

THE SOUTH WALES DISTRICT COUNCIL

PRESENT:

2019 RTTC 50 MILE TIME TRIAL  
NATIONAL CHAMPIONSHIP

SUNDAY 30TH JUNE 2019

RESULTS



50

50 MILE TIME TRIAL



PROMOTED FOR AND BEHALF OF CYCLING TIME TRIALS  
UNDER ITS RULES, REGULATIONS AND CONDITIONS



# 2019 RTTC 50 MILES TIME TRIAL NATIONAL CHAMPIONSHIP



CYCLING TIME TRIALS REPRESENTATIVE  
**WENDY DORLING**



## CHAMPIONSHIP AWARDS

### MEN

- 1ST GILT RTTC MEDALLION, CHAMPIONSHIP TROPHY & CAP
- 2ND SILVER RTTC MEDALLION
- 3RD BRONZE RTTC MEDALLION

### WOMEN

- 1ST GILT RTTC MEDALLION, CHAMPIONSHIP TROPHY & CAP
- 2ND SILVER RTTC MEDALLION
- 3RD BRONZE RTTC MEDALLION

## TEAM CHAMPIONS

GILT RTTC MEDALLIONS AND CHAMPIONSHIP SHIELD

## AGE AWARDS

(MEN AND WOMEN)

AGE AWARDS TO THE FASTEST IN EACH OF THE FOLLOWING:

40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74 ETC.

RESULT OF THE 2019 MENS AND WOMENS  
50-MILE TIME TRIAL NATIONAL CHAMPIONSHIP

Promoted for and on behalf of Cycling Time Trials, under their Rules and Regulations and their Championship conditions by the South Wales District Council.

Welcome to the result sheet booklet for the 2019 National Championship 50-mile time trial held on June 30<sup>th</sup>, 2019. It seems a distant memory now but it was great to welcome you all to West Wales and our hidden gem of a course. If you liked it, we have loads more!

Firstly, I'd like to thank all competitors for entering the event and going the extra mile to get themselves to the start line near Llandovery. There's been some chatter about the low numbers and the reasons why but we quite understand that we're slightly off the beaten track and we were generally happy with the numbers although we certainly could have done with a few more local riders.

Anyway, I'm so glad the blisteringly hot weather of earlier in the week changed to a more comfortable and fresher 18-20C on the day and hope that the breeze wasn't too bad for you on the way out.

Secondly, I'd like to thank the CTT National Committee for (once again) placing their trust in the South Wales District Council and not only granting us this event but for the hand-holding all along the way and on the day itself where Stewart Smith and Wendy Dorling at the HQ were invaluable to the smooth running of the event.

In turn, I'd like to thank my colleagues on the South Wales DC for their superb support at every step of the way. It appeared on our DC meeting agenda about two years ago and I never thought the day would actually come! On the day, every single member of the South Wales DC was active at the event and we were supplemented by our friends from across the South Wales cycling community and page 10 will put names to faces you will have seen before, during and after your ride.

So, until next time... hwyl fawr a diolch.

Alf Williams  
Event Secretary  
2019 National Championship 50-mile Cycling Time-Trial

## CHAMPIONSHIP AWARDS - WOMEN

### INDIVIDUAL CHAMPIONS

1<sup>ST</sup> Gilt RTTC Medallion, Championship Trophy and sexy cap.

Emma Lewis – The Independent Pedaler – 1.51:31

2<sup>ND</sup> Silver RTTC Medallion

Alice Lethbridge – Drag2Zero – 1.57:23

3<sup>RD</sup> Bronze RTTC Medallion

Vicky Gill – Drag2Zero – 1.58:14

### TEAM CHAMPIONS

1<sup>ST</sup> Gilt RTTC Medallions and Championship Shield

Drag2Zero (Combined Time: 5.53:57)

