

45% Rule

Will all riders please note that (Amongst others):

Planet X Five Spoke Full Carbon Aero Front Wheel

Zipp 1080

Mavic IO

X-Treme Aeromax

Do not comply with regulation 14 (g) "Deep section rims, tri spoke and wheels of a similar design may be used. The front wheel must have at least 45% of the surface area open" and should not be used on the front of machines.

Anyone found using such a wheel may be subject to disqualification and face disciplinary action.

RTTC 10 Miles National Youth Championship

Saturday 8th September 2018

Promoted for and on behalf of Cycling Time Trials under their Rules, Regulations and Championship Conditions by the East District Cycling Association.

Event Secretary

Don Saunders, Gravediggers Cottage, Church Street, Carbrooke

Thetford, IP25 6SW

Tel. 01953 884297

Asst. Event Secretary

Mark Fairhead, 19 Sawmill Close, Wymondham, Norfolk, Nr18 0TJ

Tel. 07772 516713

Email: markccb@btinternet.com

Timekeepers

Heather Saunders, Heidi Davis, Emily Davis, Andy Moore, Val Hester,

Stephen Penney.

Marshalls

Members of the East District Cycling Association clubs.

Prize Presentations – 17.30pm

Awards to be presented by Heidi Davis (GHS Girls Champion 1989) & Emily Davis (Junior women's 25m Champion 2009)

Event HQ (open from 12.30)

Morley Village Hall, Golf Links Road, Morley St. Peter, Wymondham, Norfolk, NR18 9SU

COURSE DETAILS: B10/3A

START at paint mark on B1172, 0.15 miles from Junction with Sliproad to A11 Eastbound. Proceed to join A11 and proceed East to leave A11 at sliproad signed 'Mulbarton'. At 1st roundabout take third exit and proceed to 2nd roundabout (5.317 miles). Take 2nd exit to rejoin A11 and proceed west along A11 to FINISH at Large Green MOT Sign past BP garage at Besthorpe.

After finish exit next slip road.

See map details on pages 9 & 10.

Warming-Up - on B1172 between Morley rab and Wymondham rab - not on section of B1172 between HQ and Start.

East District Local Regulations

U Turns will not be permitted on course or roads adjacent to the Start and Finish areas while the event is in progress.

Note: Any breaking of this regulation in the first case may mean disqualification from the event. Further cases will be referred to the East District Committee.

Definition

A U turn is defined as a 180 degree turn completed within the highway whilst astride the machine. (It is recommended that the rider(s) should dismount, check the road is clear in both directions, then with machine, walk across the road)

Warming Up – No warming up along the course by competitors once an event has started.

There will be an on-the-day risk assessment – But PLEASE be aware the road surface on part of the course is not perfect.

(2)

Details of Arm numbers.

Please note National Championship Condition 2 v(j)

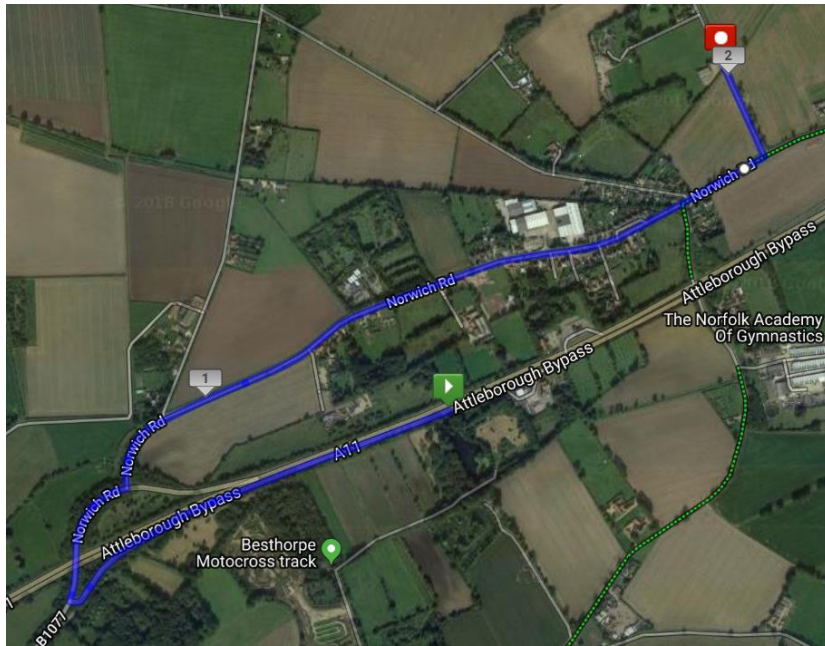
Numbers – Competitors must only use the numbers supplied by the event organizer.

