



## EPSOM CC 25 Mile Time Trial

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

**Sunday 25th September 2016**

Epsom CC would like to thank Bob Stapley of the Epsom CC for his generous donation of £100 for the Best Improver prize. Prizes restricted to 1 per person except for Team.

Many thanks to all the marshals and time keepers especially given the circumstances of having to change the course at such short notice

**Fastest 2 up Team £30 each** James Stuart & Chris Holmes Norwood Paragon CC

**Tandem £10 each** Damian Poulter & Lawrence Wintergold Hounslow & District WHS

### Men

1st	£70	James Boyman	Farnham RC Plus invitation to Club Annual Dinner & Ebbisham Trophy
2nd	£40	Pat Wright	Paceline RT
3rd	£40	Simon McNamara	South Downs Bikes / Casco Europe

### Women

1st	£70	Melanie Wasley	SSLL Racing Team
2nd	£40	Ruth Summerford	Velopace
3rd	£20	Katie Crowe	Dulwich Paragon

### Age Category

-30	£40	Ian Bray	Addiscombe CC
30-39	£40	Conall Yates	In-Gear Quickvit Trainsharp RT
40-49	£20	Matthew Woods	Elite Cycling
50-59	£40	David Shepherd	GS Stella
60 +	£40	Paul Fairman	Abellio - SFA Racing Team

### Most Improved rider (with PB over 1:01)

1st £70 Natasha Jarman Dulwich Paragon CC plus invitation to Club Annual Dinner

2nd £30 Barrie Foster Anerley CC

### Team of 3 riders

£30 each rider. Epsom CC. Paul Burton, Paul Haywood, Paul Thompson

### Best Improvement for riders with personal best over 1:01

			PB	Actual Time	Adjusted Time	Improvement
Natasha	Jarman	Dulwich Paragon CC	01:13:21	01:02:28	01:08:43	00:04:38
barrie	foster	Anerley BC	01:11:34	01:01:54	01:08:05	00:03:29
Paul	Wellman	Epsom CC	01:26:51	01:16:12	01:23:49	00:03:02
Steve	Grout	Epsom CC	01:06:06	00:58:14	01:04:03	00:02:03
Stephen	Allport	Bec CC	01:08:08	01:00:48	01:06:53	00:01:15
Kathryn	Morris	Dulwich Paragon CC	01:04:38	00:57:54	01:03:41	00:00:57
Suzanne	Shaw	Kingston Phoenix RC	01:08:39	01:01:35	01:07:45	00:00:54
Julie	Chasin	Twickenham CC	01:02:32	00:56:13	01:01:50	00:00:42
Sally	McSorley	Sussex Nomads CC	01:08:37	01:01:56	01:08:08	00:00:29
Russell	Hicks	Oxted Cycle Club	01:02:27	00:56:21	01:01:59	00:00:28
Charles	Dennison	Southborough & Dist. Whs	01:01:20	00:55:27	01:01:00	00:00:20
colin	toppin	Brighton Excelsior CC	01:01:45	00:56:05	01:01:41	00:00:03

### 2 Up Time Trial Results (Shortened Course of 22.5 miles)

<b>1</b>	james	stuart	Norwood Paragon	
	Chris	Holmes	Norwood Paragon	00:46:35
<b>2</b>	paul	byford	Crawley Wheelers	
	Paul	Jones	Primera-Teamjobs	00:47:05
<b>3</b>	Rich	Heath	Oxted CC	
	Christopher	Filewood	Oxted CC	00:47:56
<b>4</b>	Sean	Yates	In-Gear Quickvit Trainsharp RT	
	Christian	Yates	East Grinstead CC	00:48:07
<b>5</b>	Martin	Foord	Abellio SFA Racing Team	
	Richard	Jones	Abellio SFA Racing Team	00:50:05
<b>6</b>	Dan	Helyer	Eastbourne Rovers CC	
	Elliot	Helyer	Eastbourne Rovers CC	00:50:12
<b>7</b>	Katerina	Avramides	Brighton Mitre CC	
	Sarah	Phelps	Brighton Mitre CC	00:54:35
<b>8</b>	Robert	Royston	Sydenham WHS	
	David	Twin	Sydenham WHS	01:01:23
<b>9</b>	Bruce	English	Eastbourne Rovers CC	
	Peter	Moon	Eastbourne Rovers CC	DNS A
<b>10</b>	Paul	Barnard	South Down Bikes	
	Stuart	Bettis	South Down Bikes	DNS A

