



K
e
n
t

President: Mrs. Pat Hill

100 Mile Time Trial

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Incorporating the VTTA, Kent Group Championship & Tricycle Association (SE Region)

Sunday 19th JUNE 2019

Course: Q100(2015, 16, 17 & 18))

Timekeeper Paul Mephram and Recorder John Clegg (VCElan-Harry Perry Cycles)

AWARDS

Scratch

1st	Gilt Plated Medal
2nd	Silver Plated Medal
3rd	Bronze Medal

Best improvement on previous 3year PB

1st	Gilt Plated Medal
2nd	Silver Plated Medal
3rd	Bronze Medal

Veteran on Standard

1st	Gilt Plated Medal
2nd	Silver Plated Medal
3rd	Bronze Medal

Lady

1st	Gilt Plated Medal
2nd	Silver Plated Medal
3rd	Bronze Medal

Fastest Club Team of 3 Riders

Bronze Medals

Event Secretary

Peter Hayes.
95 Marvels Lane, Grove Park, LONDON. SE129PH
[Tel: 020 88571878](tel:02088571878) Home and [07831 623837](tel:07831623837) Mobile
Email: peter.hayes87@ntlworld.com

**IN THE INTERESTS OF YOUR OWN SAFETY,
Cycling Time Trials and the event promoters strongly advise you to wear
A HARDSHELL HELMET that meets an internationally accepted safety standard.**

**Please take care at Hammond's Corner on the junction when turning left onto
A259.**

**It is recommended that a working rear light, either flashing or constant, is fitted to the machine in
a position visible to following road users and is active whilst the machine is in use.**

INFORMATIONFORCOMPETITORS

The **Headquarters** is Brenzett Village Hall, King Street, New House Farm, Brenzett, TN29 0BE-open from 05.00am.

(<https://www.google.co.uk/maps/place/King+St,+Brenzett,+Romney+Marsh+TN29+9UF/@51.008622,0.8524774,17z/data=!4m5!3m4!1s0x47dee7588fa9ccc5:0xe6d61e82c70242bd!8m2!3d51.0085103!4d0.8518969>).

Competitors must personally sign the signing-on sheet or they will not be allowed to race. Signing-on sheets and race numbers will be at the headquarters.

Please keep the noise to a minimum to avoid unnecessary disturbance to the local residents, No rider should use a turbo trainer or rollers in the HQ parking area or adjacent roads within 50 metres of a domestic property.

Competitors must not warm up on the course, and beware of riders racing from both directions as you make your way to the start.

Under no circumstances should **Competitors approach the time keeper.**

Competitors or their helpers must not park in the vicinity of the start or finish

Assisting Cars must be registered with the event secretary **BEFORE** you start. A Form accompanies this start sheet and copies will be available in the HQ on the morning before the event. CTT regulations concerning the use of cars will be strictly enforced.

The start is approximately 7 miles from the HQ, please allow at least 40mins to reach the start.

Directions to the start: Turn Left from the HQ car park and then take 3rd Exit B2080 at the minir/about at the end of the road. Continue to the main Brenzett R/about and then take the first exit A2070 heading North. Continue on A2070 to the top of Ham street Hill, passing under the Ashford Road Bridge and turn left, signposted Kingsnorth/Shadoxhurst. Turn right at T Junction onto Hamstreet/Ashford Road to find start at Sugar Loaf Crossroads at last drain cover at southern end of slip road from Capel Road(TQ994352)

Please take care making U Turn which must be made clear of the Start Area.

Further Information for Competitors:

Please ensure your number is fitted in the correct position i.e. centrally positioned below the waist & can be easily read from the rear when you are in your normal riding position. PLEASE CHECK THIS. A MISSED NUMBER COULD BE A MISSED TIME.

Numbers will be at HQ (and not the start) and maybe exchanged for a drink after the event. Riders are required to sign on before collecting their number.

All riders (including DNF) must sign-out at the end of TT. This is compulsory.

Please note an important amendment to Regulation 17(b) which was passed at a recent National AGM: **-A rider who fails to sign the official signing out sheet shall be recorded as DNF.**

COURSEDETAILS

Q100 (2015,16,17 & 18) Ham Stree-Brenzett-Camber-Brenzett

MensCourse Record 3.34.49- Chris Fennell

Ladies Course Record 4.18.03- Michelle Lee

Start at Sugarloaf Crossroads at the last drain cover at southern end of slip road from Capel Road (TQ994352).

Riders proceed south along Ashford Road where riders turn left (M) onto short link road to turn left again (M) onto A.2070.

Riders continue through Bridgefield RAB(M) to Cloverleaf RAB(M) (4.65 miles)

Take 2nd exit to Kingsnorth 2 RAB (M). Turn and fork left within 300 yards(M) to Cloverleaf RAB. Take the first exit (M) onto A2070 passing straight through Bridgefield RAB(M) to Brenzett RAB(M) (15.02miles).

Riders take 2nd exit onto the A259 to Brooklands RAB(M) where straight on to East Guldeford where turn left (M) onto Camber Road. Follow through Camber (watch pedestrian lights), to Lydd bypass. Straight on over small RAB(M) to join B2075. At T junction at north end of town turn right (care) (M). Continue on B2075 to Hammonds Corner junction with A2599. Turn left (M) onto A259 (CARE) and continue on to Brenzett RAB to complete 1st Camber circuit.(36.44miles).

Complete a further Camber circuit to Brenzett RAB (57.86miles).

Complete a further Camber circuit to Brenzett RAB (79.28 miles)

Complete a further Camber circuit but finish opposite Moore Lock Storage Unit Depot (TR 015263) on A259 approximately 0.7 miles before Brenzett RAB.

Marshals will be at junctions and roundabouts, but please remember it is the riders responsibility to ensure they know the course.

Acknowledgements to Sponsored Clubs (*as shown on entry forms*)

Lindfield Coffee Works

Arctic Tacx RT

VeloRefined.com Aerosmiths

East Grinstead CC (Merlin Cycle Coaching

VC Elan - Harry Perry Cycles

...a3crg

Drag2Zero