Body numbers should be fitted in accordance with regulation 16. Arm numbers should be fitted to the upper arm facing forward.

Arm Numbers worn correctly.



Arm Numbers worn incorrectly. (11)



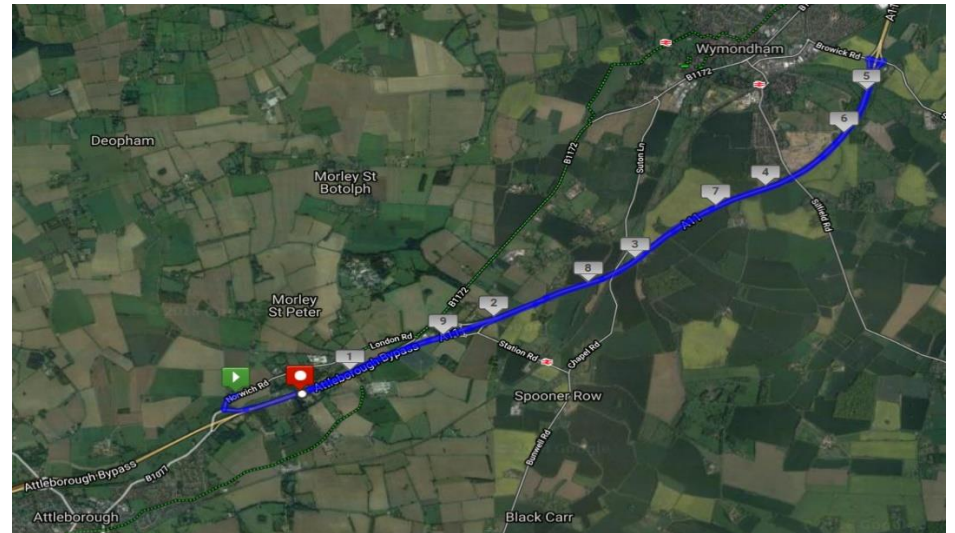
Route from Finish back to HQ

RTTC 10 Miles National Youth Championship – Start order.