### Tandem (Shortened Course of 22.5 miles)

Damian	Poulter	Hounslow & District WHS	
Lawrence	Wintergold	Hounslow & District WHS	00:47:10

### Solo Time Trial Results (Shortened Course of 22.5 miles)

<b>Position</b>	<b>First Name</b>	<b>Last Name</b>	<b>Club</b>	<b>Bib</b>	<b>Gender</b>	<b>Age</b>	<b>Time</b>
1	James	Boyman	Farnham RC	120	Male	28	00:44:11
2	Pat	Wright	Paceline RT	85	Male	31	00:45:40
3	Simon	McNamara	South Downs Bikes / Casco Europe	100	Male	41	00:47:02
4	conall	yates	In-Gear Quickvit Trainsharp RT	60	Male	35	00:47:09
5	Matthew	Woods	Eastbourne Rovers CC	80	Male	45	00:48:36
6	Paul	Burton	Epsom CC	25	Male	35	00:48:40
7	Mark	Newton	Elite Cycling	90	Male	49	00:48:49
8	Ian	Bray	Addiscombe CC	108	Male	29	00:48:51
9	David	Rumm	Southborough & Dist. Whs	81	Male	49	00:49:44
10	Paul	Haywood	Epsom CC	64	Male	41	00:49:53
11	David	Shepherd	GS Stella	40	Male	55	00:50:29
63	Richard	Tully	Elite Cycling	50	Male	39	00:50:50
12	David	Clark	Eastbourne Rovers CC	63	Male	47	00:50:50
13	Adrian	Blacker	Norwood Paragon CC	86	Male	52	00:50:55
14	Paul	Thompson	Epsom CC	112	Male	51	00:50:56
15	Lee	Russell	VC Elan - Harry Perry Cycles	35	Male	41	00:51:10
16	Mark	Brambleby	Northover VT / Rudy Project	55	Male	50	00:51:27
17	Danny	York	Crawley Wheelers	91	Male	36	00:51:51
18	Michael	Davey	Eastbourne Rovers CC	65	Male	39	00:52:12
19	Mel	Wasley	SSLL Racing Team	1	Female	36	00:52:36
20	Desmond	Gayler	Kenton RC	79	Male	50	00:52:38
21	Mark	Jones	GS Stella	92	Male	56	00:52:44
22	Jonathan	Thomas	Epsom CC	102	Male	55	00:52:46
23	Jon	Fry	Horsham Cycling	117	Male	45	00:52:58
24	John	Powell	Team ASL360	118	Male	38	00:53:06
25	John	Marinko	Brighton Mitre CC	46	Male	51	00:53:14
26	Ruth	Summerford	Velopace	75	Female	25	00:53:17
27	Alexander	Kew	Kingston Phoenix RC	101	Male	45	00:53:18
28	Paul	Batten	Crawley Wheelers	84	Male	33	00:53:24
29	Roland	Kitson	Horsham Cycling	88	Male	57	00:53:25
30	PAUL	FAIRMAN	Abellio - SFA Racing Team	39	Male	61	00:53:35
31	Carl	Bond	Kenton RC	114	Male	45	00:53:44
32	Andrew	Thomas	Dulwich Paragon CC	62	Male	36	00:53:50
33	Danny	Frost	Folkestone Velo Club	98	Male	52	00:54:12
34	Rob	Luff	GS Stella	89	Male	59	00:54:17
35	Ian	Leeding	Norwood Paragon CC	24	Male	48	00:54:45
36	Katie	Crowe	Dulwich Paragon CC	70	Female	40	00:55:12
37	Charles	Dennison	Southborough & Dist. Whs	58	Male	44	00:55:27
38	Peter	Doherty	South Western Road Club	103	Male	49	00:56:03
39	colin	toppin	Brighton Excelsior CC	53	Male	43	00:56:05
40	Andrew	Gibson	Gravesend CC	97	Male	48	00:56:06
41	Julie	Chasin	Twickenham CC	69	Female	42	00:56:13
42	Russell	Hicks	Oxted Cycle Club	99	Male	62	00:56:21
43	shay	giles	VC Elan - Harry Perry Cycles	106	Male	71	00:56:22
44	Peter	Rowe	Southborough & Dist. Whs	34	Male	52	00:56:36
45	Ben	Fielden	GS Stella	66	Male	74	00:57:08
46	Kathryn	Morris	Dulwich Paragon CC	73	Female	37	00:57:54
47	DONALD	PARKER	Brighton Mitre CC	83	Male	67	00:57:55
48	Steve	Grout	Epsom CC	37	Male	54	00:58:14

