



# East Sussex Cycling Association

2018 President Robin Johnson – Brighton Mitre CC



## ESCA 10m Time Trial – Saturday 15th Sept 2018 – G10/87

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

# Start Sheet

### Event Secretary

**Peter Moon** (Eastbourne Rovers CC)

73 Wannock Lane, Eastbourne, East Sussex BN20 9SG

**Tel:** 01323 485180 **Mob:** 07949 112107 **Email:** little.brook@btinternet.com

### Timekeepers

**Graham Lade** (Eastbourne Rovers CC) & **Jane Lade** (Eastbourne Rovers CC)

## General Information

### Event HQ

East Hoathly Sports Pavilion, London Road East Hoathly, East Sussex BN8 6QE – Open from 6am. Heading north on the A22, turn right at The Shaw Roundabout into London Road. The HQ is on the right, just before the village.

### Car Parking

There is limited parking in the Sports Pavilion car park, when full please park sensibly on London Road – pavilion side only.

### Race Numbers

Race Numbers will be available at the event HQ. Please collect your number when you sign on. **If pinning your number please only use the eyelets, and please do not use additional pins as it tears the numbers.**

### Additional Hazards

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

### Start

The start is less than a mile from the Sports Pavilion. Proceed out of the car park and turn right, and continue to South Street.

### Signing Out

Please note that all competitors are now required personally to sign the signing out sheet when returning their number. In accordance with CTT regulations, failure to do so will result in the competitor being recorded as DNF.

### Prizes

Cash prizes will be awarded at the HQ immediately following the event.

## Prize List

### Fastest Overall

First	£25.00
Second	£20.00
Third	£15.00
Fourth	£10.00

### Fastest Lady

First	£25.00
Second	£20.00

### Fastest Juvenile

First	£15.00
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### Fastest Age Category

not winning another individual prize

Under 40	£10.00
40 – 44	£10.00
45 – 49	£10.00
50 – 54	£10.00
55 – 59	£10.00
60 and over	£10.00

### Fastest Team of 3

First	£15.00 each
Second	£10.00 each

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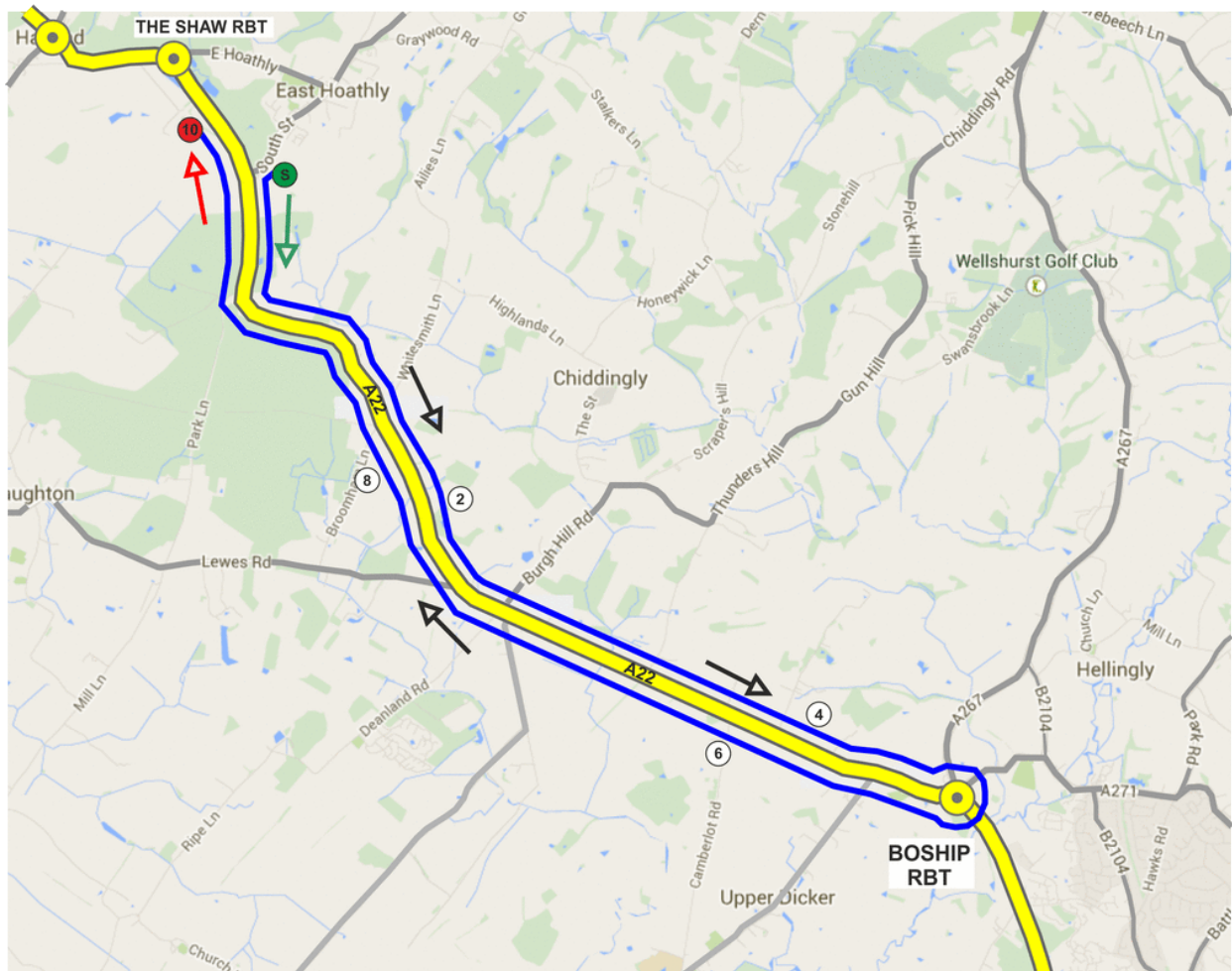
# Course Details

