WITHAM WHEELERS CYCLING CLUB

<u>Promoting Cycling For 60 Years.</u> <u>Present their annual 10 mile Time Trial</u>

(Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations)

Saturday 1st June 2019, Start Time=1400 (2pm)

On the Course C10/10 (COURSE RECORD GEORGE ATKINS 20:18)

COURSE: START on A15 Sleaford By Pass 0.25 miles South of Quarrington Roundabout (A15/A153/B1517) near field entrance with large tarmac entrance both sides of A15. Proceed South on A15 through Osbournby to Roundabout (A15/A52). Encircle Roundabout and retrace along A15 to **FINISH** approximately 80 yards short of lay-by sign (approx 1 mile going south) and 0.32 miles short of the Start.

EVENT HQ. Rauceby Village Hall, Main St, S Rauceby, NG34 8QQ

PARKING Please park with consideration to local residents.

TO THE START: Out of hq right along Main St, onto Rauceby Drove, cross over Grantham Rd onto Willoughby Rd. This will bring you out opp start.

NUMBERS Will be issued when signing on.

ALLOW Sufficient time to reach the Start which is approximately 2 mile away.

Parking in Start and Finish areas is restricted to Official vehicles only.

RESTRICTIONS There must be no warming up on the course once the event is in progress. **U TURNS** Within site of the Time keepers could lead to disqualification. **AWARENESS OF SURROUNDINGS** No head/earphones permitted except hearing aids (Reg 19) **SLEEVELESS TOPS** Are not permitted. (Regulation 16)

FINISH Please call your number out upon completing your ride. Please remember to SIGN OFF, IF YOU DON'T you will be put down as a D.N.F. Thank You.

TIMEKEEPERS: Brian Mallett & L.Willitt

EVENT SEC: Chris O`Connor, 10, Commercial Rd, Grantham, Lincs, NG31 6DB. Phone 07904008528. E-Mail Address= chrism.oconnor@yahoo.co.uk

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the Event Promoters strongly advise you to wear a **HARD SHELL HELMET** that meets a recognized standard. All competitors under the age of 18 years and/or Juniors must wear a properly fixed helmet. **As per Regulation 15.**

<u>CTT recommend that a working rear light</u>, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

PRIZES

Fastest 1st£20.00 2nd£15.00 3rd£10.00 Ladies 1st£20.00 2nd£15.00 3rd£10.00 Vets 1st£20.00 2nd£15.00 3rd£10.00 Junior 1st£10.00 Only 1 prize per rider.