

# CAMEL VALLEY CYCLING & TRIATHLON CLUB.

FOUNDED 1981.  
AFFILIATED TO CTT, B.C.F. & TRIATHLON ASSOCIATION.

## FRANK PARKINSON BATES MEMORIAL 10 MILE TIME TRIAL

SUNDAY 2<sup>nd</sup> JUNE 2019 @ 14:00 hours

COURSE S6/10 Tresillian. (PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER THEIR RULES AND REGULATIONS)

Event Secretary: Mr I Edmonds, 78 Foxdown, Wadebridge, Cornwall. (TEL: 01208 813962)

Timekeepers: Ivor Edmonds & Ginine Gronwalt; Pusher-off Ian Gronwalt CVC&TC.

Marshalling and other duties courtesy of: Catherine Snell, Wayne & Claire Ingram, Cathy Radnedge.

### PRIZE LIST.

#### AWARD VALUES.

Fastest.		Vets A, B, C/D		Lady
1 <sup>st</sup>	£30	A	£10	1 <sup>st</sup> £10
2 <sup>nd</sup>	£20	B	£10	2 <sup>nd</sup> £ 8
3 <sup>rd</sup>	£10	C/D	£10	

ONE RIDER ONE PRIZE.

### Course Details: S6/10

#### **S6/10:**

Start on B3275 (formerly the A39/A390) by start of Old Mill buildings, approximately 200 yards West of lay-by (GR SW879470). Proceed North-eastwards for approximately 0.3 mile where turn/fork left, still on B3275. Continue north-eastwards on B3275 through Ladock and Newmills to turn at Brighton Roundabout (M). Retrace outward route through Newmills and Ladock. Finish at a point opposite "Treatment Plant" and start of lane leading to cottages on left, 150 yards prior to the B3275/Probus to Tresillian Road junction. (GR SW 887476)  
Intermediate distance: - Brighton Cross 5.3 mile

Headquarters are situated at PROBUS VILLAGE HALL where changing facilities and toilets are available from 13:00 hrs.

NUMBERS FOR THE EVENT, THE COMPETITORS SIGNING ON AND OFF SHEET AND THE RESULT BOARD WILL ALSO BE AVAILABLE AT THE HEADQUARTERS.

### **COMPETITORS NOTES**

1. Competitors are to ensure that they must sign for their number and also that they must return the number and sign off personally; Failure to comply will result in disqualification from the event.
2. Please observe the Highway Code. Ride with your head up. Do not white **line**. Wear bright clothing. Regulations provide that all competitors must observe the law of the land relating to road use and competitors who ride dangerously must expect to be liable to strict disciplinary action.
3. At the start, competitors must wait in single file alongside road edge/kerb at least 4 metres from timekeeper; remember no U-turns. Failure to comply could result in disqualification from the event.
4. In the interests of your own safety the event promoters suggest that all riders should wear a HARD SHELL HELMET that meets an approved international safety standard.
5. Advice to all competitors - from general notes -It is recommended that a flashing or constant rear light be fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
6. Event officials must not seek to regulate or interfere with other traffic - Reg.20
7. Paced and Company riding - Time Trialling for Beginners states that "When a competitor gets caught by another one the Regulations require the overtaken rider to fall back to a distance behind the other one ... At least 50 yards is required.
8. **No warming up past start or finish timekeepers**

## STARTING SHEET.

NO	START TIME	NAME	CLUB	CAT	FINISH TIME
1	14:01	Phillip Young	Alltrax	Vet C	
2	14:02	Edward Trezona-Phillips	Giant Helston	Vet C	
3	14:03	Peter Blackshaw	Penzance Whls	Vet C	
4	14:04	Robin Brown	St Austell Whls	Vet C	
5	14:05	Anthony Green	Penzance Whls	Sen	
6	14:06	Peter Maker	St Austell Whls	Vet C	
7	14:07	Andrew Smith	Tri-Logic	Vet A	
8	14:08	Simon Medlyn	PSSA	Sen	
9	14:09	Steven Smith	Penzance Whls	Vet A	
10	14:10	Sam Perry	Manchester Whls	Sen	
11	14:11	Hetty Summerhayes	Mid Devon CC	Lady	
12	14:12	Andrew Ellis	Giant Helston	Vet A	
13	14:13	Gavin Perry	Manchester Whls	Vet B	
14	14:14	William Ginieres	Penzance Whls	Sen	
15	14:15	Stacey Ginieres	Penzance Whls	Lady	
16	14:16	James Grogan	Giant Helston	Sen	
17	14:17	Martina Geraghty	Penzance Whls	Lvet A	
18	14:18	Ian Houvenaghel	RNRMCA	Vet A	
19	14:19	Chris Harper	Penzance Whls	Vet B	
20	14:20	James Hadfield	Giant Helston	Sen	
21	14:21	Phil Bowden	Penzance Whls	Vet B	
22	14:22	Alan Chapman	Camel Valley C&TC	Vet A	
23	14:23	Daron Lanyon	BCR	Vet B	
24	14:24	Anna Cullen	Tri-Logic	Lvet A	
25	14:25	Leon Malpas	BCR	Sen	
26	14:26	Andrew Luke	Newquay Velo	Vet A	