

SEVERN ROAD CLUB

10 Mile Time Trial - Course U7B Sunday 2 September 2018

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations. Run in conjunction with the South West Tricycle Association event.

www.severnroadclub.co.uk

Event Secretary

John Thompson Second House, Bushes Lane, Horton, BS37 6QL Tel: 01454 314436 E-mail: johnfrankthompson@gmail.com

At the HQ on the day

From 7.00 am Brian Griffiths 07496 131491 From 8:30 am Dave Leighton 07890 149957

Event Headquarters

Timekeepers

Sheila Edwards (Finish timekeeper) Mike Edwards (Recorder) Tony Emery (Start timekeeper)

- Falfield Village Hall (GL12 8DH) available from 7.00am. From the M5, exit at junction 14 (SP Thornbury), turn left at A38 towards Bristol. Falfield Village Hall is almost immediately on the right, close to the Huntsman Inn.
- HQ to start approximately 2.5 miles north on A38
- Please **do not wear cycling shoes** in the HQ main hall.
- Race numbers at the HQ
- Signing on and out sheets at the HQ

All competitors are required to sign on before the start. We are now also required to sign out. As soon as you finish (even if you pack) and return to the HQ to hand in your number, you must also sign out and be available for any doping control. Riders who do not sign-out will be recorded as DNF.

Parking

There is limited parking at the Village Hall but the **Huntsman Inn** (**GL12 8DF**) have kindly allowed competitors to use their car park at your own risk. Entrance to Huntsman inn carpark off Sundayshill Lane opposite the church Please avoid parking directly in front of the church or on the surrounding pavements. The Parish Council has also requested that riders **do not park on the grass verges outside the hall.**

Course (U7b)

Start (OS Grid Ref. ST 695963) in layby in line with southern end of bus stop approximately half mile South of Newport. Proceed north on A38 to Slimbridge roundabout (5.3 miles). Circle and retrace to finish just south of Newport opposite bus stop in lay-by (OS Grid Ref. ST 698971) approx 0.3 mile before the start. . [This moves the start a short distance south from the start used in recent years. This follows remeasurement which shows the previous distance was probably a few yards short, even though most GPS measures show 10.00 miles.]

Safety

- At the start please queue in single file off the road.
- Please do not make 'U' turns at either the start or the finish. Do not warm up past the start or finish.
- The road narrows at Berkley Bridge (approx. 2.5 miles), with less room than before last year's 'improvements'. There is a shared pavement / cycle path over the bridge, but you are under no legal obligation to use it. If staying on the road take care, be aware of cars approaching from behind, and indicate your intensions clearly.
- About 0.6 miles after Berkley Bridge the road narrows on the approach to the car auctions (entrance on the left on the outward leg). Watch out for traffic turning into the car auctions premises.
- Cycling Time Trials recommends that competitors wear helmet that meets an internationally accepted safety standard. All junior and juvenile riders must wear such a helmet, properly fitted.
- It is also recommended that a rear light, either flashing or constant, is fitted to the machine in a position visible to following road users.

Prizes (One prize one rider except for course record and team prizes)

Men and women :- Fastest rider beating course record (Matt Burden, 2015, 19:55)	£30
Men: – fastest	£30
Women: – fastest	£30
Men and women:-	
Best plus on standard aged 40-49	£20
Best plus on standard aged 50-59	£20
Best plus on standard aged 60+	£20
Men and women:- Fastest team of three	$\pounds 10$ each rider

Field Placement

Following the decisions made at the 2017 CTT AGM, the regulations now allow events to use different field placements. (See CTT Guidance Notes 8, CTT web site, under Forms > Guidance Notes.) For this event the placements are similar to those used in National Championships, rather than the traditional 'seeded riders' approach, with riders with the faster best 10 times at the end of the field. This is something of an experiment and we would welcome feedback

(johnfrankthompson@gmail.com). It should be noted that all the regulations relating to 'paced and company' riding remain, in particular "the onus of avoiding company riding shall be upon the rider overtaken".

No.			Cat.	Vet Std	Time off
1 to 8	Tricycle Association (SW	/ Region) Event – 08:01 to 08:08			
11	Graham Smith	Severn Road Club	52	26:54	08:11
12	Peter Madelaine	Bridgwater Cycling Club	75	30:07	08:12
13	Mary-jane Hutchinson	Bristol South Cycling Club	61W	29:59	08:13
14	Mark Bishton	Velo Club Bristol - Webbs Cycles	49	26:41	08:14
15	Robert Hutchinson	Bristol South Cycling Club	65	28:14	08:15
16	Louise Georgi	Giant CC Halo Films	51W	28:58	08:16
17	Mike Tucker	Frome and District Wheelers	78	30:58	08:17
18	Mark Evans	Chippenham & District Wheelers	54	27:04	08:18
19	Simon Tang	Dream Cycling	24		08:19
20	Robin Fox	Dursley Road Club	60	27:38	08:20
21	Joanna Knight	Bristol South Cycling Club	58W	29:38	08:21
22	Jake Tay	Severn Road Club	45	26:23	08:22
23	Ellie Gilham	Dream Cycling	23W		08:23
24	Angela Swain	Team Swindon Cycles	34W		08:24
25	Sam Kelly	Bristol Cycling Development Squad	15		08:25
26	Chris Lowe	Swindon Road Club	59	27:32	08:26
27	Andrew Muitt	Dursley Road Club	36		08:27
28	Roger Taylor	Frome and District Wheelers	72	29:26	08:28
29	Mike Horder	Severn Road Club	51	26:50	08:29
30	Andy Kelly	Bristol South Cycling Club	53	26:59	08:30
31	Fred Turley	Dursley Road Club	27		08:31
32	Carlo Toledo	Gloucester City Cycling Club	52	26:54	08:32
33	Rich Meadows	RAF Cycling Association	27		08:33
34	Charlie Kelly	Bristol Cycling Development Squad	17		08:34
35	Andrew Derrick	Portishead Cycling Club	39		08:35
36	George Thorne	Beacon Roads CC	27		08:36
37	Luke Smith	Bristol South Cycling Club	50	26:45	08:37
38	Jim Beales	Dursley Road Club	51	26:50	08:38
39	Tavis Walker	Velo Club Walcot	38		08:39
40	John O'dwyer	Dursley Road Club	37		08:40
41	James Cook	Radeon-Cycology RT	23		08:41
42	Mark Hudson	Bristol South Cycling Club	37		08:42
43	Jonathan Gates	RAF Cycling Association	41	26:04	08:43
44	Lee Francis	Velo Club Bristol - Webbs Cycles	36		08:44
45	Arthur Franklin	Portishead Cycling Club	32		08:45