



# East Sussex Cycling Association

2019 President Clive Jackson – Central Sussex CC



**ESCA 10m Time Trial – Saturday 27th April 2019 – G10/87**

Held for and on behalf of **Cycling Time Trials** under its rules and regulations

## Result Sheet

**Event Secretary** **Rob Pelham** (Lewes Wanderers CC)  
Email: [robpelham@gmail.com](mailto:robpelham@gmail.com) Mobile: 07756 656595

**Timekeepers** **Tony Palmer** (Worthing Excelsior CC) and **Richard Meed** (Lewes Wanderers CC)

### The Prize Winners

Category	Pos	Rider	Club	Time	Prize
<b>Fastest Overall</b>	1st	Simon McNamara	South Downs Bikes / Casco Pet	<b>0:20:15</b>	£ 30.00
	2nd	Christopher McNamara	Nuun-Sigma Sport-London RT	<b>0:20:44</b>	£ 25.00
	3rd	Howard Shaw	trainSharp	<b>0:20:45</b>	£ 20.00
	4th	Alex Welburn	trainSharp	<b>0:21:00</b>	£ 15.00
	5th	Nick Dwyer	Lewes Wanderers CC	<b>0:21:46</b>	£ 10.00
<b>Fastest Lady</b>	1st	Joscelin Lowden	The Independent Pedaler	<b>0:21:51</b>	£ 30.00
	2nd	Sally Turner	trainSharp	<b>0:24:08</b>	£ 25.00
	3rd	Lisa Davis	trainSharp	<b>0:24:41</b>	£ 20.00
<b>Fastest Junior</b>	1st	Fabien Large	NOPINZ	<b>0:22:23</b>	£ 15.00
<b>Fastest in each age category not winning another individual prize</b>					
<b>Aged under 35</b>	(33)	George Welfare	Eastbourne Rovers CC	<b>0:21:59</b>	£ 10.00
<b>Aged 35 – 39</b>	(35)	Matthew Smith	Team ASL	<b>0:21:56</b>	£ 10.00
<b>Aged 40 – 44</b>	(43)	Dan Pullen	N+1 - Lindfield Coffee Works	<b>0:21:51</b>	£ 10.00
<b>Aged 45 – 49</b>	(46)	Brett Davis	Lewes Wanderers CC	<b>0:22:14</b>	£ 10.00
<b>Aged 50 – 54</b>	(50)	David Clark	Eastbourne Rovers CC	<b>0:22:26</b>	£ 10.00
<b>Aged 55 – 59</b>	(55)	Marcus Edwards	Kingston Phoenix RC	<b>0:24:19</b>	£ 10.00
<b>Aged 60 – 64</b>	(61)	Dominic Lowden	Lewes Wanderers CC	<b>0:24:33</b>	£ 10.00
<b>Aged 65 or over</b>	(68)	Vincent Busk	Lewes Wanderers CC	<b>0:26:29</b>	£ 10.00
<b>Fastest Team of 3</b>	1st	Howard Shaw	trainSharp	0:20:45	£ 15.00
		Alex Welburn	trainSharp	0:21:00	£ 15.00
		Will Reeder	trainSharp	0:22:04	£ 15.00
		<b>Total Team Time</b>		<b>1:03:49</b>	
	2nd	George Welfare	Eastbourne Rovers CC	0:21:59	£ 10.00
		David Clark	Eastbourne Rovers CC	0:22:26	£ 10.00
		David Clements	Eastbourne Rovers CC	0:22:35	£ 10.00
		<b>Total Team Time</b>		<b>1:07:00</b>	

