



Founded in 1885 to Promote Fast and Long Distance Riding on the Great North and other roads

## North Road CC "Hardriders" 25

*Incorporating Round One of the London North Millennium Trophy*

'Promoted for and on behalf of Cycling Time Trials under its Rules & Regulations'

Course F7/25 Revised

Sunday 24th February 2019

Timekeepers: Gordon Hart  
Michael Bannister

Event Organiser: Neil Lewis  
40 Old Rd  
East Peckham  
Tonbridge  
TN12 5ET  
01622 872546  
07484 297390 (on day)

Neil.lewis68@yahoo.co.uk

### Awards

**Fastest rider to hold the Thistle Trophy for one year**

1 <sup>st</sup>	£120	6 <sup>th</sup>	£40
2 <sup>nd</sup>	£100	7 <sup>th</sup>	£30
3 <sup>rd</sup>	£70	8 <sup>th</sup>	£25
4 <sup>th</sup>	£60	9 <sup>th</sup>	£15
5 <sup>th</sup>	£50	10 <sup>th</sup>	£10

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1<sup>st</sup> Woman            £40

2<sup>nd</sup> Woman           £20

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1<sup>st</sup> Jun/Juv           £40

2<sup>nd</sup> Jun/Juv           £20

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1<sup>st</sup> Vet on Std        £40

3<sup>rd</sup> Vet on Std        £20

2<sup>nd</sup> Vet on Std        £30

4th Vet on Std        £10

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1<sup>st</sup> Road Bike        £40

3<sup>rd</sup> Road Bike        £10

2<sup>nd</sup> Road Bike        £20

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1<sup>st</sup> Team of three    £15 each

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## Event Headquarters:

Queenswood School, Shepherds Way, Brookmans Park

Hatfield, Hertfordshire. AL9 6NS.

*Directions to HQ;* From Potters Bar take A1000 north towards Hatfield. At Brookmans Park turn right at traffic lights into Shepherds Way, B147 (signposted Queenswood). Queenswood School is at the top of the hill. Follow signs to car park.

**The HQ will open at 7am with signing on from approx 7:30am**

Please park only in the designated car park. Please do not proceed past the cones on the access road to the pavilion, this is to be kept clear.

**Road Bike Comp: Please advise when signing on**

**To qualify: Must ride without TT bars/extensions, no TT helmet,  
no 'trip socks' etc, wheel depth less than approx 60mm  
ie: BC Road Race legal with wheels as above**



## **Local Regulations:**

**Local Regulation No. 1** - No U turns should be made in sight of the start or finish areas while riding on the public highway.

**Local Regulation No. 3** - No cars other than that of the timekeeper(s) and other event officials are to be parked in the vicinity of the start or finish points.

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## **IN THE INTERESTS OF YOUR SAFETY**

The course runs mostly on unclassified roads, the surface of which is poor in many places and there are many fast descents which are slippery when wet.

**\*\*\*\*\*Watch out for and give room to pedestrians and give appropriate notice to equestrians when passing.\*\*\*\*\***

Please also be aware that the course uses roads which can be busy with local traffic.

**NEGOTIATING ROUNDABOUTS - Give priority to traffic from your right.  
Signal clearly to other road users the course you intend to take.**

Safety - not your performance - is the first priority.

**Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted standard.**

In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard Shell Helmets.

**It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.**

If the weather should be inclement, please consider race clothing appropriate for the conditions.

**Riders and spectators must not approach the time keepers, or congregate near the finish area. Please avoid parking on the course, especially near the finish area.**

**The North Road CC** wishes all riders a safe and successful ride. Please keep your head up at all times. Marshalls will be stationed at points where there is a change of direction, but the final responsibility for keeping on course remains with the rider. A study of the course details or even better a ride over the course will pay dividends.

**Good luck and a safe ride**

33	Andrew Hadfield	North Road CC	S	8:33
34	Richard Miller	CC London	V	8:34
<b>35</b>	<b>Andrew Jarratt</b>	<b>Southgate CC</b>	<b>S</b>	<b>8:35</b>
36	Sinclair Easton	CC London	V	8:36
37	Anthony Taylor	North Road CC	V	8:37
38	James Fox	Rapha Cycling Club	S	8:38
39	David Atkinson	VCT Racing	V	8:39
<b>40</b>	<b>Chris Jones</b>	<b>Royal Navy &amp; Royal Marines CA</b>	<b>S</b>	<b>8:40</b>
41	Ryan Sheppard	G.S. Henley	S	8:41
42	Pete Lindsell	Tri London	S	8:42
43	Chris Dixon	North Road CC	V	8:43
44	Simon Mac	London Phoenix CC	V	8:44
<b>45</b>	<b>Jim Higson</b>	<b>CC London</b>	<b>S</b>	<b>8:45</b>
46	Jeremy Simpson	OV Cycling Club	V	8:46
47	Toma Chitu	CC Ashwell	S	8:47
48	Richard Lofthouse	Eagle Road Club	V	8:48
49	Peter Holden	Team Trident	V	8:49
<b>50</b>	<b>Jody Paxman</b>	<b>Team LDN</b>	<b>S</b>	<b>8:50</b>
51	Gareth Davies	London Phoenix CC	V	8:51
52	Thomas Coombes	Tri London	S	8:52
53	Sean Odonnell	CC London	S	8:53
54	Oliver Chapman	Welwyn Whs	S	8:54
<b>55</b>	<b>David Green</b>	<b>North Road CC</b>	<b>V</b>	<b>8:55</b>
56	Marcus Shields	Ayr Roads CC	V	8:56
57	Andrew Mussett	Team Trident	S	8:57
58	Derrick Nelmes	CC London	V	8:58
59	Ben Luget	Tri London	V	8:59
<b>60</b>	<b>Michael Atkinson</b>	<b>North Road CC</b>	<b>S</b>	<b>9:00</b>
61	Rory Mccarron	Regents Park Rouleurs	S	9:01
62	Steve Rust	Team Trident	V	9:02

