



FARNBOROUGH & CAMBERLEY C.C.

*Promoted for and on behalf of Cycling Time Trials
under their Rules and Regulations*

Farnborough & Camberley CC

Open 25 Mile Time Trial

Saturday 13 April 2019 at 14.00 p.m.
(sign-on from 13.00 p.m.)

EVENT SECRETARY: Vernon Schutte
18 Cranmore Gardens
Aldershot
Hants
GU11 3BE
Tel: 01252 332230
Email: v.schutte@btinternet.com

TIMEKEEPERS: Maggie Smith (North Hampshire RC) and Donald Ashton
(Farnborough & Camberley CC)

HEADQUARTERS: Bentley Memorial Hall, Hole Lane, Bentley GU10 5NB

IMPORTANT NOTES

- Please **respect the local residents of Bentley by parking considerately**. Do not park on the road near the headquarters, even for a short period of time. Please adhere to the guidance on the parking notes and diagram included below. If we receive complaints, we may lose Bentley Memorial Hall as an option for the HQ. This could potentially mean the end of up to 20 open events on the course during the year.
- Please **respect** the volunteers from Farnborough & Camberley CC and the timekeepers who are giving up their time to help out.
- Please sign on and collect your numbers from the headquarters.
- Position your number so that it is visible from the rear when in the racing position.
- This event **may be subject to a Doping Control** - It is your responsibility to check by returning to the HQ and signing in as soon as possible after you finish.
Please return your numbers to HQ when signing back in where they can be exchanged for refreshments after completing the event. **FAILURE TO SIGN BACK IN AFTER YOU HAVE FINISHED WILL RESULT IN A DNF**
- **No cleats or bikes are allowed in the hall.**
- Please allow at least 10 minutes to get to the start.
- The start is on the opposite side of the carriageway from the HQ. Riders should only use designated crossing points and must not climb over the central reservation. **Anyone seen doing so will be disqualified from the event.**
- **Head-down riding kills** – if dangerous riding is witnessed it will be investigated and reported.
- No vehicles, except those of the timekeepers and event volunteers, shall be parked at the start or finish
- For safety reasons riders must not use their aero bars on the Coxbridge roundabout, **the penalty is disqualification.**

CAR PARKING

Car parking is available at the HQ and in the lay-bys past the finishing point as highlighted in green in the map below.

DO NOT park in the areas highlighted in red in the map below and if parking in River Road please ensure you only park on the grass verge, keeping the footpath and bus stop clear. As stated below do not park on the eastern side of River Road between Main Road and the bridge over the A31.



 Please park considerably on these roads

 Please DO NOT PARK on these roads

LONDON WEST DC

We have received complaints from the residents of Bentley about inconsiderate car parking by cyclists taking part in Time Trials. In order to avoid these escalating we urge all riders to park considerably and not to obstruct footpaths especially on River Road where you should NOT PARK on the Eastern side between Main Rd and the new estate

DIRECTIONS TO THE START

To reach the start from the HQ in Bentley, go eastwards through the village to join the A31, cross to the right hand lane after 850 yards (there are lane markings) and then cross over to the South side of the A31 at the Gravel Hill road junction just short of the 'Bull' PH and continue westwards for 760 yards to the lay-by start point.

COURSE DETAILS

H25/8 Bentley 25 miles (OS map 186)

OS Map Ref

- 796442 START at a point in the lead out onto the A31 from the lay-by on the south side at the commencement of the Bentley by-pass, approximately 800 yards west of the Bull Public House on the north side of the A31 and 5 yards beyond the last but one drain grating and 25 yards short of the large road direction sign marked 'BENTLEY ½m'. 0.000 miles
- 736403 Proceed (Care) to join the A31 and continue to go Westwards along the Bentley by-pass through Froyle and Neatham to the Holybourne roundabout (Turn 1) 4.704 miles
- 828459 Circle the roundabout and take the third exit back on to the A31 to retrace, going through Froyle and along the Bentley by-pass to continue past the Bull PH to the Coxbridge roundabout, Farnham, at the junction with the A325. (TURN 2) 11.907 miles
- 736403 Circle the roundabout [**Do NOT utilize tri-bars when negotiating this roundabout**] and take the fourth exit back onto the A31 to retrace past the start point (14.294 miles) to go along the Bentley by-pass to the Holybourne roundabout (Turn 3) 18.998 miles
- 813448 Circle the roundabout and take the third exit back onto the A31 to retrace, going through Froyle and along the Bentley by-pass to continue past The Bull (24.405 miles) to a point 70 yards beyond the county boundary line and 23 yards beyond the start of a tarmac path on the North side where FINISH. 25.000 miles

Course link: <https://www.cyclingtimetrials.org.uk/course-details/h25-8>

COURSE NOTES

The normal dual carriageway of the A31 has been reduced to a single lane at a point approximately three miles westwards from the start. The left hand lane has been cross-hatched for a distance of approx 400 yards to finish at a point opposite the Petrol filling station just beyond the Hen & Chicken Public House situated on the north side of the A31.

Returning eastwards from the Holybourne roundabout on the north side of the A31 the road has been reduced to a single lane by road cross-hatching on the right hand lane commencing approximately 220 yards before the junction to Mill Court on the south side and finishing adjacent to the Hen & Chicken Public House on the north side.

Competitors are to act in a manner appropriate to competing on a single lane road whilst within the restrictions imposed by the road cross-hatching area.

After finishing, riders must not stop but continue to one or other of the central reservation breaks, cross over with great care and go westwards passing the start point lay-by and along the Bentley by-pass to fork left onto the slip road signposted 'Bentley'. Turn right at the 'T' junction to the Bentley Memorial Hall which you can see ahead of you.

IN THE INTERESTS OF YOUR OWN SAFETY

Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

There will be marshals and checkers but it is your responsibility to make sure you know the course.

PRIZES

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1st Fastest Male

2nd Fastest Male

3rd Fastest Male

1st Fastest Female

2nd Fastest Female

3rd Fastest Female

1st Fastest Vet on Std

2nd Fastest Vet on Std

3rd Fastest Vet on Std

1st Fastest Team

2nd Fastest Team

3rd Fastest Team

1st 50-55 age

1st 56-60 age

1st 61-65 age

1st 66-70 age

1st 71+ age

Tandem 1st

Lantern Rouge