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## Overall Result Sheet

Pos	Race No	Rider	Club	Cat	Age	Time
1	119	Simon McNamara	South Downs Bikes / Casco Pet	V	44	<b>0:20:15</b>
2	117	Christopher McNamara	Nuun-Sigma Sport-London RT	V	44	<b>0:20:44</b>
3	118	Howard Shaw	trainSharp	S	33	<b>0:20:45</b>
4	107	Alex Welburn	trainSharp	S	24	<b>0:21:00</b>
5	116	Nick Dwyer	Lewes Wanderers CC	V	55	<b>0:21:46</b>
6	90	Joscelin Lowden	The Independent Pedaler	WS	31	<b>0:21:51</b>
6	103	Dan Pullen	N+1 - Lindfield Coffee Works	V	43	<b>0:21:51</b>
8	115	Matthew Smith	Team ASL	S	35	<b>0:21:56</b>
9	102	George Welfare	Eastbourne Rovers CC	S	33	<b>0:21:59</b>
10	113	Mark Bashford	East Grinstead CC (Merlin Cycle Coaching)	S	35	<b>0:22:00</b>
11	74	Will Reeder	trainSharp	S	30	<b>0:22:04</b>
12	110	Brett Davis	Lewes Wanderers CC	V	46	<b>0:22:14</b>
13	108	Fabien Large	NOPINZ	Jn	17	<b>0:22:23</b>
14	106	David Clark	Eastbourne Rovers CC	V	50	<b>0:22:26</b>
15	93	Tom Hilder	trainSharp	S	30	<b>0:22:33</b>
16	109	David Clements	Eastbourne Rovers CC	V	47	<b>0:22:35</b>
17	95	Nathan Russell	trainSharp	S	30	<b>0:22:37</b>
18	111	Michael Davey	trainSharp	V	41	<b>0:22:42</b>
19	99	Theo Tadros	trainSharp	Jn	17	<b>0:23:03</b>
20	104	Mark Edwards	Eastbourne Rovers CC	V	44	<b>0:23:04</b>
21	98	Shayne Howell	Eastbourne Rovers CC	V	47	<b>0:23:13</b>
22	92	Richard Burchett	Lewes Wanderers CC	V	48	<b>0:23:19</b>
23	73	Connor Murphy	trainSharp	S	23	<b>0:23:25</b>
24	105	Rupert Robinson	Crawley Wheelers	V	47	<b>0:23:40</b>
25	55	Daniel Ellis	Eastbourne Rovers CC	S	38	<b>0:23:47</b>
26	78	Marton Cseik	Essex Roads CC	S	26	<b>0:23:53</b>
27	79	Duncan Coulter	Rapha Cycling Club	S	28	<b>0:23:56</b>
28	65	Paul Fletcher	Lewes Wanderers CC	V	40	<b>0:24:03</b>
29	75	Trevor Deeble	Hastings & St. Leonards CC	S	33	<b>0:24:04</b>
30	89	Sally Turner	trainSharp	WS	39	<b>0:24:08</b>
30	96	Gavin Richards	Lewes Wanderers CC	V	48	<b>0:24:08</b>
32	57	Marcus Edwards	Kingston Phoenix RC	V	55	<b>0:24:19</b>
33	94	Dan Street	Lewes Wanderers CC	V	45	<b>0:24:22</b>
34	97	Dominic Lowden	Lewes Wanderers CC	V	61	<b>0:24:33</b>
35	91	James Cheeseman	N+1 - Lindfield Coffee Works	S	33	<b>0:24:37</b>
36	88	Lisa Davis	trainSharp	WV	44	<b>0:24:41</b>
37	77	Martin Gibbs	Team ASL	S	32	<b>0:24:54</b>
38	54	Adam Rogers	Eastbourne Rovers CC	V	44	<b>0:24:57</b>
39	84	Anna Dwyer	Lewes Wanderers CC	WS	24	<b>0:25:23</b>
40	67	Malcolm Daly	Hastings & St. Leonards CC	V	58	<b>0:25:28</b>
41	58	Gareth Purves	Hastings & St. Leonards CC	S	39	<b>0:25:42</b>
42	56	Michael Valks	Lewes Wanderers CC	V	48	<b>0:25:55</b>
43	87	Olivia Webb	Eastbourne Rovers CC	WV	50	<b>0:26:03</b>
44	64	Neil Gearing	Lewes Wanderers CC	V	42	<b>0:26:05</b>
45	70	Bruce English	Eastbourne Rovers CC	V	54	<b>0:26:12</b>
46	63	Vincent Busk	Lewes Wanderers CC	V	68	<b>0:26:29</b>
47	66	Andrew Booty	Lewes Wanderers CC	V	51	<b>0:26:53</b>

