

WARRINGTON ROAD CLUB

Event Secretary:
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25 MILE 2 UP TEAM TIME TRIAL



FOUNDED 1923



Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations on Saturday 29 September 2015 at 2.00 pm

COURSE - J2/9

TIMEKEEPERS: Tony Millington and Christine White

HEADQUARTERS: Cranage Village Hall, 7 miles south of Knutsford and 1 mile north of Holmes Chapel on the A50. Postcode: CW4 8EQ. Open from 12.30 pm.

COURSE DETAILS

START at "JS2" mark in Bomish Lane (Jodrell Bank to Goostrey). At telegraph pole No 2 approx 300 yds west of the A535. Proceed east to and forward on A535 to:-

CHELFORD ISLAND 2.169 ml

Second exit left on the A537 to Seven Sisters Lane at:-

OLLERTON 5.219 ml

Left along the lane to the A50, left to Twemlow Lane at:-

CRANAGE 11.408 ml

Left along the lane to join the A535 to Twemlow Green, left to:-

CHELFORD ISLAND 18.064 ml

Second exit left on the A537 to Seven Sisters Lane, left along the lane to join the A50, left to:-

FINISH 25.000 ml

Opposite the northern gate post of a field gate almost opposite the entrance to Mount Pleasant nursing home, approx 500 yds past crossroads after Drover Arms Public House.

Directions to start: The Start is approx 4.4 miles away so allow sufficient time. From the HQ turn left along the A50. After 0.5 miles turn right into Goostrey Lane and continue through the village to turn left into Blackden Lane at St Lukes Church. Follow lane for approximately 1.5 miles, ignoring left and right forks, to a WRC flag at the start. **INTERNET DIRECTIONS from HQ to the Start.** <https://connect.garmin.com/modern/course/15489446>

General notices

1. After finishing, continue along A50 for approximately 2 miles to the HQ on the right.
2. Riders must not stop at the finish but should continue to the event HQ where times will be displayed.
3. NO PARKING AT THE START OR FINISH

RACE NUMBERS: Available at HQ. Sign the Sign On sheet when you collect your number. *All competitors are required personally to sign the signing out sheet when returning their number. Failure to do so will result in the competitor being recorded as DNF.*

BE WARNED! Dangerous riding causes accidents and most certainly endangers the future of our sport. Please ride with your head up at all times. 'U' turns in the vicinity of the start and finish will lead to disqualification.

CLOTHING: Under CTT regulation 32(d) all riders in a team (composite team or club team) are required to wear clothing of a similar colour and design.

OBSERVERS ARE BEING USED DURING THIS EVENT

PRIZE LIST

	1st	2nd	3rd
Fastest club team	£50	£40	£30
Fastest team on standard	£50	£40	£30
Fastest team mixed gender	£50		

ONE RIDER ONE PRIZE

Important Notices

- 1. IN THE INTEREST OF YOUR OWN SAFETY**, Cycling Time Trials and the event promoters, strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. In accordance with regulation 15 All JUNIOR competitors must wear Protective Hard Shell Helmets.
- It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.
- 3. CHELFORD ISLAND**
Riders must negotiate Chelford Island in a safe and sensible manor in accordance with CTT reg. 20 and the rules of the road. Riders must be able to brake and stop at the island if traffic conditions require this. Riders MUST NOT approach and encircle the island using tri-bars. Remember, traffic on the island has priority over traffic (including riders) entering it. Any rider seen to be in breach of this regulation will be disqualified from the event and maybe reported for further disciplinary action.
- Under CTT regulation 32(d) all riders in a team (composite team or club team) are required to wear clothing of a similar colour and design.
- 5. Care at Road Junctions**
Riders must exercise caution at all junctions. **Any competitor whose riding causes him/her to cross the white lines when approaching or leaving a junction will be liable to disqualification from the event and may be reported to the District Committee for further disciplinary action.**
A competitor who swings out to the right before executing a left turn should ensure that the road behind is clear of traffic before doing so. The practice is not encouraged by the District Committee and competitors who ride in this manner are warned that in many circumstances this manoeuvre will be regarded as a contravention of regulation 19(a)(b)(d).
- 6. Riders must take extra care when existing from Seven Sisters Lane onto the A50.**
- Be aware that there is a double bend shortly after turning into Twemlow Lane at Cranage. Riders need to anticipate this and be prepared to negotiate it in a safe manner. In wet weather the metal covers and edges become a skid risk. Please take care.
8. Parking
Vehicles must not be parked, however briefly, in any part of the access area to the Mount Pleasant Nursing Home, opposite the finish.

