

COURSE F10/25

START (GR357168) (**M**) at North edge of first full height kerbstone at South edge of entrance to field gateway on East side of A1170 (old A10) just South of 'Sow and Pigs' public house and turning for Cold Christmas. Proceed South on A1170 and at first RAB take 1st exit (**M**) to join slip road on to A10 Northbound.

Continue to Puckeridge South RAB (junction with A120) where:-

TURN (4.5 miles) by taking 4th exit (**M**) and retrace on A10 (Southbound). Continue past exits for Ware (A1170), Ware (A602), Hertford (A414), Harlow (A414) and Hoddesdon (A1170) to leave A10 at slip road to Turnford elevated RAB and:-

TURN (16.8 miles) by taking 3rd exit (**M**) to rejoin A10 (Northbound). Retrace past exits for Hoddesdon (A1170), Harlow (A414), Hertford (A414) and Ware (A602) to leave A10 (24.8 miles) at slip road to Ware & Thundridge. (**M**) Take first exit at RAB to:-

FINISH (GR355162) on Southbound A1170 directly opposite lamp post 476 (**M**) = Marshals

NOTE - particular care is needed passing left turn from A120 and all other entry slip roads to A10.

Local (London North) CTT Regulations

Local Regulation No. 1 - No U turns should be made in sight of the start or finish areas while riding on the public highway.

Local Regulation No. 2 - Competitors, their helpers and event officials must use the toilet facilities provided at event headquarters as required. Fields and hedgerows must NOT be used for toilet purposes. Failure to observe this regulation may result in disciplinary action against those concerned.

Local Regulation No. 3 - No cars other than that of the timekeeper(s) and other event officials are to be parked in the vicinity of the start or finish points.

Parking near HQ: note this is limited to on-street parking only. Since the field for this event is very small, there should be sufficient space along the "old A10". Please avoid parking in nearby residential streets and do not block accesses to church or business premises. NB spaces outside the event HQ are reserved for event officials.

NB Norlond Combine BAR this year is aggregate of fastest NC 25, NC 50 and another nominated 50, ie. contenders will need to submit a result sheet from the Finsbury Park C.C. '50' - this year.



For and on behalf of Cycling Time Trials
under their Rules and Regulations

NORLOND T. T. COMBINE **25 mile TIME TRIAL**

Sunday 16th September 2018
Course F10/25

START SHEET

Timekeeper: Mr Vince Freeley Finsbury Park CC

Marshals and other officials from:

Cambridge CC, Century RC, Herts. Wheelers, Finsbury Park CC

Event organiser: John Pearson 4, Willowside, London Colney, Herts. AL2 1DP
Home Tel. No. 01727 824454 and 07971 897687 on the event morning only

Event headquarters: Thundridge Village Hall, near Ware, Herts. **SG12 0SU**

Numbers: collect *and return* numbers at the event HQ

Refreshments and toilets available at HQ **Open 7.15 – 10.30 am**

Signing on/off sheets, with risk assessments and numbers will be at HQ.

Please return your number for a hot drink after your ride.

Parking: *see back page*

AWARDS

Medals will be awarded as follows: 1st, 2nd, 3rd Fastest Overall

1st, 2nd 3rd best improvement (l.t.s)

Fastest Veteran and Fastest Veteran on Standard

Fastest Team

*(fastest three 1st claim riders from any one club/team - medal to each rider;
NB joint fastest / veteran awards to one rider will be on one medal)*

And for Norlond T.T. Combine riders only ('NC' on start sheet)

Grace Harper Memorial trophy – fastest rider in this last '25'

Edgar Mascall Memorial Trophy ~ Veteran rider with highest aggregate of points
(10 to 1 for first 10 Vets. on standard in each Norlond event over the season)

Medals presented at Norlond AGM in November or posted soon thereafter