

## Western Time Trials Association 100 mile time trial U86/100

7/6/15

This is a counting event in both the WTTA and National Best All Rounder competitions Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Event Secretary David Summers Bookdene Lyncombe Vale Road Bath BA2 4LS Time Keepers
Ian & Bridget Boon
Severn RC

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## **Prizes**

First Overall	£40	Matt Burden	Severn RC	3:57:50				
Second Overall		Gregory Woodford	Reading CC	4:15:22				
Third Overall	£20	Alex Kirk	Dulwich Paragon CC	4:16:07				
First Vet	£30	Gregory Woodford	Reading CC	+45:35				
First Woman	£25	Hannah Ricketts	Bristol South CC	4:51:30				
First Trike		Not Awarded						
First Team of 3	of 3  £20 each  Matt Burden Tom Bertenshaw Jarek Turif		Severn RC	12:52:27				

## **Commentary**

Thank you all for entering this event. This was something like the 5<sup>th</sup> year I've organised the WTTA 100, and for me I think its been the most relaxed event so far. No hassles with changing loops, no worries about riders on the DC.

However being easy for me, does not mean it was easy for you. The undulations that the course has, are tiring when done once, but to do 5 laps – and I take my hat off to you all. All that completed the event, have completed a highly challenging 100.

That the undulations took their toll, can be seen clearly on the results on the next page, many riders slowed horribly on the later loops – very few riders maintained a constant pace.

Matt Burden I only talked into entering close to the closing date, and he encouraged 4 other Severn riders to join in. Aim was to encourage Matt to get some rides in, if thinking for a BBAR challenge – but it was good to see them take the team prize (only really a question of which Severn riders would count towards the team). As a team Matt Burden, Tom

Berenhsam and Jarek Turif won out, they were only 6 seconds outside taking the long standing Severn RC 100m Team record (dating from 1955) – this is all the more impressive as Jarek had to stop for 8 minutes on lap 2 to repair a puncture.

Of the other riders, Gregory Woodford and Alex Kirk (not to mention Mark Saunders who DNS) had very strong line 4 times (do we count in lines any more?), so these riders were expected to do well. So Matt winning by 17+ minutes shows how good his ride was; this left Gregory and Alex to fight it out for second, and it was close between them. So in the end, good that Gregorys time was fast enough to take the first prize on standard, and 2<sup>nd</sup> prize flowed down to Alex.

Whilst talking about the prizes on standard, whilst Gregory won, it was good to see Richard Turpin coming so close to taking the prize on standard, maybe the rumours that he is a man too fast to be caught are true? A fine ride though for Richard by any counts, and that he improved his line 4- and on such a rolling course.

The women's race was always going to be interesting, with two experienced riders entered, and an almost complete novice in Hannah Ricketts. Hannah though has been going well this season, but with no prior experience at 100m, could only go off on a #9. When setting out the field, I did half wonder if Hannah could catch the other women in front, and on the day that is exactly what Hannah did at the beginning of the 3<sup>rd</sup> lap – which meant she won on the day.

Turning to trikes, I was glad to be asked by the Tricycle Association to host their Trike Trophy. However by their rules, it could only be the Trophy race if 4 trike riders entered. So it was a pity that just Jim Hopper entered. However without being able to award Trophy, Jim was still happy to ride – it is a pity though that we was not able to finish, I think the chill in the air first thing in the morning, made it hard for him to get going. I'm still glad though that he entered.

Turning to marshals, I should thank the people, and clubs that contributed. Without these people we would not be able to put on a race, so they are the people keeping the 100mile TT going:

Mike Halgarth, Phillipa Corker, Tony Emery – Dursley RC

Bernie Brown – WTTA & West Vets

Mary Jane and Rob Hutchinson – Bristol South CC

Brian Griffiths - Clevedon & District RC (& also VTTA)

The Edwards – Chippenham & District Wheelers

Chris Broad-Drake – Swindon RC

Steve Cook – Cheltenham & County CC

The Boons – Severn RC

Finally I should thank the relatives and partners that helped out with the drinks start, Edward Kirk (Alex's brother), Jarek Turif's partner, and Hannah Ricketts' partner.