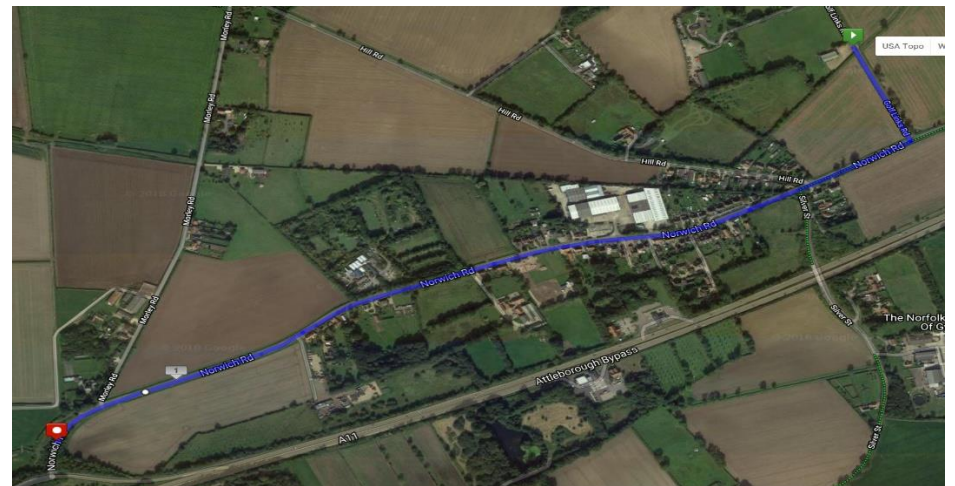
bib	Rider	club	gender	category	Age	start_time
3	Shellan Leeming	Team RL 360 I.O.M.	Female	Juvenile	15	14:03:00
4	Jessica Woollas	Sleaford Wheelers Cycling Club	Female	Juvenile	12	14:04:00
5	Aaron Lund	Team RL 360 I.O.M.	Male	Junior	16	14:05:00
6	Michael Carter	Welland Valley CC	Male	Juvenile	13	14:06:00
7	Charlie Price	Mid Shropshire Wheelers	Male	Juvenile	12	14:07:00
8	Tomos Perkins	Towy Riders	Male	Juvenile	14	14:08:00
9	Helena Duguid	Guernsey Velo Club	Female	Juvenile	13	14:09:00
10	Will Corkill	Team RL 360 I.O.M.	Male	Junior	16	14:10:00
11	Eleanor Peel	Bourne Wheelers	Female	Juvenile	14	14:11:00
12	Jack Christian	Team RL 360 I.O.M.	Male	Juvenile	15	14:12:00
13	Alex Cutmore	TPH Racing	Male	Juvenile	13	14:13:00
14	Patrick Kilcullen	Stockton Wheelers CC	Male	Juvenile	14	14:14:00
15	Tyler Hannay	Team RL 360 I.O.M.	Male	Juvenile	15	14:15:00
16	Mia Mawson	Sleaford Wheelers Cycling Club	Female	Junior	16	14:16:00
17	Niall Colquitt	Team RL 360 I.O.M.	Male	Juvenile	13	14:17:00
18	Freya Eccleston	Palmer Park Velo	Female	Juvenile	13	14:18:00
19	Arthur Hitchen	Ipswich BC	Male	Juvenile	15	14:19:00
20	Sam Young	Fenland Clarion CC	Male	Junior	16	14:20:00
21	Annabel Parker	Matlock CC	Female	Juvenile	13	14:21:00
22	Rachel Earnshaw	Team JRC	Female	Junior	16	14:22:00
23	Fran Cole	Coalville Whs	Female	Junior	16	14:23:00
24	Ben Etherington	Stockton Wheelers CC	Male	Juvenile	13	14:24:00
25	Joe Dixon	Gosforth RC	Male	Juvenile	12	14:25:00
26	Ella Jamieson	Clifton CC York	Female	Juvenile	13	14:26:00
27	Ellen Fordham	Bourne Wheelers	Female	Juvenile	15	14:27:00
28	Lilly O'dell	St Ives CC	Female	Juvenile	14	14:28:00
29	Harriet Breakey	Holmfirth C C	Female	Juvenile	14	14:29:00
30	Ryan Williams	North Midland Youth Squad	Male	Juvenile	12	14:30:00

