

Promoted for and on behalf of Cycling Time Trials under their rules & regulations.

## TWO STAGE HILL CLIMB

23/09/2018



### RIDER NOTES

Event Secretary:  
Nick Badcock,  
353 Rectory Road,  
Gateshead.  
NE8 4SR.  
07800 806817

Timekeepers:  
Peter Schultz Frances Schultz

Assistant Timekeeper:  
Sharon Dyson

  
*Allen Valley*  
**VELO**

## EVENT HQ (Next to the Elks Head Pub):

Whitfield Parish Hall,  
Whitfield,  
Hexham,  
Northumberland.  
NE47 8HD.



There is ample parking available by the HQ: in the gravel car park over the road from the pub, adjacent to the HQ and directly to the left of the pub in the Whitfield Estate Office car park. Please park considerately, particularly as the pub will be open for Sunday lunch. The HQ will be open from 9:00am for signing on / registration. Drinks and snacks will be provided throughout the morning, with a buffet provided following the event. Please ensure that numbers are returned after the event and remember to sign off; otherwise your times won't be recorded in the official results.

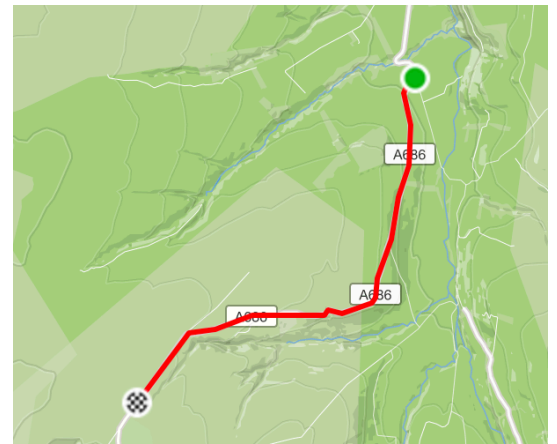
## COURSES:

### **Stage 1 (MH16) - from 10:00.**

The start of this stage is 1.2 miles from the HQ so please leave enough time to get there.

Starting at the minor road leading to Parmontley Hall just off the A686. Head southwest on the A686 heading towards Alston. The finish line is just beyond the crest of the hill, past the 'Welcome to Cumbria' sign. The climb is 4 miles long at an average gradient of about 4%.

<https://www.strava.com/routes/3245557>

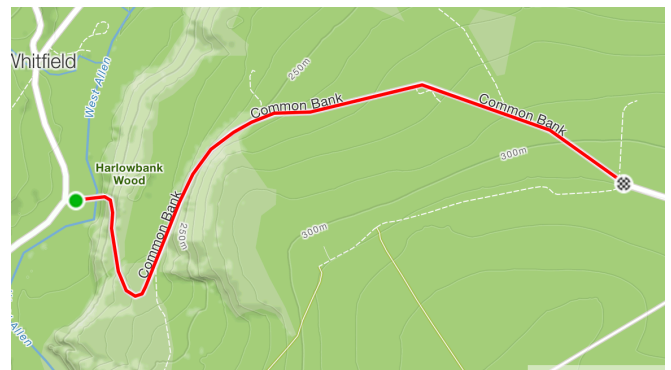


### **Stage 2 (MH15) - from 12:00.**

The start of stage 2 immediately adjacent to the HQ.

Starting right next to the Elks Head Pub, heading east towards Keenly. The finish line is just past the access track to Hunter Oak. The climb is 1.1 miles at an average gradient of 7%, but touching 20% in the first sections.

<https://www.strava.com/routes/3245534>



## SAFETY NOTES:

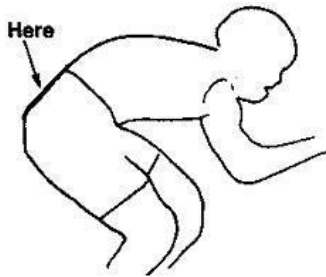
All riders are responsible for their own safety.

- Due to hard winter the general conditions of road surfaces can be poor. Broken surfaces and/or potholes are likely on the course to some degree. It is the responsibility of the rider to be aware of their line and be aware of road conditions ahead.
- You must look ahead and not ride with your head down.
- It is your responsibility to ensure that your machine is roadworthy and that you ride safely at all times.
- In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a HARD-SHELL HELMET that meets an internationally accepted safety standard. **All competitors under the age of 18 years MUST wear a hard-shell helmet.**
- It is strongly recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

## **RIDERS:**

- No U-turns to be made in the vicinity of the timekeeper.
- You will not receive a push from the start team in accordance with hill climb race regulations – as the count gets to 3/2/1 GO you will be released without assistance.
- Please refrain from warming up on the course once the time trial has commenced.
- No dismounting in the finishing area.
- You must not take pace or shelter from any other vehicle or competitor (no drafting) – failure to comply may lead to disciplinary action being taken.

To assist the Timekeepers at the finish line can you please ensure that your number is correctly placed and visible from the rear in line with CTT regulations noted below:



**If it's too high and we can't see it, this may result in disqualification.**

Please shout out your number as you pass the Finish Timekeeper.

## **PRIZES:**

The prize ceremony will be held back at the HQ once all the results have been verified. Riders are only eligible for one prize with the exception of the team prize. Where a rider qualifies for two prizes, the highest value prize will be awarded. Prizes shall be awarded for overall combined stage times.

