

Headquarters, numbers & signing-on

The headquarters is located at [MONK FRYSTON & HILLAM VILLAGE HALL, Old Vicarage Lane, Monk Fryston LS25 5EA.](#)

[SIGN ON WILL BE AVAILABLE FROM 2PM ONLY](#)

Parking. The hall has a very small car park. Please park considerately. Try to avoid parking on the road if possible

Numbers and signing-on will be in the hall. Toilets and changing facilities are also available in the hall. All riders must also sign out.

Warming Up - Please ensure that you warm up off the course. No Turbos within 50m of residents.

No riders on the course other than for racing. No U turns near the start.

Do not pass the start time keeper other than to start your ride, once at the start wait at the lay by or roadside behind the timekeeper until being called to start (this is for safety reasons).

Riders are advised that The CTT district council will discipline any rider that is reported for riding in an unsafe manner, or who contravenes local regulations.

Getting to the start

The start is approx. 4.0 miles from the HQ. From HQ turn right on Water Lane towards Hillam. Pass through Hillam Village along and continue for approx. 2 miles to junction

with A162. Turn left and follow road for approx. 1.2 miles to roundabout by Indian Restaurant. Take second exit onto Old Great North Road for approx. 800 metres to start.

Course description

START on unclassified road leading from Brotherton village to A1246, at north side of gully grate, 10yds north of traffic sign for roundabout, on east side of road, and approx. 50 yds south of roundabout. **PROCEED NORTH** to roundabout where 1st exit, left onto A1246. **CONTINUE** northwards via Fairburn South (0.606 mls), Fairburn North (1.040 mls) and Selby Fork (junc.A63 - 2.208 mls) roundabouts to Micklefield (Boot & Shoe) roundabout (3.757 mls). **TAKE 1st EXIT** (left) and continue to Peckfield roundabout (junc. A656 - 5.244 mls). **ENCIRCLE ISLAND** and **RETRACE** outward route via Micklefield (6.803 mls), Selby Fork (8.39 mls) and Fairburn North (Wagon & Horses – 9.584 mls) roundabouts to **FINISH** at south end of Fairburn village, at northern edge of tarmac area leading to field, 50yds south of “speed limit ends” sign, approx.50 yds before Fairburn South roundabout. (10.0 mls).

Safety

In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all riders to wear a hard shell helmet that meets an internationally accepted safety standard.

In Accordance with Regulation 15 **ALL JUNIOR competitors must wear Protective Hard Shell Helmets**

CTT recommends that a working rear light, either flashing or constant, is fitted to the

machine in a position clearly visible to following road users, and is active whilst the machine is in use

Drighlington Bicycle Club

Affiliated to C.T.T., B.C.F., Y.C.F.

Open 10 mile time trial

**Saturday 8th September 2018
(150 machines max)**

Course V910

Held for and on behalf of Cycling Time Trials under their Rules and Regulations

First rider off at 15:07

Event organiser

Gary Rhodes
25 Wood St
East Ardsley WF3 2BY Tel: (01924)699482
Mobile: (07803) 709196

Timekeepers

Mr MS Philips, Drighlington BC
Mr. G. Barker, Pennine C.C.

Prizes – One Rider One Prize

1 st Fastest Male £20	1 st Fastest Lady £20
2 nd Fastest Male £15	2 nd Fastest Lady £15
3 rd Fastest Male £10	3 rd Fastest Lady £10

1st Tandem £15 each

Fastest Junior (U18) £20