31	Molly Cutmore	TPH Racing	Female	Junior	16	14:31:00
32	Kian Traynor	Welland Valley CC	Male	Juvenile	14	14:32:00
33	Thomas Heighton	Stockton Wheelers CC	Male	Juvenile	14	14:33:00
34	Alex Franks	Hillingdon Slipstreamers	Male	Juvenile	12	14:34:00
35	Joshua Williams	Matlock CC	Male	Juvenile	13	14:35:00
36	Joe Wakelin	Godric CC	Male	Juvenile	13	14:36:00
37	Millie Van Nierop	Welland Valley CC	Female	Juvenile	15	14:37:00
38	Bethany Barnett	Kings Lynn CC	Female	Juvenile	14	14:38:00
39	Iago Williams	Towy Riders	Male	Juvenile	13	14:39:00
40	Jack Inness	Bishop Auckland CC	Male	Junior	16	14:40:00
41	Jonathan Warren	Icknield RC	Male	Juvenile	15	14:41:00
42	Charlie Knowler	West Suffolk Wheelers	Male	Juvenile	14	14:42:00
43	Tom Carson	Colchester Rovers CC	Male	Juvenile	14	14:43:00
44	Kirsten Stilwell	Princes Risborough Secondary School	Female	Juvenile	15	14:44:00
45	Flynn Robinson	Thanet RC	Male	Juvenile	14	14:45:00
46	Emily Richards	Bourne Wheelers	Female	Juvenile	13	14:46:00
47	Rebecca Dawes	Clifton CC York	Female	Juvenile	15	14:47:00
48	Harry Courtney	Racing Metro 15	Male	Juvenile	13	14:48:00
49	Conor Williams	Hillingdon Slipstreamers	Male	Juvenile	14	14:49:00
50	Louis Boulton	Brighton Excelsior CC	Male	Juvenile	12	14:50:00
51	Morven Yeoman	East Kilbride Road Club	Female	Juvenile	14	14:51:00
52	Isabella Johnson	CC Sudbury	Female	Juvenile	15	14:52:00
53	Emma Keiller	Charlotteville Cycling Club	Female	Juvenile	15	14:53:00
54	Katie-ann Elliston	Southend Wheelers	Female	Junior	16	14:54:00
55	Matthew Cole	Richmond Triathlon Club	Male	Juvenile	13	14:55:00
56	Adam Lane	Thanet RC	Male	Juvenile	15	14:56:00
57	Tilly Malbon	Barking Abbey Secondary School	Female	Juvenile	15	14:57:00
58	Dafydd Wright	West Wales Cycle Racing Team	Male	Juvenile	15	14:58:00
59	Anoushka Minale	Hub Velo	Female	Juvenile	13	14:59:00
60	Daniel Cutler	East Kilbride Road Club	Male	Juvenile	14	15:00:00

(4)



Course Map B10/3a – revised 2018.



Route to Start From HQ.

(9)

Event Notes:

Route to Start – From HQ – Turn Right onto Golf Links road, Turn Right at T junction and proceed through Besthorpe on Norwich road to start approx. 1.16miles

No Warming near Start area.

Warming-Up - on B1172 between Morley rab and Wymondham rab - not on section of B1172 between HQ and Start.

Please note: No vehicles other the event officials to be parked near or adjacent to the start or Finish areas.

Route to HQ From Finish – Exit next sliproad – At T junction Turn right (caution) continue over A11 bridge – Take next Left hand turn onto Norwich road – Continue through Besthorpe – Turn Left into Golf links Road – HQ on left.

Recommended viewing points for spectators - Silver Road Bridge - Spooner Row Bridge - Silfield Bridge - all give perfect view of riders approaching and leaving from both directions.

No spectator cars at the start or finish points.

Riders and rider helpers should be reminded of CTT regulation 22 observers

Will be watching.

22. Use of Motor Vehicles

(a) A competitor shall not be preceded, accompanied, followed by or in any way receive assistance from a motorised vehicle or its occupants, except in events at distances of 100km or more to assist with a competitor's reasonable feeding and other requirements.

