



# Sussex Cyclists' Association

## 2019 President: Mike Watson – Angmering CC



Open 10 Mile Time Trial – **Saturday 4th May 2019** – Course G10/97  
 This event is held for and on behalf of **Cycling Time Trials** under its rules and regulations  
**Incorporating the Sussex 10 mile Championship**

## Result Sheet

### Event Secretary

Jon Fry (Horsham Cycling)  
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### Timekeepers

Start Mick Kilby (Lewes Wanderers CC) and  
 Finish Mick Irons (Worthing Excelsior CC)

## Prize Winners

| Category                           | Pos | Rider                  | Club                          | Time / Plus    | Prize  |
|------------------------------------|-----|------------------------|-------------------------------|----------------|--------|
| <b>Fastest Overall</b>             | 1st | Mark Smith             | Crawley Wheelers              | <b>0:20:12</b> | £35.00 |
|                                    | 2nd | Simon McNamara         | South Downs Bikes / Casco Pet | <b>0:20:37</b> | £25.00 |
|                                    | 3rd | Howard Shaw            | trainSharp                    | <b>0:20:46</b> | £20.00 |
|                                    | 4th | Matthew Smith          | Team ASL                      | <b>0:21:03</b> | £15.00 |
|                                    | 5th | Nick Dwyer             | Lewes Wanderers CC            | <b>0:21:06</b> | £10.00 |
| <b>Veteran on CTT Target Times</b> | 1st | Nick Dwyer             | Lewes Wanderers CC            | <b>+ 06:48</b> | £25.00 |
|                                    | 2nd | Mike O'Gorman          | Worthing Excelsior CC         | <b>+ 06:06</b> | £20.00 |
|                                    | 3rd | Mark Smith             | Crawley Wheelers              | <b>+ 05:44</b> | £15.00 |
| <b>Fastest Lady</b>                | 1st | Jennifer George        | Torelli                       | <b>0:22:58</b> | £35.00 |
|                                    | 2nd | Sally Turner           | trainSharp                    | <b>0:23:58</b> | £25.00 |
| <b>Fastest Team of 3</b>           | 1st | Simon McNamara         | South Downs Bikes / Casco Pet | 0:20:37        | £10.00 |
|                                    |     | Stuart Bettis          | South Downs Bikes / Casco Pet | 0:21:24        | £10.00 |
|                                    |     | Gary Brind             | South Downs Bikes / Casco Pet | 0:21:51        | £10.00 |
|                                    |     | <b>Total Team Time</b> |                               | <b>1:03:52</b> |        |
|                                    | 2nd | Howard Shaw            | trainSharp                    | 0:20:46        | £7.00  |
|                                    |     | Peter Tadros           | trainSharp                    | 0:21:39        | £7.00  |
|                                    |     | Will Reeder            | trainSharp                    | 0:21:56        | £7.00  |
|                                    |     | <b>Total Team Time</b> |                               | <b>1:04:21</b> |        |

