BURTON & DISTRICT CYCLING ALLIANCE

**OPEN 30km 2-UP TEAM TIME TRIAL**

**For and on behalf of Cycling Time Trials under their rules and regulations**

**Promoted on behalf of the B.D.C.A by COALVILLE WHEELERS C.C.**

**SATURDAY 4TH MARCH 2016**

**FIRST RIDER OFF AT 14:02**

**TIMEKEEPERS: Mr B Stanley Melton Olympic**

**Mr T Bailey Coalville Wheelers CC**

 **Mr H Pymm Coalville Wheelers CC**

**EVENT SECRETARY: Siân Pymm 64 Castle Rock Drive**

 **Coalville**

 **Leicestershire**

 **LE67 4SE**  07730 432701

 sian.pymm@hotmail.co.uk

**Course Details AS/19**

Start at northern end of lay-by on Top Brand road approximately 200 yards from B5324 (Griffydam crossroads). Proceed north to A42/A453 traffic island. Continue straight to T junction. Turn left on A453, continue through Breedon village. Where road becomes B587 turn left on to Melbourne Road. Continue straight to turn left at T junction on to B5324. Proceed to top of Vinegar Hill where turn left on to Top Brand. Continue past start to complete one lap.(approx. 9 miles).

Repeat the circuit for a second time except when reaching the top of Vinegar Hill continue straight on B5324 towards Belton to finish at far end of lay-by (on the right hand side of the road) approx. 2 miles from Griffydam crossroads.

The course is sporting, containing no section of dual carriageway and the majority of the roads are relatively narrow. Please exercise great care at the junctions, obey the rules and keep your head up at all times. Avoid warming up near to the start and finish lines.

**Information for Competitors**

**PLEASE NOTE:** **For 2017, all competitors are required to personally sign the signing out sheet when returning their number. Failure to do so will result in the competitor being classed as DNF.**

**EVENT HQ:** Coalville Wheelers Clubhouse, Top Road, Griffydam, **LE67 8HU**

There is no parking at the start or finish. Please note that parking is available in the field next to the clubhouse. Please make sure you do not leave and rubbish in the car park.

**Numbers:** Please obtain your numbers at the Clubhouse

**Refreshments:** Hot and cold drinks and light refreshments will be available at the clubhouse from 13.00 hours continuously until the end of the event.

A free drink will be available to riders in exchange for number

**IN THE INTEREST OF YOUR OWN SAFETY:** Cycling Time trials and the event promoters strongly advise you to wear a **HARD SHELL HELMET** that meets the internationally accepted standards.

**PRIZES**

1st Fastest Team £30 each rider

2nd Fastest Team £20 each rider

3rd Fastest Team £15 each rider

4th Fastest Team £10 each rider

Fastest BDCA Affiliated Club Team £25 each rider

Fastest Mixed Team £25 each rider

**One prize per rider.**

**Spot Prizes to be provided by Matt Bottrill Performance Coaching.**

**THANK YOU FOR ENTERING THIS EVENT, THE BEST OF LUCK TO YOU. I HOPE YOU ALL HAVE A GOOD, FAST AND MOST IMPORTANTLY SAFE RIDE**

**Siân Pymm**