1<sup>st</sup> Prize - £30

2<sup>nd</sup> Prize - £20

3<sup>rd</sup> Prize - £10

1<sup>st</sup> Female - £30

2<sup>nd</sup> Female - £20

3<sup>rd</sup> Female - £10

1<sup>st</sup> FV40 - £10

1<sup>st</sup> FV50 - £10

1<sup>st</sup> MV40 - £10

1<sup>st</sup> MV50 - £10

1<sup>st</sup> MV60 - £10

Team Prize (Fastest 3 Riders - 13 teams have qualified)

1<sup>st</sup> Prize - TBC

2<sup>nd</sup> Prize - TBC

3<sup>rd</sup> Prize - TBC

Bib	Start Time	Firstname	Lastname	Club
2	10:02:00	Craig	Bell	Allen Valley Velo
3	10:03:00	Joshua	Hodgson	Newcastle Cheviot CC
4	10:04:00	Mark	Elliott	Allen Valley Velo
5	10:05:00	Guillaume	Zoppi	Coalfields Tri
6	10:06:00	Richard	Hirst	Allen Valley Velo
7	10:07:00	Jeff	Haywood	Tyne & Wear Fire & Rescue Service CC
8	10:08:00	Michael	Woodhouse	Allen Valley Velo
9	10:09:00	Simon	Douglas	Muckle Cycle Club
10	10:10:00	Christopher	Beaty	Allen Valley Velo

11	10:11:00	Philip	Parsley	Muckle Cycle Club
12	10:12:00	Noel	Stoddart	Blaydon CC
13	10:13:00	Nick	Badcock	Allen Valley Velo
14	10:14:00	Sheena	Harrison	Allen Valley Velo
15	10:15:00	Angela	McGurk	Blaydon CC
16	10:16:00	Claire	Jackson	Allen Valley Velo
17	10:17:00	Sarah	Wilkinson	Cestria C.C.
18	10:18:00	Gemma	Hutchins	Blaydon CC
19	10:19:00	Rebecca	Wren	Racing Metro 15
20	10:20:00	Rachel	Galler	Blaydon CC
21	10:21:00	Susan	Paterson	Honister 92
22	10:22:00	Joanne	Rea	Blaydon CC
23	10:23:00	Hannah	Farran	Boompods EDCO NRG
24	10:24:00	Mark	Herbert	Derwentside CC
25	10:25:00	Andrew	Hall	GS Metro
26	10:26:00	Adam	Hope	Muckle Cycle Club
27	10:27:00	Mick	Chappel	North Tyneside Riders CC
28	10:28:00	Howie	Buckingham	Allen Valley Velo
29	10:29:00	Tom	Guy	Sunderland Clarion
30	10:30:00	Richard	Shield	Velo Club Cumbria
31	10:31:00	Philip	Kennell	Allen Valley Velo
32	10:32:00	Scott	Robertson	Tyne & Wear Fire & Rescue Service CC
33	10:33:00	Neil	Wilkinson	Cestria C.C.
34	10:34:00	Graeme	Kirton	South Shields Velo Cycling Club
35	10:35:00	Paul	Wright	Blaydon CC
36	10:36:00	Brendan	McMillan	Tyne & Wear Fire & Rescue Service CC
37	10:37:00	Tim	Burdon	Allen Valley Velo
38	10:38:00	Dan	Kendall	Rock to Roll CC
39	10:39:00	Patrick	Pennefather	Border City Whs CC
40	10:40:00	Clive	Allan	Allen Valley Velo
41	10:41:00	David	Goodwin	Newcastle Cheviot CC
42	10:42:00	Craig	Berry	GS Metro
43	10:43:00	Paul	Pickett	Allen Valley Velo
44	10:44:00	Martyn	McWhirter	Edinburgh Road Club
45	10:45:00	Joe	Stringer	Muckle Cycle Club
46	10:46:00	Michael	Todd	Derwentside CC
47	10:47:00	Simon	Walker	Muckle Cycle Club
48	10:48:00	Sam	Leng	Manilla Cycling
49	10:49:00	Neil	Scott	Muckle Cycle Club
50	10:50:00	Duncan	Edwards	Beacon Wheelers
51	10:51:00	Craig	Hodgson	Muckle Cycle Club
52	10:52:00	Julian	Macbride	Blaydon CC
53	10:53:00	Paul	Hague	Gosforth RC
54	10:54:00	Ben	Walker	Muckle Cycle Club
55	10:55:00	Lee	Ager	Blaydon CC
56	10:56:00	Julian	Cook	Velo Club Cumbria
57	10:57:00	Michael	Harcourt	Adept Cycling
58	10:58:00	Dan	Pons	Blaydon CC
59	10:59:00	Matty	Smith	Muckle Cycle Club
60	11:00:00	Ross	Walton	GS Metro
61	11:01:00	Lee	Cuthbertson	Muckle Cycle Club
62	11:02:00	Eoin	Gormley	Blaydon CC
63	11:03:00	Charles	Bayley	Gosforth RC
64	11:04:00	Zak	Walker	Honister 92
65	11:05:00	Jonathan	Bayley	Reifen Racing
66	11:06:00	Niall	Paterson	Velo Club Cumbria
67	11:07:00	Jamie	Johnson	Barnesbury CC
68	11:08:00	David	Huck	Barrow Central Wheelers
69	11:09:00	Marcus	Cram	Blaydon CC
70	11:10:00	Zeb	Kyffin	Ribble Pro Cycling