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## Overall Result

| Rank | Race No | Name                       | Club                                      | Cat | Actual Time    | Plus on CTT TT | Pos on CTT TT |
|------|---------|----------------------------|---|-----|----------------|----------------|---------------|
| 1    | 70      | Mark Smith                 | Crawley Wheelers                          | V   | <b>0:20:12</b> | + 05:44        | 3             |
| 2    | 75      | Simon Mcnamara             | South Downs Bikes / Casco Pet             | V   | <b>0:20:37</b> | + 05:08        | 6             |
| 3    | 50      | Howard Shaw                | trainSharp                                | S   | <b>0:20:46</b> | -              | -             |
| 4    | 30      | Matthew Smith              | Team ASL                                  | S   | <b>0:21:03</b> | -              | -             |
| 5    | 20      | Nick Dwyer                 | Lewes Wanderers CC                        | V   | <b>0:21:06</b> | + 06:48        | 1             |
| 6    | 60      | Howard Bayley              | Blazing Saddles                           | V   | <b>0:21:20</b> | + 04:25        | 14            |
| 7    | 65      | Stuart Bettis              | South Downs Bikes / Casco Pet             | S   | <b>0:21:24</b> | -              | -             |
| 8    | 10      | Nik Allen                  | Worthing Excelsior CC                     | V   | <b>0:21:32</b> | + 04:47        | 11            |
| 9    | 71      | Peter Tadros               | trainSharp                                | V   | <b>0:21:39</b> | + 04:52        | 9             |
| 10   | 55      | Gary Brind                 | South Downs Bikes / Casco Pet             | V   | <b>0:21:51</b> | + 04:05        | 18            |
| 11   | 51      | Tom Houghton               | Brighton Excelsior CC                     | V   | <b>0:21:54</b> | + 04:25        | 14            |
| 12   | 28      | Will Reeder                | trainSharp                                | S   | <b>0:21:56</b> | -              | -             |
| 13   | 48      | Tony Truepenney-Phillipson | Bec CC                                    | S   | <b>0:21:57</b> | -              | -             |
| 14   | 41      | Kevin Plummer              | South Downs Bikes / Casco Pet             | V   | <b>0:22:00</b> | + 05:30        | 4             |
| 15   | 31      | David Clark                | Eastbourne Rovers CC                      | V   | <b>0:22:02</b> | + 04:52        | 9             |
| 16   | 11      | Jaco Van Gass              | Para-T                                    | S   | <b>0:22:13</b> | -              | -             |
| 17   | 45      | Colin Mcdermott            | Festival Road Club                        | V   | <b>0:22:21</b> | + 04:45        | 12            |
| 18   | 5       | David Clements             | Eastbourne Rovers CC                      | V   | <b>0:22:27</b> | + 03:52        | 22            |
| 19   | 43      | Connor Murphy              | trainSharp                                | S   | <b>0:22:32</b> | -              | -             |
| 20   | 15      | Michael Davey              | trainSharp                                | V   | <b>0:22:38</b> | + 02:33        | 36            |
| 21   | 40      | Jennifer George            | Torelli                                   | WS  | <b>0:22:58</b> | -              | -             |
| 21   | 73      | John Marinko               | Brighton Mitre CC                         | V   | <b>0:22:58</b> | + 04:44        | 13            |
| 23   | 56      | Spencer Kirkham            | Worthing Excelsior CC                     | V   | <b>0:23:07</b> | + 03:59        | 19            |
| 24   | 53      | Sam Dix                    | trainSharp                                | V   | <b>0:23:22</b> | + 02:57        | 28            |
| 25   | 27      | Martin Booker              | South Downs Bikes / Casco Pet             | V   | <b>0:23:24</b> | + 03:30        | 24            |
| 26   | 6       | Colin Harrison             | East Grinstead CC (Merlin Cycle Coaching) | V   | <b>0:23:25</b> | + 04:17        | 17            |
| 27   | 52      | Nolan Heather              | Worthing Excelsior CC                     | V   | <b>0:23:28</b> | + 02:05        | 38            |
| 28   | 42      | Tony Reeves                | GS Stella                                 | V   | <b>0:23:34</b> | + 02:45        | 30            |
| 29   | 57      | Shaun Kennedy              | Bec CC                                    | V   | <b>0:23:40</b> | + 05:04        | 7             |
| 30   | 24      | Peter Marshall             | Sussex Nomads CC                          | V   | <b>0:23:50</b> | + 01:55        | 39            |
| 31   | 58      | Paul Thatcher              | Brighton Mitre CC                         | V   | <b>0:23:55</b> | + 03:59        | 19            |
| 31   | 62      | Theo Tadros                | trainSharp                                | Jn  | <b>0:23:55</b> | -              | -             |
| 33   | 36      | Sally Turner               | trainSharp                                | WS  | <b>0:23:58</b> | -              | -             |
| 34   | 72      | John Glaysher              | ...a3crg                                  | V   | <b>0:24:00</b> | + 01:11        | 40            |
| 35   | 13      | James Stone                | Brighton Excelsior CC                     | V   | <b>0:24:09</b> | + 02:45        | 30            |
| 36   | 26      | Mike O'Gorman              | Worthing Excelsior CC                     | V   | <b>0:24:22</b> | + 06:06        | 2             |
| 37   | 12      | Ian Cheesman               | Worthing Excelsior CC                     | V   | <b>0:24:25</b> | + 02:29        | 37            |
| 37   | 22      | Mark Jones                 | GS Stella                                 | V   | <b>0:24:25</b> | + 04:19        | 16            |
| 39   | 35      | Lisa Davis                 | trainSharp                                | WV  | <b>0:24:26</b> | + 02:52        | 29            |
| 40   | 67      | James Ryan                 | Team ASL                                  | V   | <b>0:24:38</b> | + 00:44        | 43            |
| 41   | 29      | Dylan Coyne                | Crawley Wheelers                          | V   | <b>0:24:56</b> | + 01:11        | 40            |
| 42   | 39      | Anna Dwyer                 | Lewes Wanderers CC                        | WS  | <b>0:25:00</b> | -              | -             |
| 43   | 37      | Angela Radden-Rutt         | JAM Cycle Race Team coached by BPC        | WS  | <b>0:25:12</b> | -              | -             |
| 44   | 18      | Peter Moon                 | Eastbourne Rovers CC                      | V   | <b>0:25:15</b> | + 03:16        | 27            |
| 45   | 17      | Jason Hunter               | Pearson Cycling Club                      | V   | <b>0:25:17</b> | + 02:37        | 33            |

