445 - A423	Miles
Start on B4453 (Princeshorpe - Rugby road) 0.6 mile east of junction with A423 at Princeshorpe; in line with TP90 on left, opposite drive to "Sunnycrest". Proceed east	0
At the junction of the B4453/A4071 beware of traffic on the right from the A4071 (Rugby) and on the left Blooms Garden Centre entrance and exit.	C 2.5
At junction with A45 turn left (A45 westbound slipway)	2.649
At B4455 (Fosse way) island take 2nd exit (A45)	4.946
At A445 Island approaching Rytton-on-Dunsmore take 1st exit (A445)	6.532
At A423 island turn left towards Banbury (A423)	7.252
Finish 0.5 mile past B4455 junction at yellow paint mark in line with edge of hedge in gateway, about 0.25 mile before Marton bridge.	10

Startsheet prepared by Ian Court