

## **Cambridge Cycling Club**

Open 25 mile time trial promoted for and on behalf of Cycling Time Trials under their rules and regulations

START SHEET Sunday, September 15<sup>th</sup>, 2019 Course F2A/25

Event Organiser: Chris Dyason, 2 Primes Corner, Histon, Cambridge CB24 9AG

cdyason@hotmail.com 07970-093019

Timekeepers: Tim and Becki Groves

Headquarters: Caldecote Village Hall, Furlong Way, Highfields Caldecote, CB23 7ZH. Note this

is not the same HQ as used last year.

Course: START (GR389596) on St Neots Road west of Madingley RAB about 626yds

west of RAB at a point 6yds west of 'Comberton 2' sign and 95yds west of road leading to Comberton. Proceed eastwards to Madingley RAB where take 1st exit onto A428 westbound, past Hardwick and Cambourne flyover junctions

to:

TURN (6.56m) at Caxton Gibbet RAB (junction with A1198). Retrace A428 eastbound and about 1 mile past Hardwick flyover bear left onto A1303

sliproad, signed Cambridge, follow over A428 to:

TURN (12.86m) at Madingley RAB taking 4<sup>th</sup> exit to rejoin A428 and retrace

westbound to:

TURN (19.13m) at Caxton Gibbet RAB. Retrace A428 eastbound and again

bear left onto A1303 sliproad, signed Cambridge, to:

FINISH on sliproad 15yds past 'Bend' sign.

HQ to start: 3.2 miles of flat road. From the HQ go left on Furlong Way to the T-junction

with Highfields Road. Turn left and follow over mini RABs to large RAB where take the 3rd exit onto St Neots Road, past the BP garage. At the next RAB take the 3<sup>rd</sup> exit signed to Hardwick and the start is further along this road. Signs

will mark the route.

Finish to HQ: Continue to RAB where take 3<sup>rd</sup> exit, signed Comberton, Hardwick. Stay on

this road past the start until it bears right to a RAB where take the first exit. Follow this road to the next RAB where 1<sup>st</sup> left then follow over mini RABs and

turn right into Furlong Way. Signs will mark the route.

Parking: No parking at the finish or on the road close to the start.

Warming up: No warming up along the course by competitors once the event has started.

No U-turns on the road directly leading to the start.

Prizes:	Fastest	£50.00
	2 <sup>nd</sup>	£35.00
	3 <sup>rd</sup>	£25.00
	4 <sup>th</sup>	£20.00
	5 <sup>th</sup>	£15.00
	Fastest woman	£35.00
	2 <sup>nd</sup>	£25.00
	3 <sup>rd</sup>	£15.00
	Best veteran on Standard	£50.00
	2 <sup>nd</sup>	£35.00
	3 <sup>rd</sup>	£25.00
	4 <sup>th</sup>	£20.00
	5 <sup>th</sup>	£15.00
	Best improvement on LTS	£30.00
	2 <sup>nd</sup>	£25.00
	3 <sup>rd</sup>	£20.00
	4 <sup>th</sup>	£15:00
	Fastest team (each)	£15.00
	2 <sup>nd</sup> 3 <sup>rd</sup> Best veteran on Standard 2 <sup>nd</sup> 3 <sup>rd</sup> 4 <sup>th</sup> 5 <sup>th</sup> Best improvement on LTS 2 <sup>nd</sup> 3 <sup>rd</sup> 4 <sup>th</sup>	£25.00 £15.00 £35.00 £25.00 £20.00 £30.00 £25.00 £25.00 £25.00

One prize per rider applies except for team award.

Safety note: LED rear lights – it is strongly recommended that a working rear light is used

by all riders, flashing or constant. It could save your life.

Cycling helmets: CTT and the event promoter strongly advise you wear a hard-shell helmet that

meets internationally accepted safety standards.

At the HQ: The HQ is in a residential area so please be considerate of local residents

trying to have a Sunday lie-in!