### G10/87 – East Hoathly – Whitesmith – Golden Cross - Boship – A22

Many thanks to Mike O’Gorman (Worthing Excelsior CC) who has mapped all the London South courses.

These course details can be viewed or downloaded from the Sussex CA website [www.sussexca.org.uk/g1087.html](http://www.sussexca.org.uk/g1087.html)

OS Ref	Course G10/87	Distance
TQ517156	<b>START</b> in South Street, East Hoathly, at red arrow at drain 28 yards before T junction with East Hoathly by-pass	00.00m
TQ572112	<b>LEFT</b> and follow A22 through Whitesmith and Golden Cross to Boship RBT where TURN (Check)	04.90m
TQ513162	<b>4th exit</b> and retrace on A22 through Golden Cross and Whitesmith to <b>FINISH</b> at red arrow at second drain past field gate on East Hoathly by-pass just before first footpath crossing and 334 yards past right turn (South Street) for East Hoathly.	10.00m



## Additional Safety Instructions

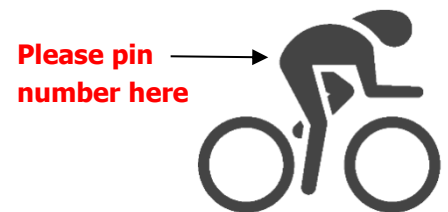
- Competitors must exercise extra care when turning LEFT just after Start and at the Boship roundabout
- No 'U' turns after finishing or riders will be disqualified** – after finishing, competitors MUST continue to The Shaw roundabout and take second exit (RIGHT) to return to Event HQ at East Hoathly Sports Pavilion.

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### Please pay attention to the following CTT regulations/recommendations

- **Helmets** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- **Parental Consent Forms** All riders under 18 download a parental consent when they enter online. The form must be completed and brought with you on the day. Please hand it in before signing on.
- **Lights** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
- **Warming up** Competitors are requested not to warm up on the course after the first rider has started.
- **Competitors' Vehicles** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- **Official Observers** Official observers will be stationed around the course.
- **Results** No times will be given out at the finish.
- **Race Numbers** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers. No time may be recorded if number is not correctly positioned.
- **Signing Out** Please note competitors must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must return their race number and sign the official signing out sheet. A rider who fails to so sign the official signing out sheet shall be recorded as DNF.



### This is a qualifying event for

**ESCA Points Competition** 30 points for 1st place down to 1 point for 30th place for riders from an ESCA affiliated club. The individual points earned by each rider are totalled and awarded to their respective club.

**ESCA Trophies** Counts towards the fastest junior, fastest lady and the fastest team of three from an ESCA affiliated club over 10 miles – the best performance at either this, **or the April 10**, will be eligible for these awards at the annual prize presentation.