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## Overall Result

| Rank | Race No | Name                 | Club                          | Cat | Actual Time    | Plus on CTT TT | Pos on CTT TT |
|------|---------|----------------------|-------------------------------|-----|----------------|----------------|---------------|
| 46   | 7       | Ian Graver           | Bec CC                        | V   | <b>0:25:19</b> | + 03:25        | 26            |
| 47   | 34      | Katie Simmonds       | Horsham Cycling               | WS  | <b>0:25:29</b> | -              | -             |
| 48   | 68      | Mike Boyce           | ...a3crg                      | V   | <b>0:25:49</b> | + 03:46        | 23            |
| 49   | 64      | Peter Owen           | Norwood Paragon CC            | V   | <b>0:25:54</b> | + 02:37        | 33            |
| 50   | 23      | Michael Thyer        | Sussex Nomads CC              | V   | <b>0:25:59</b> | + 04:56        | 8             |
| 51   | 46      | Scott Bartha         | Brighton Mitre CC             | V   | <b>0:26:06</b> | - 00:21        | 46            |
| 52   | 14      | Robert Royle-Evatt   | Addiscombe CC                 | V   | <b>0:26:13</b> | + 00:53        | 42            |
| 53   | 69      | Jamie Smith          | Brighton Mitre CC             | V   | <b>0:26:19</b> | + 00:00        | 45            |
| 54   | 59      | Simon Craig-Mcfeely  | ...a3crg                      | V   | <b>0:26:23</b> | + 02:34        | 35            |
| 55   | 49      | Barrie Foster        | Anerley BC                    | V   | <b>0:26:56</b> | + 03:59        | 19            |
| 56   | 8       | Brian Jones          | Horsham Cycling               | V   | <b>0:27:14</b> | + 03:27        | 25            |
| 57   | 19      | Tom Seal             | Serpentine Running Club       | V   | <b>0:27:17</b> | - 01:55        | 47            |
| 58   | 38      | Karen Mcgrath        | Worthing Excelsior CC         | WV  | <b>0:27:19</b> | + 02:42        | 32            |
| 59   | 44      | Alan Robinson        | Central Sussex CC             | V   | <b>0:27:50</b> | + 05:11        | 5             |
| 60   | 9       | Clive Jackson        | Central Sussex CC             | V   | <b>0:30:08</b> | + 00:07        | 44            |
| -    | 66      | John Mcgrath         | Worthing Excelsior CC         | V   | <b>DNF</b>     | -              | -             |
| -    | 16      | Dan Pullen           | N+1 - Lindfield Coffee Works  | V   | <b>DNS (A)</b> | -              | -             |
| -    | 21      | Andy Tedd            | South Downs Bikes / Casco Pet | V   | <b>DNS (A)</b> | -              | -             |
| -    | 25      | Neill Keaney         | Onyx RT                       | S   | <b>DNS (A)</b> | -              | -             |
| -    | 32      | Paul King            | Verulam CC                    | V   | <b>DNS (A)</b> | -              | -             |
| -    | 33      | Michael Gates        | C and N Cycles RT             | S   | <b>DNS (A)</b> | -              | -             |
| -    | 47      | Iain Duncan          | Crawley Wheelers              | V   | <b>DNS (A)</b> | -              | -             |
| -    | 54      | Donald Parker        | Brighton Mitre CC             | V   | <b>DNS (A)</b> | -              | -             |
| -    | 61      | Richard Weatherstone | C and N Cycles RT             | V   | <b>DNS (A)</b> | -              | -             |
| -    | 63      | Glenn Sievwright     | Bognor Regis CC               | V   | <b>DNS (A)</b> | -              | -             |
| -    | 74      | Alan Dainty          | Sussex Nomads CC              | V   | <b>DNS (A)</b> | -              | -             |