61	Aaron Dodd	Holmfirth C C	Male	Juvenile	13	15:01:00
62	Imani Pereira James	East Kilbride Road Club	Female	Juvenile	13	15:02:00
63	Oliver Akers	Holmfirth C C	Male	Juvenile	13	15:03:00
64	Eva Callinan	Hillingdon Slipstreamers	Female	Juvenile	15	15:04:00
65	James Hawkins	North Midland Youth Squad	Male	Juvenile	15	15:05:00
66	Nathan Woodhouse	Leighton Buzzard Road Cycling Club	Male	Junior	16	15:06:00
67	Sam Jarrett	Fenland Clarion CC	Male	Juvenile	15	15:07:00
68	Isabel Sharp	Poole Whs	Female	Juvenile	13	15:08:00
69	Sam Murray	Longfield School	Male	Junior	16	15:09:00
70	Roisin Lally	Derwentside CC	Female	Juvenile	15	15:10:00
71	Duncan Pritchard	Palmer Park Velo	Male	Junior	16	15:11:00
72	Izzy Brickell	Fareham Wheelers CC	Female	Juvenile	15	15:12:00
73	Ben White	Stockton Wheelers CC	Male	Juvenile	15	15:13:00
74	Alex Beldon	Ilkley CC	Male	Juvenile	12	15:14:00
75	Kate Richardson	Fusion Triathlon Club	Female	Juvenile	15	15:15:00
76	Bruno Cabrelli	Hemel Hempstead CC	Male	Juvenile	13	15:16:00
77	Ellis Murray	Longfield School	Male	Juvenile	14	15:17:00
78	Jonathan Toma	Fenland Clarion CC	Male	Juvenile	15	15:18:00
79	Zak Seddon	Becontree Wheelers CC	Male	Junior	16	15:19:00
80	Flora Knight	Salt Ayre Cog Set	Female	Junior	16	15:20:00
81	Tristan Davies	Mid Devon CC	Male	Junior	16	15:21:00
82	Lewis Holmes	Matlock CC	Male	Juvenile	14	15:22:00
83	Dan Galpin	Bourne Wheelers	Male	Juvenile	13	15:23:00
84	Euan Hawkins	Maindy Flyers Youth Cycling	Male	Juvenile	15	15:24:00
85	Hannah Brehaut	Guernsey Velo Club	Female	Junior	16	15:25:00
86	Alex Galpin	Bourne Wheelers	Male	Juvenile	13	15:26:00
87	Jensen Windsor	Alford Whs	Male	Juvenile	14	15:27:00
88	Joseph Kininmouth	Derby Mercury R C	Male	Juvenile	15	15:28:00
89	Ewan Mackie	Matlock CC	Male	Junior	16	15:29:00
90	Maddy Hall	Breeze Bikes RT	Female	Juvenile	14	15:30:00

91	Jack Pinchin	QN Coaching	Male	Junior	16	15:31:00
92	Henri Bedford	Revolutions Racing	Male	Juvenile	14	15:32:00
93	Oisin Murphy	Hillingdon Slipstreamers	Male	Juvenile	15	15:33:00
94	Kieron Mutch	Racing Metro 15	Male	Juvenile	14	15:34:00
95	Catherine Morrell	Thanet RC	Female	Juvenile	15	15:35:00
96	Harry Paveley	Innovation Racing	Male	Juvenile	15	15:36:00
97	Matthew Dixon	Scarborough Paragon CC	Male	Junior	16	15:37:00
98	Charlie Bailey	Hillingdon Slipstreamers	Male	Juvenile	15	15:38:00
99	Liam Davison	Team JRC	Male	Juvenile	15	15:39:00
100	Bethany Spencer	Kettering CC	Female	Juvenile	15	15:40:00
101	Joel Ackers	Innovation Racing	Male	Junior	16	15:41:00
102	Harry Tait	Worcester St. Johns CC	Male	Junior	16	15:42:00
103	Harry Kirby	Stowe School Cycle Club	Male	Junior	16	15:43:00
104	Matthew Mccullagh	Edinburgh Road Club	Male	Juvenile	15	15:44:00
105	Jake Crossley	Colchester Rovers CC	Male	Juvenile	15	15:45:00
106	Jack Rutland	Beacon Wheelers	Male	Juvenile	15	15:46:00
107	Euan Backus	ZeroBC Development	Male	Junior	16	15:47:00
108	Isaac Russell	Derby Mercury R C	Male	Junior	16	15:48:00
109	Sam Kelly	Bristol Cycling Development Squad	Male	Juvenile	15	15:49:00
110	Freya Richardson	Portsmouth North End CC	Female	Junior	16	15:50:00
111	Sam Kettlewell	Triology Multisport Solutions	Male	Junior	16	15:51:00
112	Ronnie Tse	Mid Shropshire Wheelers	Male	Junior	16	15:52:00
113	Daniels Kucerjavijis	Team JRC	Male	Junior	16	15:53:00
114	Euan Sanderson	Cleveland Wheelers CC	Male	Juvenile	15	15:54:00
115	Morgan Lloyd	Towy Riders	Male	Juvenile	13	15:55:00
116	Baden Green	Stratford Cycling Club	Male	Juvenile	15	15:56:00
117	Rory Standish	Bourne Wheelers	Male	Juvenile	15	15:57:00
118	Francis Woodcock	Bury Clarion CC	Male	Juvenile	15	15:58:00
119	Adam Charleston	Hillingdon Slipstreamers	Male	Juvenile	15	15:59:00
120	Hollie Owens	Born to Bike - Bridgtown Cycles	Female	Junior	16	16:00:00

