

# YORKSHIRE CYCLING FEDERATION

## **Association 25 miles Time Trial** (YCF Affiliated Clubs/Racing Members only) **Sunday 5<sup>th</sup> May 2019** **Course V236/1 – Start 08.01**

### **Event Secretary:**

Yassir Al-Ausi, (BRAMLEY WHEELERS CC)  
c/o LifeCycles,  
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**Timekeepers:** George Barker & Richard Haigh.

### **AWARDS:**

|                         |     |                               |     |
|-------------------------|-----|-------------------------------|-----|
| 1 <sup>st</sup> Fastest | £30 | 1 <sup>st</sup> Fastest Woman | £30 |
| 2 <sup>nd</sup> Fastest | £25 | 2 <sup>nd</sup> Fastest Woman | £25 |
| 3 <sup>rd</sup> Fastest | £20 | 3 <sup>rd</sup> Fastest Woman | £20 |

Tandem - £30 if inside 54:30. £20 if inside 56:00.

**Veterans:** 1<sup>st</sup> **Fastest** £20 each category

Age categories:

A(40-49); B(50-59); (C)60-69; (D)70yrs & over.

**NB:** Fastest 3 riders not eligible for Vets Awards.

### **HQ:**

Village Hall, Dalton. YO7 3HY is nearby.  
Open from 07:00.

This is the 5<sup>th</sup> counting event for the  
**2019 YCF Points Competition**

### **COURSE V236/1**

#### **Topcliffe/A168/A19/South Kilvington x 2.**

**START** at east end of High Street, Topcliffe, at western edge of drain cover, just east of gateway to field at start of slip road to A168 northbound carriageway.

**BEAR LEFT** up slip road to join A168 dual carriageway.

**CONTINUE** on A168/A19 to slip road sign-posted A168 Northallerton (5.838 mls).

**BEAR LEFT** down slip road to T-junction (6.167 mls).

**TURN LEFT** to South Kilvington Tl.

**ENCIRCLE ISLAND**, continue under A19 dual carriageway, bearing **LEFT** to join A19 southbound carriageway (6.663 mls).

**CONTINUE** on A19/A168 to slip road sign-posted A167 Topcliffe (12.226 mls).

**BEAR LEFT** onto slip road and continue under dual carriageway, to **TURN RIGHT (CARE)** (12.750 mls) onto slip road to A168 northbound carriageway.

#### **REPEAT CIRCUIT**

Join A168 (13.128 mls)

Start of slip road to South Kilvington (18.553 mls)

Rejoin A19 southbound (19.377 mls)

Start of slip road to Topcliffe (24.940 mls)

Bear left onto slip-road, to **FINISH** at eastern gate post of second gateway to field from the slip-road (25.00 mls).

As this course covers 2 laps, there will be some over-lapping of riders. When joining the slip-road from the A168 towards Topcliffe at the end of your 1<sup>st</sup> circuit, continue under the dual carriageway to turn right to start the 2<sup>nd</sup> circuit. **DO NOT** follow a rider in front of you who turns off to the left – they may have just finished the event (end of 2<sup>nd</sup> lap) and be returning to the HQ.

There is no parking available (other than for Officials) at either the start or the finish, or in Topcliffe village.

Please do not warm up on the course once the first rider has started.

If using the A168 towards Dishforth, it is approx. 3 miles to the first exit. The slip-road to Topcliffe on the return leg from Dishforth brings you out opposite the start.

### **HEADQUARTERS and PARKING**

Event Headquarters is the Village Hall (Willow Bridge Lane) at Dalton, near Topcliffe. The village lies to the south of the Thirsk by-pass. Access the village via the A168 junction at Topcliffe, or from A19, south of Thirsk. Turn into either Moor End Lane (signed Dalton) or Low Lane (signed Sessay, Dalton). Body-numbers, signing-on sheets, result board and refreshments will be located here. Please return your numbers after your ride. Showers are available. Please park sensibly, and do not block entrance to rear car-park. **PLEASE DO NOT PARK IN FRONT OF NEW HOUSES ON EAST SIDE OF WILLOW BRIDGE LANE.**

### **SHOE-PLATES ARE NOT TO BE WORN IN MAIN HALL**

It is approx. **2 miles from the HQ to the start**, so allow plenty of time to get there. From HQ turn right on Willow Bridge Lane, then next right, through centre of village towards Topcliffe. On reaching slip-road from A168 to Topcliffe, keep left, under dual carriageway. Start is on your right just beyond slip-road to A168/A19 Northbound. Take care not to impede riders on the slip-road under the fly-over who may be just about to turn right to start their second lap. **After finishing** stay on the slip-road as far as the turning to your left for Dalton, and Hessay. Turn off here to retrace your outward route, back to the HQ.

In the interest of your own safety, CYCLING TIMETRIALS, and the Event Promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

In Accordance with Regulation 15 **ALL JUNIOR** competitors must wear Protective Hard Shell Helmets

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use.