#	Name Club		Cat	Result	+ on Std	Lap Time					Rank per lap				
												L2	L3	L4	L5
1	Matt Burden	Severn RC	S V	3:57:50		46:23	46:42	47:31	48:26	48:48		1	1	1	1
2	Gregory Woodford	0		4:15:22	+45:35	48:04	49:03	50:46	53:50	53:39		3			5
3	Alex Kirk	Dulwich Paragon CC		4:16:07	+32:15	48:37	48:35	51:22	53:21	54:12		2			6
4	Eric Grill	RST Sport/Aero-Coach		4:21:58		52:55	52:27	52:39	52:41	51:16		8			3
5	Peter Garnett	Swindon RC		4:23:03	+28:28	51:58	51:38	52:46	54:09	52:32	6	6			3
6	Tom Bertenshaw	aw Severn RC		4:23:55		50:09	49:50	50:34	56:00	57:22	4	4	2	13	13
7	Simon Cox	Chippenham & Dist. Whs		4:26:15	+24:14	52:03	51:32	54:17	53:20	55:03		5		4	8
8	Steven Cottington	Cadence RT	V	4:27:52	+31:57	50:56	51:41	53:10	55:10	56:55		7	8	10	11
9	Rob Richardson	Chippenham & Dist. Whs	V	4:29:59	+28:44	53:23	52:43	53:32	54:34	55:47	10	9	_	8	10
10	Jarek Turif	rif Severn RC		4:30:42		52:09	1:01:11	52:13	52:10	52:59	8	24	5	2	4
11	Richard Turpin	VC Walcot	V	4:35:39	+43:54	55:22	54:36	54:58	55:31	55:12	13	10		11	9
12	Gordon Markus	Severn RC	S	4:35:39		54:51	54:51	55:38	55:41	54:38		11	13	12	7
13	David Sleigh	Clevedon & District RC	V	4:38:59	+18:40	55:52	56:23	55:01	54:47	56:56	15	13	12	9	12
14	Nigel Vuagniaux	Bath CC	V	4:48:40	+12:17	55:26	55:49	57:04	1:00:12	1:00:09	14	12	14	17	17
15	Adam Wallace	Banbury Star CC	S	4:51:17		56:19	58:08	59:17	59:27	58:06	16	18	18	14	14
16	Hannah Ricketts	Bristol South CC	W	4:53:30		58:01	58:32	58:24	1:00:09	58:24	20	20	15	16	15
17	Gordon Scott	Chippenham & Dist. Whs	V	4:55:38	+5:19	56:49	57:47	58:35	1:00:02	1:02:25	18	16	16	15	20
18	Gary Martin	Westerley CC	V	4:57:14	+6:07	58:42	57:43	1:01:21	1:00:59	58:29	21	15	21	18	16
19	Ian Lindsay	Gloucester City CC	V	4:57:49	-9:27	57:44	57:49	1:00:10	1:01:27	1:00:39	19	17		20	18
20	Graham Smith	Severn RC	V	4:59:52	-5:19	56:33	58:28	1:00:27	1:01:08	1:03:16		19	20	19	21
21	Paul Winchcombe	Chippenham & Dist. Whs	V	5:07:48	-5:40	58:59	1:00:59	1:04:24	1:02:21	1:01:05	23	23		21	19
22	Nicky Xandora	Banbury Star CC	WV	5:09:47	+9:25	58:58	59:33	1:01:41	1:05:12	1:04:23	22	21	23	23	22
23	Adrian Watkins	Tornado Road CC	V	5:10:08	-16:35	1:00:26	1:00:11	1:01:33	1:03:01	1:04:57	24	22	22	22	23
	Jim Hopper	Derby Mercury RC		DNF		1:13:49					25				
	Nick Lowe	Cotswold Veldrijden		DNF		54:41	57:27	58:37			11	14	17		
	Andy Stuart	VC St Raphael		DNF-Punc											
	Emma Bexson	Stratford CC	WV	DNS											
	Ian Burke	Birmingham Running & Triathlon	V	DNS											
	Graham Morrison	Newbury RC	V	DNS											
	Brett Greenwood	Ful-on Tri	S	DNS											
	Chris Lowe	Swindon RC	V	DNS											
	Owen Burgess			DNS											
	Richard Danks	NFTO Race	S	DNS-Apol											
	Mark Sanders	Mid Devon CC	V	DNS-Apol											
	Jamie Scott Kingston Wheelers CC		S	DNS-Apol											