Alice Lethbridge 1.51:53, Vicky Gill 1.58:14, Liz Powell 1.58:20

### AGE GROUP CHAMPIONS

CAT	AGE BAND	NAME	CLUB / TEAM	TIME
A	40-44	Liz Powell	DRAG2ZERO	1.58:20
C	50-54	Andrea Parish	VeloSistas TT Team	2.12:41
D	55-59	Virginia McGee	...a3crg	2.17:58
E	60-64	Deborah Sheridan	Warwickshire Road Club	2.15:43
F	65-69	Alison Vessey	Didcot Phoenix CC	2.37:30

## FULL RESULT – WOMEN

Pos.	NAME	CLUB / TEAM	CAT	TURN	FINISH
1	EMMA LEWIS	THE INDEPENDENT PEDALER		0:58:48	1:51:31
2	ALICE LETHBRIDGE	DRAG2ZERO		1:01:18	1:57:23
3	VICKY GILL	DRAG2ZERO		1:02:24	1:58:14
4	LIZ POWELL	DRAG2ZERO	A	1:02:17	1:58:20
5	FIONA BURNIE	GS METRO		1:03:25	2:00:16
6	JENNIFER MILLMORE	ISLINGTON CC		1:04:07	2:01:50
7	CRYSTAL SPEARMAN	BORN TO BIKE - BRIDGTOWN CYCLES		1:06:21	2:06:38
8	LAURA CLEMENTS	UFIT TRI TEAM		1:08:24	2:11:51
9	ANDREA PARISH	VELOSISTAS TT TEAM	C	1:09:10	2:12:41
10	EMMA ANGOVE	73 DEGREES BICYCLES, WESTSIDE COACHING		1:11:24	2:15:41
11	DEBORAH SHERIDAN	WARWICKSHIRE RC	E	1:10:43	2:15:43
12	VIRGINIA MCGEE	...A3CRG	D	1:11:50	2:17:58
13	COURTNEY EDMONDS	BIKE JOCKEY CC		1:14:19	2:19:55
14	JANET FAIRCLOUGH	ST HELENS CRC	D	1:14:11	2:23:00
15	THERESA TAYLOR	RIBBLE VALLEY CROSSROADS CT	D	1:16:03	2:27:54
16	ALISON VESSEY	DIDCOT PHOENIX CC	F	1:21:35	2:37:30
	ALEX CLAY	AEROLAB WARD WHEELZ		DQ	DQ
	KATE ALLAN	DRAG2ZERO		DNSA	DNSA
	KATE BRADLEY	BORN TO BIKE - BRIDGTOWN CYCLES	A	DNSA	DNSA
	MARIANNE HOLT	TEAM BOTTRILL		DNSA	DNSA
	CHRISTINA MURRAY	ARMY CYCLING	A	DNSA	DNSA
	KATJA RIETDORF	BORN TO BIKE - BRIDGTOWN CYCLES	B	DNSA	DNSA

Congratulations to Emma Lewis (The Independent Pedaler) on a fine win in the Women's event and a well-deserved medal 'upgrade' from her silver medal last year. Alice Lethbridge and Vicky Gill claimed the other two podium positions and along with Liz Powell they scooped the team award for Drag2Zero and just look at how close those times are!

## CHAMPIONSHIP AWARDS - MEN

### INDIVIDUAL CHAMPIONS

1<sup>ST</sup> Gilt RTTC Medallion, Championship Trophy and sexy cap.

Marcin Bialoblocki – NoPinz – 1.36:23

2<sup>ND</sup> Silver RTTC Medallion

Chris Fennell – The Independent Pedaler – 1.39:41

3<sup>RD</sup> Bronze RTTC Medallion

Chris Bartley – AS Test Team – 1.40:49

### TEAM CHAMPIONS

1<sup>ST</sup> Gilt RTTC Medallions and Championship Shield

NoPinz (Combined Time: 5.07:43)

