



Ross-on-Wye & District Cycling Club

once again proudly presents

Open 10mi Time Trials

Including the VTTA South Wales Group Championship

Saturday 13th July 2019

14:01 First Rider

On the R10/17

Promoted for and on behalf of Cycling Time Trials under their rules & regulations

Timekeepers Start: Mr. L. Samuel Finish: Mr R. Field

Event organiser Mr W. Bevan, 22 Fountains Close, Hereford, HR2 7XY. 07591 559 275

HEADQUARTERS

Scout Hall, Fairfield, Abergavenny, NP7 5SG.
Please park sensibly. HQ will be open from 12:30PM.

The HQ is **4** miles from the start, please allow enough time to travel to the start.

Also, on Saturday there are parking chargers in Abergavenny, please remember this when parking.

NUMBERS

Collect from headquarters, available from approx. 12:30

REFRESHMENTS

At headquarters after the event. Free tea/coffee on return of number.

PRIZE PRESENTATION

Prizes will be presented at the headquarters as soon as possible after the event.

In the interests of your own safety, the event promoter strongly advises you to wear a helmet that meets an internationally accepted safety standard. For entrants under 18 helmets are compulsory.

A working rear light is advisable especially if damp

**PLEASE BE QUIET, AND PARK CONSIDERATELY.
NO WARMING UP PAST START OR U TURNS NEAR START.
DO NOT CROSS THE DUAL CARRIAGEWAY.**

COURSE DETAILS

R10/17 - A40 Hardwick - Raglan & return

OS References: Sheet 161 - Start and finish 333100

Start at 1st drain cover in 3rd lay-by east of Hardwick rbt, Abergavenny, on A40, 25 yards east of Kilo post 97 and 400 yards east of bridge over road. Proceed on A40 to Raglan rbt (4.94 miles) and turn by circling rbt and retrace on A40 to **finish** at road joint 136 at western end of lay-by opposite start.

District Regulation: No cars connected with riders are to travel on the A40 during the event. Competitors observed crossing the dual carriageway will be disqualified.

PRIZES

Prizes will be presented at the HQ as soon as possible after all riders have finished.

	FASTEST	FASTEST WOMEN	FASTEST JUNIOR/ JUV	VET ON STD	FASTEST TEAM OF 3*	TANDEM	Overall Weekend Prize
1ST	£30	£30	£20	£30	£10pp	£10pp	£30
2ND	£20	£20		£20			£20
3RD	£15	£15		£15			