63	Graham Irvine	London Phoenix CC	V	9:03
64	Robert Barrett	High Wycombe CC	V	9:04
<b>65</b>	<b>Oliver Knight</b>	<b>HMT Hospitals Giant Cycling Team</b>	<b>J</b>	<b>9:05</b>
66	Thomas Arkell	East London Velo	J	9:06
67	Joe Kiely	Welwyn Whs	Jv	9:07
68	Conor Dash	Cycling Club Hackney	J	9:08
69	Nuala Robinson	North Road CC	W	9:09
<b>70</b>	<b>Elizabeth Marvelly</b>	<b>Liv AWOL</b>	<b>WJ</b>	<b>9:10</b>
71	Amy Pritchard	Giant Camden Team Liv	WV	9:11
72	Lenka Vackova	Rapha Cycling Club	W	9:12
73	Jennifer Andrews	CC Ashwell	WV	9:13
74	Christine Pout	Verulam Really Moving	WV	9:14
<b>75</b>	<b>William Wallace</b>	<b>CC London</b>	<b>V</b>	<b>9:15</b>
76	James Jenkins	Richardsons-Trek RT	E	9:16
77	Sean Bradley	Team Trident	S	9:17
78	Michael Edmunds	Verulam Really Moving	V	9:18
79	Sam Humpheson	Look Mum No Hands!	V	9:19
<b>80</b>	<b>Felix Barker</b>	<b>ActiveEdge Race Team P/B Cooper/BMW Inchcape</b>	<b>S</b>	<b>9:20</b>
81	Geir Robinson	Regents Park Rouleurs	V	9:21
82	Martin Smith	London Phoenix CC	S	9:22
83	Wayne Crombie	East London Velo	V	9:23
84	Anton Blackie	Rapha Cycling Club	S	9:24
<b>85</b>	<b>Nicholas Candy</b>	<b>North Road CC</b>	<b>E</b>	<b>9:25</b>
86	Jon Friend	Bedfordshire Road RT	V	9:26
87	Nicholas Coe	Verulam Really Moving	V	9:27
88	Gregory Smith	Finsbury Park CC	V	9:28
89	James Moss	North Road CC	V	9:29
<b>90</b>	<b>Neil Lauder</b>	<b>Arctic Tacx RT</b>	<b>S</b>	<b>9:30</b>
91	Daniel Northover	Finsbury Park CC	V	9:31
92	Robert Gilmour	Hounslow & District Whs	V	9:32

93	Alex Elferink	East London Velo	V	9:33
94	Hugh Williams	Pro Vision Cycle Clothing	V	9:34
<b>95</b>	<b>Adam Gascoigne</b>	<b>Race Hub</b>	<b>S</b>	<b>9:35</b>
96	Josh Crow-stewart	Arctic Tacx RT	S	9:36
97	Barry Connolly	Milton Keynes RC	S	9:37
98	Mark Aldred	Kingston Wheelers CC	S	9:38
99	Callum Stewart	East London Velo	S	9:39
<b>100</b>	<b>Paul Hart</b>	<b>Southend Wheelers</b>	<b>S</b>	<b>9:40</b>
101	Simon Bowler	AS Test Team	V	9:41
102	Ian Knight	Milton Keynes RC	V	9:42
103	Richard Weltz	Team Trident	S	9:43
104	Tom Haines	East London Velo	V	9:44
<b>105</b>	<b>Toby Cowell</b>	<b>Cambridge University CC</b>	<b>E</b>	<b>9:45</b>
106	Michael Parker	TMG Horizon Cycling Team	V	9:46
107	Steve Torley	Milton Keynes RC	V	9:47
108	Neal Marrin	Finsbury Park CC	V	9:48
109	Adam Laycock	VTTA (East Anglia Group)	V	9:49
<b>110</b>	<b>Ollie Jones</b>	<b>ActiveEdge Race Team P/B Cooper/BMW Inchcape</b>	<b>E</b>	<b>9:50</b>
111	Henry Farrell	Full Gas Racing Team	S	9:51
112	Gareth Wignall	Hertfordshire Whs	S	9:52
113	Matt Yardley	Macclesfield Wheelers	V	9:53
114	Dominic Bray	Finsbury Park CC	V	9:54
<b>115</b>	<b>Chris Bartley</b>	<b>AS Test Team</b>	<b>S</b>	<b>9:55</b>
116	Nick Clarke	Arctic Tacx RT	S	9:56
117	Aaron Mccaffrey	Milton Keynes RC	V	9:57
118	Jonas Rooze	CC London	S	9:58
119	Tom Elwood	Team LDN	S	9:59
<b>120</b>	<b>Lloyd Chapman</b>	<b>Plomesgate CC</b>	<b>S</b>	<b>10:00</b>