Marcin Bialoblocki 1.36:23, Conrad Moss 1.43:36, Lee Frost 1.47:44

### AGE GROUP CHAMPIONS

CAT	AGE BAND	NAME	CLUB / TEAM	TIME
A	40-44	Matthew Smith	Drag2Zero	1.43:01
B	45-49	Alan Murchison	Drag2Zero	1.50:32
C	50-54	David Langlands	Team Bottrill	1.45:53
D	55-59	Greg Parker	Estrella Bikes	1.53:31
E	60-64	Keith Dorling	Team Bottrill	1.56:31
F	65-69	Chris Scawn	Plymouth Corinthian CC	2.01:39
G	70-74	Ray Retter	Born to Bike - Bridgtown	2.22:22
H	75-79	Bob Awcock	Born to Bike - Bridgtown	2.27:10

## FULL RESULT – MEN

Pos.	NAME	CLUB / TEAM	CAT	TURN	FINISH
1	MARCIN BIALOBLOCKI	NOPINZ		0:50:28	1:36:23
2	CHRIS FENNELL	THE INDEPENDENT PEDALER		0:52:22	1:39:41
3	CHRIS BARTLEY	AS TEST TEAM		0:52:55	1:40:49
4	ADAM WILD	GS METRO		0:52:39	1:41:00
5	ARTHUR FRANKLIN	PORTISHEAD CYCLING CLUB		0:53:28	1:42:46
6	MATTHEW SMITH	DRAG2ZERO	A	0:54:23	1:43:01
7	CONRAD MOSS	NOPINZ	A	0:53:50	1:43:36
8	BRETT HARWOOD	TEAM BOTTRILL	A	0:53:34	1:43:44
9	ADAM DUGGLEBY	VIVE LE VELO		0:53:58	1:44:27
10	RICHARD GILDEA	DIDCOT PHOENIX CC		0:54:53	1:44:55
11	PAT WRIGHT	PACELINE RT		0:55:24	1:45:30
12	DAVID LANGLANDS	TEAM BOTTRILL	C	0:55:09	1:45:53
13	CHRIS GIBBARD	BYNEA CYCLING CLUB		0:55:26	1:45:58
14	DANIEL NORTHOVER	FINSBURY PARK CC	A	1:02:40	1:46:07 Inc. 3.00 LS
15	MATTHEW SENTER	PETERBOROUGH CC		0:55:20	1:46:23
16	HADYN JAMES	VELOLIFE		0:55:52	1:46:27
17	TOM WARD	AEROLAB WARD WHEELZ		0:56:05	1:47:26
18	JONATHAN WEARS	CES SPORT		0:55:26	1:47:40
19	LEE FROST	NOPINZ		0:56:30	1:47:44
20	PHILIP TUCKER	CYCLE SPECIFIC		0:56:31	1:48:26
21	BEN STANCOMBE	TEAM VELOVELOCITY		0:56:21	1:48:28
22	LEE PERROTT	CYCLE SPECIFIC	A	0:56:36	1:48:29
23	TIM FLYNN	POOLE WHS		0:56:23	1:48:48
24	THOMAS BRAZIER	SYNERGY CYCLES RACE TEAM		0:56:55	1:48:50
25	BILLY JARISH	ROSE RACE TEAM		0:56:46	1:48:52
26	ROBERT GROVER	BRADFORD-ON-AVON CYCLING CLUB		0:57:31	1:49:46
27	NICHOLAS CANDY	NORTH ROAD CC		0:58:15	1:50:30
28	ALAN MURCHISON	DRAG2ZERO	B	0:57:05	1:50:32