49	Nick	Gritton	Sydenham Whs	109	Male	51	00:58:31
50	Sam	Bennett	7 Oaks Triathlon Club	94	Male	43	00:59:33
51	Stephen	Allport	Bec CC	32	Male	41	01:00:48
52	Stuart	Thomas	Epsom CC	104	Male	39	01:01:10
53	David	Haggart	De Laune CC	52	Male	55	01:01:24
54	Suzanne	Shaw	Kingston Phoenix RC	76	Female	50	01:01:35
55	John	Tindall	Epsom CC	36	Male	55	01:01:52
56	barrie	foster	Anerley BC	31	Male	67	01:01:54
57	Sally	McSorley	Sussex Nomads CC	72	Female	41	01:01:56
58	Peter	Horsfield	Redmon CC	33	Male	66	01:02:06
59	Natasha	Jarman	Dulwich Paragon CC	71	Female	35	01:02:28
60	peter	Noble	Epsom CC	27	Male	49	01:02:35
61	Caroline	Beirne	Epsom CC	41	Female	42	01:07:37
62	Paul	Wellman	Epsom CC	26	Male	33	01:16:12
	Jason	Smith	Oxted Cycle Club	28	Male	42	dns a
	Paul	Valks	Lewes Wanderers CC	29	Male	72	dns a
	Chris	Lord	Brighton Excelsior CC	30	Male	64	dns
	Jonathan	Hemming	Ocean Lake Triathlon	38	Male	47	dns
	Catherine	Humm	Oxted Cycle Club	42	Female	39	dns a
	Henry	Stewart	Clapham Chasers	43	Male	27	dns a
	Thomas	Seller	Oxted Cycle Club	44	Male	27	dns
	antony	bee	Wigmore CC	45	Male	52	dns
	Christopher	Rosam	Epsom CC	47	Male	56	dnf
	David	Le Petit	Dorking Cycling Club	48	Male	42	dns
	Nigel	Perry	San Fairy Ann CC	49	Male	52	dns
	Richard	Woodward	East Grinstead CC	51	Male	54	dns
	mark	vowells	CC Bexley	54	Male	63	dns a
	James	Horan	South Downs Bikes / Casco Europe	56	Male	47	dns
	Wayne	Brown	Oxted Cycle Club	57	Male	37	dan a
	GRAHAM	COX	Oxted Cycle Club	59	Male	50	dnf
	Mark	Thomas	Bigfoot CC	61	Male	53	dnf
	Andrew	Lindsay	Pure Motion Cycling Club	67	Male	27	dns a
	Hugh	Pelling	Old Portlians CC	68	Male	52	dns
	Cassie	Baldi	Bigfoot CC	74	Female	28	dns
	mark	Hancock	Anerley BC	77	Male	54	dns
	Jim	Cotton	Epsom CC	78	Male	31	dns a
	Ade	Fadero	Sussex Nomads CC	82	Male	54	dns
	Andrew R	Green	Bec CC	87	Male	41	dns
	Dale	Baldwin	Horsham Cycling	93	Male	39	dns a
	Lee	Turner	Sigma Sport.co.uk	95	Male	47	dns a
	Mike	O'Gorman	Worthing Excelsior CC	96	Male	64	dns a
	Matthew	Charlton	Farnborough & Camberley CC	105	Male	34	dns
	Glenn	Karpeta	7 Oaks Triathlon Club	107	Male	53	dns
	Alex	Napier	Blazing Saddles	110	Male	42	dns
	Michael	Valks	Lewes Wanderers CC	111	Male	45	dns a
	Colin	Newton	PMR @ Toachim House	113	Male	30	dns
	Richard	Gifford	In-Gear Quickvit Trainsharp RT	115	Male	53	dnf
	Dave	Warne	Bigfoot CC	116	Male	60	dns
	Tony	Truepenny-	Westerley Cycling Club	119	Male	27	dns a