**ESCA BAR** Qualifying event for the ESCA lady, lady veteran and junior Best All Rounder competitions.

### Keep up to date with what's going on with time trialling in Sussex ...

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding ESCA or SCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of! Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs. Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and Facebook groups

<b>East Sussex CA</b>	Website	<a href="http://www.eastsussexca.org.uk/">www.eastsussexca.org.uk/</a>
	Facebook Group	<a href="https://www.facebook.com/groups/EastSussexCA/">www.facebook.com/groups/EastSussexCA/</a>

<b>Sussex CA</b>	Website	<a href="http://www.sussexca.org.uk/">www.sussexca.org.uk/</a>
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# Order of Start

Race No.	Start Time	Rider	Club	Cat	Age
1	07:01	Chris Parker	Hastings & St. Leonards CC	V	62
2	07:02	Stuart Payne	Central Sussex CC	V	56
3	07:03	Carl Richardson	trainSharp	V	54
4	07:04	Ron Castelijm	Hastings & St. Leonards CC	V	47
<b>5</b>	<b>07:05</b>	<b>David Beale</b>	<b>Lewes Wanderers CC</b>	<b>V</b>	<b>72</b>
6	07:06	Tjeerd Mijzen	Hastings & St. Leonards CC	V	51
7	07:07	John Bush	Maidenhead & District CC	V	58
8	07:08	Nathan Russell	trainSharp	S	30
9	07:09	Peter Owen	Norwood Paragon CC	V	57
<b>10</b>	<b>07:10</b>	<b>Luke De Quay</b>	<b>East Grinstead CC</b>	<b>S</b>	<b>33</b>
11	07:11	John Ferguson	Brighton Mitre CC	V	50
12	07:12	Darren Bird	Sussex Nomads CC	S	38
13	07:13	Geoff Smith	Eastbourne Rovers CC	V	68
14	07:14	Russell Thorne-Jones	Crawley Wheelers	V	45
<b>15</b>	<b>07:15</b>	<b>Richard Burchett</b>	<b>Lewes Wanderers CC</b>	<b>V</b>	<b>47</b>
16	07:16	Will Reeder	trainSharp	S	29
17	07:17	James Cheeseman	Crawley Wheelers	S	32
18	07:18	Connor Murphy	trainSharp	S	23
19	07:19	Daniel Ellis	Eastbourne Rovers CC	S	37
<b>20</b>	<b>07:20</b>	<b>Sue Collett</b>	<b>Lewes Wanderers CC</b>	<b>WV</b>	<b>40</b>
21	07:21	Erica Martin	Eastbourne Rovers CC	WS	36
22	07:22	Sally Turner	GS Stella	WS	38
23	07:23	Olivia Webb	Eastbourne Rovers CC	WV	49
24	07:24	Lisa Davis	Lewes Wanderers CC	WV	43
<b>25</b>	<b>07:25</b>	<b>Theo Tadros</b>	<b>trainSharp</b>	<b>Jn</b>	<b>16</b>
26	07:26	Fabien Large	NOPINZ	Jn	16
27	07:27	Sam Dix	In-Gear Quickvit Italy Bike Tours RT	V	47
28	07:28	Aidan Mcconville	Lewes Wanderers CC	S	39
29	07:29	Andrew Quye	Southborough & Dist. Whs	V	56
<b>30</b>	<b>07:30</b>	<b>Carl Bond</b>	<b>Kenton RC</b>	<b>V</b>	<b>47</b>
31	07:31	Peter Baker	Lewes Wanderers CC	V	60
32	07:32	Mark Edwards	Eastbourne Rovers CC	V	44
33	07:33	Colin Harrison	East Grinstead CC	V	53
34	07:34	Peter Hooper	Eastbourne Rovers CC	S	33
<b>35</b>	<b>07:35</b>	<b>William Murtagh</b>	<b>Ashford Road CC</b>	<b>E</b>	<b>20</b>
36	07:36	David Clark	Eastbourne Rovers CC	V	49
37	07:37	Brett Davis	Lewes Wanderers CC	V	45
38	07:38	David Clements	Eastbourne Rovers CC	V	46
39	07:39	Nick Dwyer	Lewes Wanderers CC	V	55
<b>40</b>	<b>07:40</b>	<b>Howard Shaw</b>	<b>Eastbourne Rovers CC</b>	<b>S</b>	<b>33</b>
41	07:41	Christopher Mcnamara	Nuun-Sigma Sport-London RT	V	43
42	07:42	James Rix	Team Bottrill / Vanguard	V	42
43	07:43	Joscelin Lowden	Storey Racing	WS	30

## Refreshments

Refreshments are available in the hall after the event

**Riders** – £1 for tea/coffee and cake

**Marshals and Helpers** – free

Visit our website [www.eastsussexca.org.uk](http://www.eastsussexca.org.uk)

Find us on Facebook [www.facebook.com/groups/EastSussexCA](https://www.facebook.com/groups/EastSussexCA)