Pos.	NAME	CLUB / TEAM	CAT	TURN	FINISH
29	RICHARD SMITH	ARMY CYCLING		0:58:16	1:51:32
30	SIMON BOWLER	AS TEST TEAM	C	0:58:44	1:53:00
31	GREG PARKER	ESTRELLA BIKES	D	0:58:38	1:53:31
32	JONATHAN BARNES	HEREFORD TRIATHLON CLUB		1:00:14	1:54:06
33	DAVID MEDHURST	CARDIFF AJAX CC		0:59:36	1:54:24
34	SIMON SMITH	SHUTT RIDLEY RT	A	1:00:15	1:54:34
35	JONATHAN ROBINSON	ARMY CYCLING	B	0:59:24	1:54:42
36	RICHARD WILDER	SPORTZMAD	B	0:59:32	1:55:17
37	KEITH DORLING	TEAM BOTTRILL	E	1:00:31	1:56:31
38	JOSEPH COSTELLO	WALSALL ROADS CYCLING CLUB	E	1:00:44	1:56:47
39	TRISTAN DAVENNE	NEWBURY RC	A	1:00:46	1:57:04
40	MICHAEL HILL	CHESTER RC		1:01:19	1:57:22
41	JAMIE BEST	BYNEA CYCLING CLUB	A	1:01:07	1:57:52
42	LUKE RENDELL	POOLE WHS		1:02:00	1:58:22
43	MARK SANDERS	MID DEVON CC	E	1:02:25	1:58:50
44	ROBERT TAYLOR	ARMY CYCLING		1:02:09	1:59:08
45	CHRIS VELLACOTT	ROYAL NAVY & ROYAL MARINES CA	D	1:02:40	1:59:28
46	ROGER SHERIDAN	NOPINZ	D	1:01:58	1:59:39
47	LEE KENNEDY	ARMY CYCLING		1:02:57	1:59:57
48	STEVEN COTTINGTON	BATH CYCLING CLUB	D	1:02:05	2:01:09
49	CHRIS SCAWN	PLYMOUTH CORINTHIAN CC	F	1:03:55	2:01:39
50	ROSS MCNALLY	PEMBROKESHIRE VELO		0:57:37	2:01:47
51	TOMMY BARLOW	CLEVEDON & DISTRICT ROAD CLUB	D	1:02:51	2:02:01
52	ROB VESSEY	DIDCOT PHOENIX CC	D	1:04:12	2:04:27
53	CHRIS LEE	MERTHYR CC	C	1:03:50	2:04:36
54	JON KNIGHT	PONTYPOOL ROAD CYCLING CLUB	B	1:06:17	2:05:06
55	PHILIP BROWN	WALSALL ROADS CYCLING CLUB	F	1:05:01	2:06:03
56	DALE BUCKETT	BIKE JOCKEY CC		1:05:45	2:06:04
57	DAVID THOMAS	RHONDDA TRIATHLON CLUB	A	1:07:13	2:07:04
58	MICHAEL STEVENS	MELTON OLYMPIC CC	F	1:07:56	2:09:34



Pos.	NAME	CLUB / TEAM	CAT	TURN	FINISH
59	GARETH JEHU	MERTHYR CC	C	1:07:18	2:10:27
60	JARED FORTE	LUDLOW CC		1:07:58	2:12:21
61	GEOFF THOMAS	RHONDDA TRIATHLON CLUB	F	1:09:14	2:13:25
62	RAY RETTER	BORN TO BIKE - BRIDGTOWN CYCLES	G	1:40:22	2:22:22
63	BOB AWCOCK	BORN TO BIKE - BRIDGTOWN CYCLES	H	1:16:19	2:27:10
64	MICHAEL WILLIAMS	HEREFORD & DIST WHS CC	E	1:29:31	3:08:57
	ADAM ROBERTSON	UNIVERSITY OF BATH CYCLING CLUB		0:55:33	DNF
	PATRICK BEILBY	VELO CLUB LONG EATON	C	DNS A	DNS A
	DARREN CARRUTHERS	GLASGOW GREEN CYCLE CLUB		DNS A	DNS A
	ADRIAN HAWKINS	THANET RC	C	DNS A	DNS A
	ANDY JACKSON	AEROCOACH	A	DNS A	DNS A
	LIAM MAYBANK	TWICKENHAM CC	B	DNS A	DNS A
	JOHN WINGFIELD	TEAM SIGNUM		DNS A	DNS A
	LEON WRIGHT	RACE HUB		DNS A	DNS A
	JONNY BRYAN	WORCESTER ST. JOHNS CC		DNS	DNS
	KYLE GORDON	RT 23		DNS	DNS
	GEOFF PERRY	BORN TO BIKE - BRIDGTOWN CYCLES	D	DNS	DNS
	STUART TRAVIS	TEAM BOTTRILL		DNS	DNS

## Gratuluję pięknego zwycięstwa, Marcin!

Welsh is such a lovely language don't you think?

