

NB FROM HQ IT'S ABOUT 3 MILES TO: Course **Start** (o/s 513297)
START at 7th kerb joint from northern end of lay-by south of 34th
milestone on the B1383. Proceed north through Quendon, Newport,
Littlebury, Great Chesterford, to Stump Cross roundabout (9.83m)(M).
Turn left at 1st exit onto A1301 to cross straight over next two
roundabouts, whilst passing under A11 flyover, to the Hinxton Hall
roundabout (M, careful) where straight on to the Sawston roundabout at
the junction with the A505. Turn RIGHT AROUND (M&C)(12.25m) to
retrace to pass under the A11 to Stump cross roundabout. Turn right
(M), 2nd exit, onto B1383 and retrace along course to **FINISH** at
surface water gully at centre of green just north of "Chequers" PH. (o/s
512289)

In the interest of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a hard shell safety helmet that meets an internationally accepted safety standard.

LOCAL REGULATIONS

4.8.2, No U Turns allowed within sight of start or finish. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and further disciplinary action by London East District.

We strongly advise the use of a flashing red rear lamp
Be aware of the new roundabout just north of Newport

Due to technical issues, the showers are not working,
but the usual extensive menu should be available!
If you wish to stay at the HQ the night before the event,
please contact the event secretary.

Your Number and the Signing On Sheet will be
available at the HQ. When returning your no you
MUST sign off in case drugs control require you!

Sponsored clubs: (**)
Team Vision Racing – Silverhook
Team Bottrill/ Vanguard

*Incorporating
Comet Cycling Club
Crescent Wheelers C.C.
University Cycling Club*



PROMOTED FOR AND ON BEHALF OF
CYCLING TIME TRIALS
UNDER THEIR
RULES AND REGULATIONS

The Lea Valley Cycling Club OPEN SCRATCH, TEAM AND HANDICAP COMET 25

Incorporating the Roslyn Ladies' Cup



FOUNDED 1904

Sunday 7th October 2018, 8am
COURSE E1/25b
A SPOCO SE Group 2 event

Timekeeper
Miss Frida Wezel

Event secretary:

Dave McCarthy
13 Dumont Road
London N16 0NR

Assistant Timekeeper
Ian Taylor

Tel **07973181314**

Event HQ: Lea Valley CC Race HQ, North Hall Lane, Ugley
CM22 6JD OS Map 167 G.R. 526294

Start Time	Name	Club	Handicap
08:02	2	Jemma Taylor	Lea Valley CC F S 00:27:04
08:03	3	Harry Moore	Cycling Club Hackney M V 00:17:17
08:04	4	Hans Verschueren	Cambridge University CC M S 00:24:03
08:05	5	Mark Greenhow	St Neots CC M V 00:07:31
08:06	6	Peter Tibbitts	Ford CC M V 00:10:02
08:07	7	Stewart Kirk	CC Sudbury M V 00:13:56
08:08	8	Gary Lane	Hainault RC M V 00:19:42
08:09	9	Alan Leslie Ryder	Walden Velo M V 00:32:40
08:10	10	Sam Wightman	Chelmer CC M V 00:05:50
08:11	11	Patrick Ellerbeck	St Neots CC M V 00:09:40
08:12	12	Daniel Sharp	Charlotteville Cycling Club M V 00:12:09
08:13	13	Trevor Whittock	Lea Valley CC M V 00:17:44
08:14	14	David Barrett	East London Triathletes M V 00:20:31
08:15	15	Richard Price	London Phoenix CC M V 00:07:09
08:16	16	Damien Foy	Eagle Road Club M V 00:10:40
08:17	17	Derek Trangmar	Hub Velo M V 00:13:54
08:18	18	Patrick Osborne	Becontree Wheelers CC M V 00:19:30
08:19	19	Derek Gibson	Walden Velo M V 00:29:15
08:20	20	Gray Turnock	Finsbury Park CC M V 00:05:15
08:21	21	David Churchill	Direct Power Cycling Team M V 00:09:12
08:22	22	Adam Young	Walden Velo M V 00:12:04
08:23	23	Neil Davies	Lea Valley CC M S 00:16:51
08:24	24	Vince Legg	Walden Velo M V 00:23:05
08:25	25	Matthew Saunders	Team Vision Racing - Silverhook M V 00:07:00
08:26	26	Chris Thomas	East London Velo M V 00:10:35
08:27	27	Eva Nyirenda	...a3crg F S 00:13:41
08:28	28	James Hill	East London Velo M V 00:18:40
08:29	29	Sarah Burns	East London Triathletes F V 00:28:00
08:30	30	Ryan Davies	AS Test Team M S 00:05:09