## Notes and Acknowledgments

Congratulations to all the prize winners and many thanks to everyone that supported the event either by riding or helping on the day including:

|                    |  |
|--------------------|--|
| <b>Timekeepers</b> | Mick Kilby (Lewes Wanderers CC) and Mick Irons (Worthing Excelsior CC)                               |
| <b>Recorder</b>    | Tim Peters   |
| <b>Pushing Off</b> | Bryn Reeves and Jon Fry  |
| <b>Marshals</b>    | Charlie Hancock at Bramber, Alfie Ramsey at Beeding, Dave Manders and Keith Shuttleworth at Shoreham |
| <b>Catering</b>    | Steve Strickland   |
| <b>Results</b>     | Ann Human (Eastbourne Rovers CC)   |

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### This is also a qualifying event for

**Sussex Championship Awards** The following awards are offered for this event and presented at the annual lunch. Full details and tickets available from Robin Johnson, Brighton Mitre CC

| Category                | Award                   |
|-------------------------|-------------------------|
| <b>Fastest Overall</b>  | The 10 Shield & Medal   |
| <b>Vet on CTT TT</b>    | Medal                   |
| <b>Fastest Lady</b>     | Medal                   |
| <b>Fastest Junior</b>   | Medal                   |
| <b>Fastest Juvenile</b> | Medal                   |
| <b>Fastest Team</b>     | Dave Henty Cup & Medals |

**Sussex Best All Rounder** Qualifying event for the Sussex Long distance junior and lady BAR, Middle distance for all categories and Short distance for all categories.

**Sussex Points Competition** Points will be awarded on the following basis: For overall, 30 points for first place, down to 1 point for 30th place. For women, 10 points for first place, down to 1 point for 10th place. For teams of three, the addition of the individual points from three riders from the same club, regardless of which events they have ridden.

### Don't miss other events promoted by the Sussex CA

| Date            | Distance             | Details             | Course | Promoter      |
|-----------------|----------------------|---------------------|--------|---------------|
| Sat 15 Jun 2019 | 15 m                 | Sussex Championship | G15/93 | Robin Johnson |
| Sun 30 Jun 2019 | 50 m                 | Sussex Championship | G50/10 | Robin Johnson |
| Sun 28 Jul 2019 | 30 m                 | Sussex Championship | G30/91 | Robin Johnson |
| Sat 24 Aug 2019 | 10 m                 | Sporting            | G10/45 | Robin Johnson |
| Mon 26 Aug 2019 | 25 m                 | Sporting            | G25/49 | Robin Johnson |
| Sat 28 Sep 2019 | 1672 yard Hill Climb | Sussex Championship | GH/92  | Chris Putnam  |

### And Championship events promoted by other Associations

| Date            | Distance    | Details             | Course  | Promoter    |
|-----------------|-------------|---------------------|---------|-------------|
| Sun 21 Jul 2019 | SCCU 100 m  | Sussex Championship | G100/61 | Tony Alston |
| Sun 08 Sep 2019 | KCA 12 Hour | Sussex Championship | Q12     | Bob Burden  |

### Keep up to date with what's going on with time trialling in Sussex ...

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding SCA or ESCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of! Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs. Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and Facebook groups

**Sussex CA**  
Website [www.sussexca.org.uk/](http://www.sussexca.org.uk/)  
Facebook Group [www.facebook.com/groups/SussexCA/](https://www.facebook.com/groups/SussexCA/)

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