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## Overall Result Sheet

Pos	Race No	Rider	Club	Cat	Age	Time
48	69	Peter Moon	Eastbourne Rovers CC	V	58	<b>0:27:07</b>
49	59	Graham Knowles	Lewes Wanderers CC	V	64	<b>0:27:21</b>
50	85	Kate Parrish	Lewes Wanderers CC	WS	27	<b>0:27:26</b>
51	60	Richard Streeter	Lewes Wanderers CC	V	53	<b>0:27:37</b>
52	51	John McDonald	trainSharp	V	54	<b>0:27:50</b>
53	83	Sue Collett	Lewes Wanderers CC	WV	41	<b>0:27:58</b>
54	48	Peter Hayward	Hastings & St. Leonards CC	V	58	<b>0:28:02</b>
55	68	Brian Jones	Horsham Cycling	V	68	<b>0:28:12</b>
56	82	Harriet Hayward	Windrush Triathlon Club	WS	30	<b>0:28:13</b>
57	53	David Beale	Lewes Wanderers CC	V	73	<b>0:28:20</b>
58	62	John Mankelow	Lewes Wanderers CC	V	71	<b>0:28:30</b>
59	46	Robin Johnson	Brighton Mitre CC	V	70	<b>0:29:29</b>
60	49	David Wilkins	Lewes Wanderers CC	V	59	<b>0:29:33</b>
61	52	Chris Parker	Hastings & St. Leonards CC	V	63	<b>0:29:52</b>
62	80	Anita Turner	Eastbourne Rovers CC	WV	48	<b>0:30:01</b>
63	61	Paul Valks	Lewes Wanderers CC	V	75	<b>0:30:25</b>
64	81	Janet Clapton	Brighton Mitre CC	WV	52	<b>0:30:55</b>
65	45	Doug Finch	Southborough & Dist. Whs	V	68	<b>0:36:46</b>
-	100	James Ryan	Team ASL	V	42	<b>DNF</b>
-	44	Liam Dyson	Royal Navy & Royal Marines CA	S	30	<b>DNS (A)</b>
-	47	Robert Bone	Lewes Wanderers CC	V	72	<b>DNS (A)</b>
-	50	Mark Hancock	Anerley BC	V	57	<b>DNS (A)</b>
-	71	Andy Seltzer	In-Gear	V	54	<b>DNS (A)</b>
-	72	Russell Thorne-Jones	Crawley Wheelers	V	46	<b>DNS (A)</b>
-	76	Matt Williams	Greenwich Tritons Tri Club	V	49	<b>DNS (A)</b>
-	86	Anneleen Bosma	Team LDN	WS	31	<b>DNS (A)</b>
-	101	Chris Lord	Brighton Excelsior CC	V	66	<b>DNS (A)</b>
-	112	Neill Keaney	Onyx RT	S	38	<b>DNS (A)</b>
-	114	Dan Sadler	AeroCoach	V	42	<b>DNS (A)</b>
-	120	James Rix	Team Bottrill	V	43	<b>DNS (A)</b>

Rider No 57 Marcus Edwards – time includes 30 second late start

### Notes & acknowledgements

Congratulations to all the prize winners and many thanks to all that took part in the event either by riding or helping, especially the following:

**Timekeepers** Tony Palmer (Worthing Excelsior CC) at the start and Richard Meed (Lewes Wanderers CC) at the finish

**Recording** Emma Gearing

**Pushing Off** Rob Pelham

**Refreshments** Robin Johnson (Brighton Mitre CC) and Jon Collett

**Signage** Paul Hanratty

**Marshals** Geoff Letts at the start, Christine Lowden, Tony Gale and Robert Bone the Boship

**Results** Ann Human (Eastbourne Rovers CC)

## ESCA 10m Time Trial – Saturday 27th April 2019 – G10/87

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### This is a qualifying event for

**ESCA Points Competition** Overall, 30 points for 1st place down to 1 point for 30th place and Ladies 10 points for 1st place down to 1 point for 10th place for first claim riders from ESCA affiliated clubs. The individual points earned by each rider are totalled and awarded to their respective club.

**ESCA Trophies** Counts towards the fastest junior, fastest lady and the fastest team of three from an ESCA affiliated club over 10 miles – the best performance at either this, **or the September 10**, will be eligible for these awards at the annual prize presentation.

