

SAFETY INSTRUCTIONS

START & FINISH

'U' turns at the start or finish will lead to disqualification.

No Parking at the Start or finish other than timekeeper vehicles.

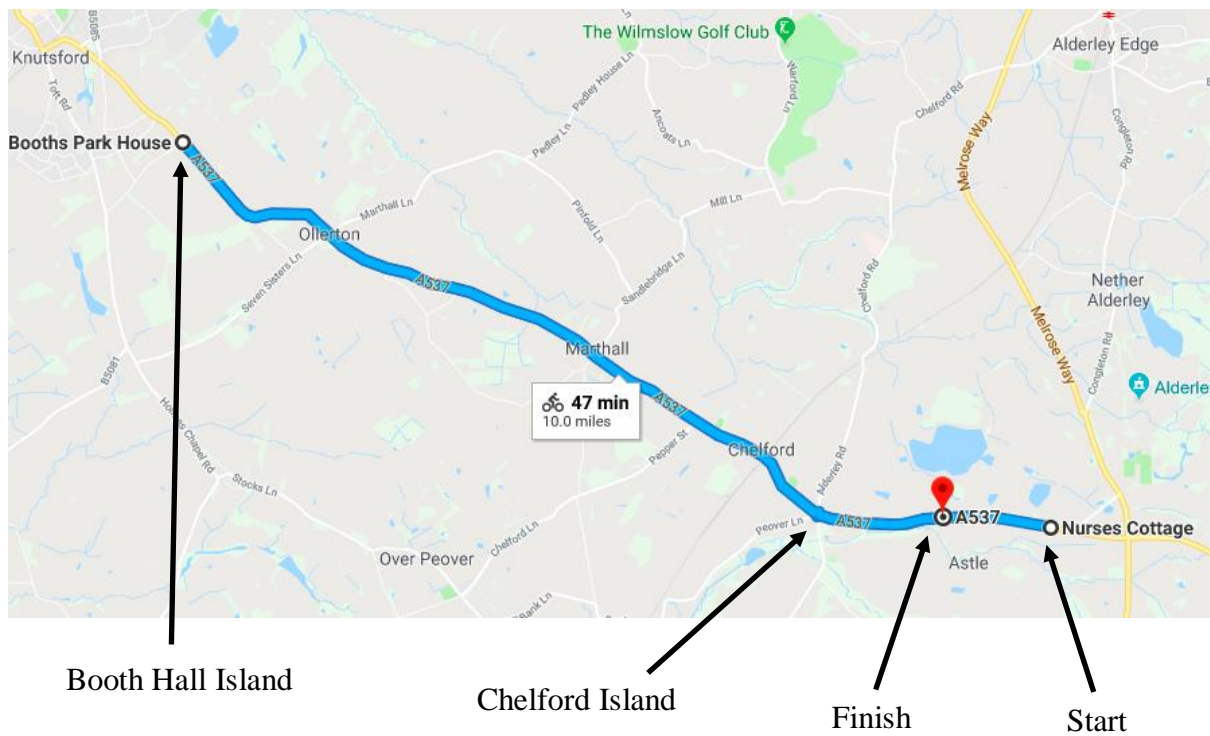
Riders must not warm up past the start and finish areas. No times will be given at the finish; please do not obstruct or distract the timekeeper.

CHELFORD ISLAND

Riders must negotiate Chelford Island in a safe and sensible manner in accordance with CTT Reg. 20 and the rules of the road. Riders must be able to brake and stop at the island if traffic conditions require this. Riders MUST NOT USE their tri-bars between the first bollard they pass on entering Chelford Island and the last bollard they pass leaving it. Remember - traffic on the island has priority over traffic (including riders) entering it. Any rider seen to be in breach of this regulation will be disqualified from the event and may be reported for further disciplinary action.

BOOTH HALL ISLAND

Please take care when making a 'U' turn at Booth Hall Island, especially if the surface is damp.



ROAD BIKE CATEGORY

Ridden on a standard road bike. No aero handlebars or tri-bar extensions. No deep section wheels (above 35mm). No time trial helmets. Inform organiser and official at the start of the race if you wish to be considered.