(6)

121	Harrison Tacey	Leicestershire RC	Male	Juvenile	15	16:01:00
122	Jay Dixon	Racing Metro 15	Male	Junior	16	16:02:00
123	Jamie Whitcher	Poole Whs	Male	Juvenile	14	16:03:00
124	Adam Churchill	Preston Park Youth Cycling Club	Male	Juvenile	15	16:04:00
125	Ben Pierce	Mid Shropshire Wheelers	Male	Juvenile	15	16:05:00
126	Samuel Holwill	Hafren CC	Male	Juvenile	15	16:06:00
127	Bryn Richards	Bourne Wheelers	Male	Juvenile	15	16:07:00
128	Thomas Day	Poole Whs	Male	Junior	16	16:08:00
129	Joshua Ballinger	Preston Park Youth Cycling Club	Male	Juvenile	14	16:09:00
130	Caitlin Peters	i-Team Cyclists Club	Female	Junior	17	16:10:00
131	Thomas Stewart	Liverpool Century RC	Male	Junior	16	16:11:00
132	James Lloyd	Zappi Racing Team	Male	Junior	16	16:12:00
133	Arthur Boulton	Palmer Park Velo	Male	Junior	16	16:13:00
134	Luke Halls	southfork racing.co.uk	Male	Junior	16	16:14:00
135	Fabien Large	NOPINZ	Male	Junior	16	16:15:00
136	George Elliott	Innovation Racing	Male	Junior	16	16:16:00
137	Joe Bennett	Welwyn Whs	Male	Junior	16	16:17:00
138	Aaron Freeman	Chelmer CC	Male	Junior	16	16:18:00
139	Archie Irving	Beacon Wheelers	Male	Juvenile	15	16:19:00
140	Matthew Wells	Tyneside Vagabonds CC	Male	Juvenile	15	16:20:00
141	Samuel Hall	VeloRunner RT	Male	Juvenile	15	16:21:00
142	Joseph Martin	Preston Park Youth Cycling Club	Male	Junior	16	16:22:00
143	Tristan Pilling	Team SB Hub	Male	Junior	17	16:23:00
144	Tom Portsmouth	St Georges College Weybridge	Male	Junior	16	16:24:00
145	Michael Renardson	trainSharp	Male	Junior	16	16:25:00
146	Oliver Stockwell	Welwyn Whs	Male	Junior	16	16:26:00
147	Vaughan Marris	Fareham Wheelers CC	Male	Junior	16	16:27:00
148	Harry Butterworth	Scarborough Paragon CC	Male	Juvenile	15	16:28:00
149	Josh Charlton	Hetton Hawks CC	Male	Juvenile	15	16:29:00
150	Jacob Reid	Solihull CC	Male	Juvenile	16	16:30:00

(7)