08:31	31	Carl Stephens	Basildon CC M V 00:0
08:32	32	Jerome Watts	Team Bottrill / Vanguard M V 00:1
08:33	33	John Witchell	Hainault RC M V 00:1
08:34	34	Matt Mcrandal	Stortford Tri M S 00:2
08:35	35	Andy Stuart	Velo Club St Raphael M V 00:0
08:36	36	Wolfgang Emmerich	London Phoenix CC M V 00:1
08:37	37	Robert Jones	Cardiff 100 Miles RCC M V 00:1
08:38	38	David Martin	Becontree Wheelers CC M V 00:1
08:39	39	Aidan Kerrigan	Lee Valley Youth CC M J 00:1
08:40	40	John Mulvey	Cambridge University CC M S 00:0
08:41	41	Colin Lewin	Velo Schils Interbike RT M V 00:0
08:42	42	Neal Marrin	Finsbury Park CC M V 00:1
08:43	43	Tom Bishop	Cambridge University CC M S 00:1
08:44	44	Antonio Paolino	Essex Roads CC M V 00:2
08:45	45	Steve Dennis	East Grinstead CC M V 00:0
08:46	46	Nick Boyle	Chelmer CC M V 00:1
08:47	47	Chris Hartley	Ford CC M V 00:1
08:48	48	Julius Reeves	CC London M V 00:1
08:49	49	Richard Pimlott	Finsbury Park CC M V 00:2
08:50	50	Jack Brown	Cambridge University CC M E 00:0
08:51	51	Hugo Hocknell	Team Salesengine.co.uk M V 00:0
08:52	52	Timothy Holmes	Lea Valley CC M S 00:1
08:53	53	Paul Chase	East London Triathletes M V 00:1
08:54	54	Andy Bryant	Walden Tri M V 00:2
08:55	55	Ben Stowe	Arctic Tacx RT M S 00:0
08:56	56	Sam Mcdonald	St Neots CC M S 00:1
08:57	57	Thomas Hewins	Lea Valley CC M V 00:1
08:58	58	Jennie Stemp	VC Revolution F S 00:1
08:59	59	Katie-ann Elliston	Southend Wheelers F J 00:2
09:00	60	David Veitch	Lea Valley CC M S 00:0

09:01	61	Dominic	Bray	Finsbury Park CC	M	V	00:08:30
09:02	62	Sean	Bradley	Team Trident	M	S	00:11:14
09:03	63	Gary	Boyd	Hub Velo	M	V	00:15:31
09:04	64	Jon	Mitchell	Lea Valley CC	M	V	00:20:45
09:05	65	Thomas	Dean	Eagle Road Club	M	V	00:06:21
09:06	66	Jason	Davies	R A F Cycling Association	M	V	00:10:43
09:07	67	Hugh	Williams	Redbridge CC	M	V	00:13:13
09:08	68	Rhianne	Griffiths	Pembrokeshire Velo	F	S	00:18:53
09:09	69	Robin	Johnson	Brighton Mitre CC	M	V	00:26:09
09:10	70	Kevin	Tye	VeloRefined.com Aerosmiths	M	V	00:02:00
09:11	71	Alister	Campbell	Eagle Road Club	M	V	00:08:25
09:12	72	Jeremy	Greenwood	Finsbury Park CC	M	V	00:10:58
09:13	73	Grazyna	Monaghan	ABCpure	F	S	00:15:09
09:14	74	Colin	Doe	Ford CC	M	V	00:20:40
09:15	75	Terry	Garlinge	Team Vision Racing - Silverhook	M	V	00:06:11
09:16	76	Barry	Holderness	Essex Roads CC	M	V	00:10:00
09:17	77	Gregory	Smith	Finsbury Park CC	M	V	00:13:04
09:18	78	Dominic	Ross	Finsbury Park CC	M	V	00:18:23
09:19	79	James	Bromley	Becontree Wheelers CC	M	V	00:24:35
09:20	80	Colin	Ward	Essex Roads CC	M	V	00:01:57
09:21	81	Graeme	Garner	Essex Roads CC	M	S	00:08:09
09:22	82	Damian	Monaghan	ABCpure	M	S	00:10:58
09:23	83	Simon	Neatham	Finsbury Park CC	M	V	00:13:32
09:24	84	Alfie	Salmon	Lee Valley Youth CC	M	Jv	00:20:37
09:25	85	Robert	Watson	Cambridge CC	M	V	00:06:08
09:26	86	Julia	Freeman	Easterley Road Club	F	V	00:09:52
09:27	87	Ann	Shuttleworth	VTTA (East Anglia Group)	F	V	00:12:53
09:28	88	Russell	Powell	Walden Velo	M	V	00:18:14
09:29	89	John	Loxley	Colchester Rovers CC	M	V	00:24:27
09:30	90	Stuart	Travis	Team Bottrill / Vanguard	M	S	00:01:26
09:31	91	Rob	Chaplin	East London Velo	M	V	00:07:50
09:32	92	Adam	Bishop	Lea Valley CC	M	V	00:10:58
09:33	93	James	Sale	Pro Cycle Hire UK RT	M	S	00:14:06
09:34	94	Abi	Vyner	Rapha Cycling Club	F	V	00:23:11

09:35	95	Peter	Harding	Chelmer CC	M	S	00:0
09:36	96	Trevor	Back	VC Revolution	M	V	00:0
09:37	97	Ian	Damant	Becontree Wheelers CC	M	V	00:1
09:38	98	Justin	Webb	Virtual Cycling Club	M	S	00:1
09:39	99	Andrew	Hutchinson	Walden Velo	M	V	00:2

AWARDS

Men: 1st The Fuller Trophy to be held for one yr + £ 40
2nd £ 30 3rd £ 20 4th £ 10

Women: The Roslyn Ladies Cup to be held for one year
+ 1st £ 40 2nd £ 30 3rd £ 20

Junior or Juvenile: £10

Handicap: 1st £ 30 2nd £ 20 3rd £ 10

Handicapped using the CTT standardised system.

Fastest Team of Three

The Auburn Cup to be held for one yr + £ 10 each

WARNING

The E1 is generally a safe course and you will be well marshalled
Care needs to be taken through the villages and at the roundabout
In particular, there have been incidents at the **mini-roundabout
north of Newport** (be prepared to give way) and at the **adverse
camber RAB at Hinxton** (just after the A11 on the way out).