Parking: No parking at the finish or close to the start.

There is limited parking at the HQ but careful parking on the grass is okay.

There is another small parking area just on past the HQ entrance.

Numbers: Will be at the HQ an hour before the first start. Riders must return their

numbers and sign out after the event.

Refreshments: All riders will get a free tea or coffee and yummy home-made cakes will be

available on a donation basis. All receipts will be donated to the East Anglian

Air Ambulance Service.

**Post-race Massage:** FREE 10-15 minute post-race massages will be available in the HQ, courtesy of

Mark Bartley. Check in with Mark before or after your ride to book a slot. See

Mark's website at www.atlassportsmassage.com

## Cambridge CC Open 25, 15 September 2019 on F2A/25 - Rider start list

No.	Start	Rider name	9	Club	Cat.	Age	LTS
3	09:03	Richard	Miller	Bedfordshire Road CC	V	56	
4	09:04	Richard	Bland	Cleveland Wheelers CC	V	72	
5	09:05	Steve	Kaye	Fenland Clarion CC	V	60	0:52:45
6	09:06	Robert	Gilmour	Hounslow & District Whs	V	68	0:55:16
7	09:07	Nick	Mccormick	Epsom CC	V	56	0:57:55
8	09:08	Sally	Withey	Team Swift	WV	50	1:01:41
9	09:09	Cameron	Walker	St Ives CC	J	17	
10	09:10	Martin	Reynolds	Cambridge CC	V	56	0:51:00
11	09:11	Kevin	Stokes	Born to Bike - Bridgtown Cycles	V	57	0:54:00
12	09:12	David	Creese	Chronos RT	V	67	0:57:52
13	09:13	lan	Aunger	Fenland Clarion CC	V	56	1:01:45
14	09:14	Asher	Svirsky	Hadley Harriers	V	58	
15	09:15	Neil	Empson	Wisbech Whs	S	34	0:52:41
16	09:16	Roger	Sewell	Wisbech Whs	V	72	0:54:49
17	09:17	Adam	Laycock	VTTA (East Anglia Group)	V	52	0:57:50
18	09:18	Paul	Ashdown	Kettering CC	V	51	1:00:52
19	09:19	David	Marshall	Hemel Hempstead CC	V	54	
20	09:20	Andrew	Grant	Cambridge CC	V	66	0:50:37
21	09:21	Andrew	Askwith	Vive Le Velo	V	55	0:53:01
22	09:22	lan	Markham	Chronos RT	V	50	0:55:46
23	09:23	Nick	Partridge	VC Baracchi	V	41	1:00:48
24	09:24	Ivan	Waddington	Leicester Forest CC	V	74	1:07:47
25	09:25	Ken	Platts	Cambridge CC	V	67	0:52:44
26	09:26	Alan	Crane	Chronos RT	V	50	0:54:39
27	09:27	Graham	Pepperdine	Verulam CC	V	56	0:57:11
28	09:28	John	Swanbury	VC Baracchi	V	72	1:00:46
29	09:29	Ivana	Prokopova	North Road CC	WV	43	1:07:43
30	09:30	Adam	Fisher	Cambridge CC	S	37	0:49:36
31	09:31	Robert	Golding	Ely & District CC/B&T Motor Repairs	V	46	0:53:38
32	09:32	Sue	Rust	Kettering CC	WV	56	0:56:44
33	09:33	Charlotte	Marshall	Royal Navy & Royal Marines CA	W	27	1:00:03
34	09:34	Stu	Levene	Whitewebbs CC	V	50	1:07:06
35	09:35	Daniel	Ryan	North Road CC	S	35	0:52:45
36	09:36	Amy	Pritchard	Team Bottrill	WV	41	0:54:37
37	09:37	Chris	Spray	Ratae RC	V	53	0:56:16
38	09:38	lan	Stokes	45 RC	V	59	0:59:50
39	09:39	Stephanie	Cousins	Team Milton Keynes	WV	55	1:05:06
40	09:40	Paul	Jay	Team Velovelocity	V	42	0:48:47