**ESCA BAR** Qualifying event for the ESCA lady, lady veteran and junior Best All Rounder competitions.

### 2019 points competition – ESCA points awarded for this event

Individual	Club	Points	Club	Points
Howard Shaw	trainSharp	30	Trainsharp	174
Alex Welburn	trainSharp	29	Eastbourne Rovers CC	104
Nick Dwyer	Lewes Wanderers CC	28	Lewes Wanderers CC	88
Dan Pullen	N+1 - Lindfield Coffee Works	27	N+1 - Lindfield Coffee Works	30
Matthew Smith	Team ASL	26	Team ASL	27
George Welfare	Eastbourne Rovers CC	25	East Grinstead CC	24
Mark Bashford	East Grinstead CC	24	Crawley Wheelers	11
Will Reeder	trainSharp	23	Hastings & St. Leonards CC	8
Brett Davis	Lewes Wanderers CC	22		
David Clark	Eastbourne Rovers CC	21		
Tom Hilder	trainSharp	20		
David Clements	Eastbourne Rovers CC	19		
Nathan Russell	trainSharp	18		
Michael Davey	trainSharp	17		
Theo Tadros	trainSharp	16		
Mark Edwards	Eastbourne Rovers CC	15		
Shayne Howell	Eastbourne Rovers CC	14		
Richard Burchett	Lewes Wanderers CC	13		
Connor Murphy	trainSharp	12		
Rupert Robinson	Crawley Wheelers	11		
Daniel Ellis	Eastbourne Rovers CC	10		
Paul Fletcher	Lewes Wanderers CC	9		
Trevor Deeble	Hastings & St. Leonards CC	8		
Gavin Richards	Lewes Wanderers CC	7		
Sally Turner	trainSharp	7		
Dan Street	Lewes Wanderers CC	5		
Dominic Lowden	Lewes Wanderers CC	4		
James Cheeseman	N+1 - Lindfield Coffee Works	3		
Lisa Davis	trainSharp	2		
Martin Gibbs	Team ASL	1		

Women	Club	Points
Sally Turner	trainSharp	10
Lisa Davis	trainSharp	9
Anna Dwyer	Lewes Wanderers CC	8
Olivia Webb	Eastbourne Rovers CC	7
Kate Parrish	Lewes Wanderers CC	6
Sue Collett	Lewes Wanderers CC	5
Anita Turner	Eastbourne Rovers CC	4
Janet Clapton	Brighton Mitre CC	3

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**Don't forget forthcoming ESCA events**

Date	Distance	Course	HQ/Area	Entry	Promoter and Contact Details
<b>Including VTTA Surrey/Sussex 50 mile Championship</b>					
Sunday 16 Jun 2019 06:00	50m BBAR	G50/90	East Hoathly Sports Centre	£11.00	Mark Gidney (Southborough & Dist Whs) Phone: 01342 851255 Email: markgidney2002@hotmail.com
<b>Including VTTA Surrey/Sussex 100 mile Championship</b>					
Sunday 11 Aug 2019 06:00	100m BBAR	G100/861	Upper Dicker Village Hall	£13.00	Bob Harber (Brighton Excelsior CC) Phone: 01903 879598 Email: bikerider@phonecoop.coop
Saturday 14 Sep 2019 07:00	10m	G10/87	East Hoathly Sports Centre	£11.00	Peter Moon (Eastbourne Rovers CC) Phone: 01323 485180 Email: little.brook@btinternet.com
Sunday 15 Sep 2019 07:00	25m BBAR	G25/89	Fairwarp Village Hall	£11.00	Luke De Quay (East Grinstead CC) Phone: 07410 442157 Email: esca25tt@gmail.com
Saturday 12 Oct 2019 10:00	1433yd Hill Climb	GH/84	Firle Bostal	£9.00	Peter Moon (Eastbourne Rovers CC) Phone: 01323 485180 Email: little.brook@btinternet.com

**All events count towards the ESCA points competitions for individuals and clubs**

**Keep up to date with what's going on with time trialling in Sussex ...**

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding ESCA or SCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of! Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs. Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and Facebook groups

- East Sussex CA**      Website      [www.eastsussexca.org.uk/](http://www.eastsussexca.org.uk/)  
                          Facebook Group      [www.facebook.com/groups/EastSussexCA/](https://www.facebook.com/groups/EastSussexCA/)
- Sussex CA**      Website      [www.sussexca.org.uk/](http://www.sussexca.org.uk/)  
                          Facebook Group      [www.facebook.com/groups/SussexCA/](https://www.facebook.com/groups/SussexCA/)