

**BEACON WHEELERS**  
**Open 15 Mile SpoCo Time Trial**  
**SATURDAY 6<sup>th</sup> APRIL 2019**

This is a Lakes & Lancs SpoCo Counting Event  
Promoted for & on behalf of Cycling Time Trials  
under their rules & regulations



**Organiser -** Richard Irving  
Scalegate, Heltondale, Askham, Penrith, Cumbria CA10 2QL  
Tel – 07765 794796  
Email – [onyerbikerichard@btconnect.com](mailto:onyerbikerichard@btconnect.com)

**Event Headquarters & Car Parking**  
Askham & District Community Centre / Swimming Pool Penrith Cumbria

**Postcode - CA10 2PG**

**Timekeepers –** Richard Abram & Keith Bickley

**First Rider -** 12.01am (List of competitors on CTT Page)

**Course - L155**

- Start on Askham road at junction with unnamed road leading to Lowther Castle and Gardens.
- **TAKE CARE with Sheep, also please be aware of the 2 Cattle Grids & the steep descent from the start in Lowther Park**
- Proceed along Askham lane in a westerly, then southerly direction
- **Marshal 1** - Bear right over Askham bridge and then to 'T' junction in Askham (1.1m).
- **Marshal 2** - Turn left onto Helton road
- Bear right (1.3m) onto Wideworth Farm road.
- Continue through Butterwick and Bampton on unclassified road to meet Keld lane then Pow lane on the outskirts of Shap.
- **Marshal 3** - Take a sharp left to join A6 North (8.9m).
- **Marshal 4** - Continue on A6 to Lowther (14.5m) where left into New Road
- Continue to finish 50m before Junction (14.9m)

**Risk Assessment**

- A copy of the CTT Risk Assessment will be displayed at the event HQ

**Rider Warning**

- Due to the winter weather; road conditions on the District's road have somewhat deteriorated with potholes and surface issues causing problems in some areas.
- However the circuit has weathered the winter surprising well
- Any significant hazards will be recorded on the On The Day Dynamic Risk Assessment
- Results will not be available from the Finish area – please return directly to HQ.
- Please do not park to the South side of the Village on the course

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**Track Road Time Trials and Cyclo Cross**

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#### **Numbers, Signing on and Results Board**

- Will be available at the HQ
- The HQ will be open from 09.30

#### **Refreshments**

- Will be available after the event at the HQ
- Any donations welcomed

#### **Signing Out**

- All competitors are required to personally return their number
- All competitors are required to sign the signing out sheet
- Failure to do will result in the competitor being recorded as DNF

#### **Local regulations**

- The following local regulations have been approved by the CTT National Committee in accordance with Regulation 38. Any breaches may lead to disciplinary action being taken.
- Local regulation No. 5 In all events, competitors prior to starting are not permitted to ride past the finish timekeeper during the duration of the event.
- Local regulation No. 6 Any competitors making a 'U' turn in the vicinity of the start or finish will be disqualified from the event.
- Local regulation No. 15 Riders must keep to the left hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification.

#### **In addition to the above**

- Riders must give their number at the finish and elsewhere on the course if requested.
- Riders must NOT stand in the road at the start or finish.
  - (This constitutes obstruction, and is a breach of regulations).
- Riders must NOT ride with their heads down.

#### **Helmets**

- All competitors under the age of 18 and/or juniors must wear a HELMET of
- HARD/SOFT SHELL construction that conforms to a recognised Standard (See regulation 15).
- Cycling Time Trials strongly recommends ALL competitors to wear such a helmet.
- Cycling Time Trials recommends that a working rear light, either constant or flashing, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

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**AWARDS**

(One rider, one prize rule – highest prize value awarded first)

Prize	1st	2nd	3rd
<b>Overall</b>	£30	£20	£15
<b>Veterans</b>	£20	£15	£10
<b>Females</b>	£15	£10	
<b>Juniors</b>	£15		
<p align="center"><b>Prize Fund</b>                      50% Entry Fees (47 x £10) - CTT Levy (47 x £4)                      £470 - £188 = £282 / 2                      = £141 Minimum Minimum Prize Fund  <b>£150 Awarded</b></p>			

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