BURTON & DISTRICT CYCLING ALLIANCE

**OPEN 30km 2-UP TEAM TIME TRIAL**

**For and on behalf of Cycling Time Trials under its rules and regulations**

**Promoted on behalf of the B.D.C.A by COALVILLE WHEELERS C.C.**

**SATURDAY 2nd MARCH 2019**

**FIRST RIDER OFF AT 14:02**

**Timekeepers: Mr B Stanley Melton Olympic**

**Mr T Bailey Coalville Wheelers CC**

**Mr H Pymm Coalville Wheelers CC**

**Event secretary: Siân Pymm** 07730 432701 sian.pymm@hotmail.co.uk

**Please be aware that the contact for the day of the event is**

**Nev Bray (07702 053518)**

**Prizes:**

1st Men’s Team £25 each rider

2nd Men’s Team £15 each rider

3rd Men’s Team £10 each rider

1st Mixed or Ladies Team £25 each rider

1st Team with a rider under 21 £25 each rider

1st BDCA Team £20 each rider

Spot prizes donated by Matt Bottrill Performance Coaching

**Course Details AS/19**

Start at northern end of lay-by on Top Brand road approximately 200 yards from B5324 (Griffydam crossroads). Proceed north to A42/A453 traffic island. Continue straight to T junction. Turn left on A453, continue through Breedon village. Where road becomes B587 turn left on to Melbourne Road. Continue straight to turn left at T junction on to B5324. Proceed to top of Vinegar Hill where turn left on to Top Brand. Continue past start to complete one lap (approx. 9 miles).

Repeat the circuit for a second time except when reaching the top of Vinegar Hill continue straight on B5324 towards Belton to finish at far end of lay-by (on the right hand side of the road) approx 2 miles from Griffydam crossroads.

The course is sporting, containing no section of dual carriageway and the majority of the roads are relatively narrow. Please exercise great care at the junctions, obey the rules and keep your head up at all times. Avoid warming up near to the start and finish lines.

**Information for Competitors**

**PLEASE NOTE:**

**All riders must sign out** back at headquarters after the event, this **regulation** has been brought in to ensure that everyone is available for the Drug Test Team if they appear. If you do not sign out then you will be classed as DNF.

**EVENT HQ:** Coalville Wheelers Clubhouse, Top Road, Griffydam, **LE67 8HU**

There is no parking at the start or finish. Please note that parking is available in the field next to the clubhouse. Please make sure you do not leave any rubbish in the car park.

**Numbers:** Please obtain your numbers at the Clubhouse

**Refreshments:** Hot and cold drinks and light refreshments will be available at the clubhouse from 13.00 hours continuously until the end of the event.

A free drink will be available to riders in exchange for number

**IN THE INTEREST OF YOUR OWN SAFETY:** Cycling Time trials and the event promoters strongly advise you to wear a **HARD SHELL HELMET** that meets the internationally accepted standards.

**THANK YOU FOR ENTERING THIS EVENT, THE BEST OF LUCK TO YOU. I HOPE YOU ALL HAVE A GOOD, FAST AND MOST IMPORTANTLY SAFE RIDE**

**Siân Pymm**