Yes, Marcin Bialoblocki (NoPinz) was a nailed-on certainty to win. But the course and the competition certainly kept him on his toes and honest, drawing out an astonishing ride on a sporting rural course. Back at the HQ we were wondering about the course record and reality set-in when someone just pointed to the result board and simply said, "That IS the course record".

Chris Fennell (The Independent Pedaler) claimed second place and Chris Bartley (AS Test Team) stormed back from the turn to move from fourth at Llangunnor to third at the finish. NoPinz took the team award thanks to the efforts of Marcin, Conrad Moss and Lee Frost. Well done Guys!

This was the 'on the day' team that delivered the 2019 National Championship 50;

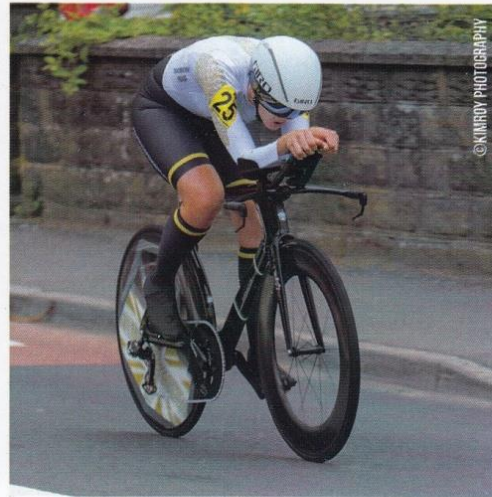
CTT Representative	Wendy Dorling (Bishop's Stortford CC)
Directions to Start	Keith Hyatt (Catford CC)
Event Catering	Sharon Preddy
Event Secretary	Alf Williams (Port Talbot Whs)
Event Signage	Mandy Williams (Port Talbot Whs)
HQ Contact	Gina Deering (Llandovery RFC)
HQ Support	Martyn Heritage-Owen (Realteam)
Marshal - Abergwili	Simon Kinsey – Virtual CC
Marshal - Abergwili	Sarah Rees (Bynea CC)
Marshal – Abergwili	Stephen Landeg (Ogmore Valley Whs)
Marshal – Abergwili	Andrew Grist (Bynea CC)
Marshal - Llandeilo	Alan Owen (Bynea CC)
Marshal - Llandeilo	John Shehan (Bynea CC)
Marshal - Llangadog	Phyllis Harradine (Ross & District)
Marshal - Llangadog	Terry Harradine (Ross & District)
Marshal - Llangunnor	Alan Jones (Port Talbot Whs)
Marshal - Llangunnor	Emma Davies (Port Talbot Whs)
Marshal - Nantgaredig	Jonathan Hopkins (Bynea CC)
Pusher	Diccon Hill (Cardiff Ajax)
Pusher	Ian McDonald (Sportzmad)
Recorder - Finish	Frances Field (Cardiff Byways)
Recorder - Turn	Shirley Howell (Port Talbot Whs)
Result Board / Admin	Stewart Smith
Timekeeper - Start/Finish	Robin Field (Cardiff Byways)
Timekeeper - Start/Finish	Norman James (Ogmore Valley Whs)
Timekeeper - Start/Finish	Tudor Thomas (Bynea CC)
Timekeeper - Turn	Tony Howell (Port Talbot Whs)

Thank you one and all!!

# 2019 50 MILES TIME TRIAL CHAMPIONS



MEN - MARCIN BIALOLOCKI - NOPINZ



WOMEN - EMMA LEWIS - THE INDEPENDENT PEDALER



MEN'S TEAM WINNERS - NOPINZ



WOMEN'S TEAM WINNERS - DRAG2ZERO



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**Congratulations to the winners who will receive their engraved medals and trophies at the National Champions Awards Night to be held on Saturday January 18<sup>th</sup> at Heythrop Park in Oxfordshire.**



# Cycling Time Trials

CYCLING TIME TRIALS IS A COMPANY LIMITED BY GUARANTEE. REGISTERED IN ENGLAND NO. 4413282