No.	Start	Rider nam	ıe	Club	Cat.	Age	LTS
41	09:41	Simon		St Neots CC	V	49	0:53:33
42	09:41	Russell	Elkington Hampton	MG Cycling Team	v S	31	0:56:12
43	09:42	Matt	Price	Icknield RC	. V	40	0:50:12
44	09:44	David	Stockley	A5 Rangers CC	V	<del>7</del> 0	1:04:48
45	09:45	Antony	Brown	Kettering CC	V	60	0:52:22
46	09:46	Jackie	Field	CC Ashwell	٧V	54	0:52:22
47	09:47	Michael	Cope	Kettering CC	V	59	0:54:31
48	09:48	Nigel	Hodge	Tri-Anglia Triathlon Club	V	51	0:50:10
49	09:49	Martin	Kelly	Banbury Star Cyclists' Club	V	66	1:04:37
<b>50</b>	09:50	Ben	Stancombe	Team Velovelocity	S	30	0:48:15
51	09:51	Colin	Lizieri	Cambridge CC	V	64	0:53:14
52	09:52	Derek	Ricketts	Ely & District CC/B&T Motor Repairs	V	57	0:55:46
53	09:53	Bob	Quarton	Wolsey RC	V	65	0:59:09
54	09:54	Rich	Crook	Fenland Clarion CC	S	33	1:08:08
55	09:55	Tim	Hood	Team Bottrill	V	58	0:52:19
56	09:56	Jason	Stuart	Team Salesengine.co.uk	V	52	0:54:13
57	09:57	John	Martin	Elmsall Road Club	V	57	0:55:17
58	09:58	Simon	Murphy	St Neots CC	V	43	0:58:24
59	09:59	Murray	Kirton	A5 Rangers CC	V	78	1:03:26
60	10:00	Adam	Bidwell	Kingston Wheelers CC	V	43	0:47:56
61	10:01	lan	Wroblewski	Team Lutterworth Cycle Centre	V	45	0:53:05
62	10:02	Katja	Rietdorf	Born to Bike - Bridgtown Cycles	WV	48	0:56:05
63	10:03	Jennifer	Smart	Team Velovelocity	WV	46	0:58:03
64	10:04	Linda	Dewhurst	Team Milton Keynes	WV	60	1:02:23
65	10:05	Karl	Willis	Herts Rouleurs Racing Club	S	30	0:51:01
66	10:06	Ed	Watson	Ratae RC	V	44	0:54:10
67	10:07	Geoff	Perry	Born to Bike - Bridgtown Cycles	V	59	0:54:56
68	10:08	Andrew	Bright	Chronos RT	V	51	0:58:00
69	10:09	Karen	Dennett	Bishop's Stortford CC	WV	62	1:02:06
70	10:10	Ross	Clarke	TMG Horizon Cycling Team	S	34	0:47:40
71	10:11	Mark	Greenhow	St Neots CC	V	51	0:53:03
72	10:12	James	Moss	North Road CC	V	42	0:55:01
73	10:13	Eva	Zsigoova	a3crg	W	34	0:59:39
74	10:14	Peter	Davies	Brighton Mitre CC	V	62	1:01:23
75	10:15	Thomas	Pfeiffer	Dulwich Paragon CC	V	49	0:51:52
76	10:16	Steve	Clarke	TMG Horizon Cycling Team	V	64	0:54:01
77	10:17	John	Manlow	Ely & District CC/B&T Motor Repairs	V	51	0:54:56
78	10:18	Mark	Booth	Kettering CC	V	43	0:58:07
79	10:19	Frank	Edge	Velo Club Godalming & Haslemere	V	62	1:04:14
80	10:20	Kevin	Туе	VeloRefined.com Aerosmiths	V	57	0:47:08