



Dumfries Cycling Club Loch Ken Open Time Trial

Saturday 18th August 2018

Promoted for and on behalf of Cycling Time Trials under their rules & regulations

Organiser: Cameron Scade, 29 Beck Avenue, Dumfries DG2 7BJ

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Timekeeper: Mr Gordon Johnston

Assistant Timekeeper: Mrs Helen Acklam

Observer: Mr John Sturgeon

FIRST RIDER OFF AT 09:01. List of competitors is below.

- Race HQ (Sign on/out)/parking/toilets: The Lochinvar Hotel, St. Johns Town of Dalry,
 DG7 3UP
- HQ will be open from 08:00.
- A copy of the CTT Risk Assessment and specific safety points will be displayed at the event HQ.

Course details: The start point is 3 miles south of The Lochinvar Hotel so plan to give yourself enough time to reach the start on time. You will travel south to the Ken Bridge Hotel, turning left on to the A712 signposted New Galloway, then bear left on to the A762 in New Galloway. It is possible there will be significant traffic at Ken Bridge so you may need to pick your way through. Please do so sensibly and safely. Allow time.

Course: WS25/01 (adapted version) 25.5 miles

Start at top of hill on southern edge of New Galloway on the A762, opposite New Galloway Golf Club. The start line at the southern gatepost of entry to Ardlaggan House, used with permission of property owner.

Proceed along A762 through New Galloway and Mossdale towards Lauriston.

Left turn in Lauriston to join B795 and proceed to left turn at T Junction at Townhead of Greenlaw to join A713. **CAUTION. GIVE WAY TO TRAFFIC FROM THE RIGHT**

Follow A713 through villages of Crossmichael and Parton and on past Ken Bridge to finish at end of second large layby on the left.

*Care should be taken in and around the villages the course passes through, particularly Crossmichael and New Galloway, where there may be an increased likelihood of queuing traffic, parked vehicles and pedestrians. Extra care must also be taken on the descent just after the start New Galloway and the descent down to Glenlochar as you approach the left turn on to the A713. Great care must be taken at the left turn on to the A713. Marshals will be present but it is your responsibility to negotiate the turn safely, obeying the rules of the road and giving way to oncoming traffic from the right.

Total elevation gain for the course is 913ft.







The Start Area at Ardlaggan. See below for info on Alison's offer.



Left turn at Lauriston towards Glenlochar and left turn on to A713



Approaching the left turn on to A713 – CAUTION.



Approaching the left turn on to A713 – CAUTION.



GIVE Way at the left turn on to A713 – CAUTION. Be prepared to STOP.



The Finish, 0.3 miles from St John's Town of Dalry. Don't park here, please.

Cars are parked at owners' risk. Vehicles of competitors / officials / marshals / helpers must be parked safely and without hindrance to other road users. Limited parking is available at The Lochinvar Hotel, but please park considerately and don't take up more space than is necessary. If parking elsewhere in the village, please do so with respect and consideration for residents. Do not park in the vicinity of the start or finish areas.

Alison Davis is the owner of Ardlaggan, the property the adapted course starts outside. She has been very generous and welcoming in allowing us to use the space at her gates for the start area. Furthermore, she has offered the use of the bathroom at the front of her house for riders who may need to take a pre-race natural break. DO NOT do this anywhere else. Alison will also make a track pump and allen keys available for any last-minute issues. Alison is great – be nice to her – please respect her property and her generosity.

- Please note that all competitors are required to sign the signing out sheet in person when returning their number. Failure to do so will result in the competitor being recorded as DNF.
- We don't need any ID as deposit for your number but do expect that you return your number to us before leaving.
- Riders must ensure their machine is in a safe condition to use so as not to put themselves and others at unnecessary risk.
- Warming up on the course is not permitted for the duration of the event.
- Any competitor making a 'U' turn in the vicinity of the start or finish will be disqualified from the event.
- Riders must keep to the left-hand side of the left lane of the road except when overtaking.
- Riders must NOT ride with their heads down.
- Riders must not take pace from faster riders passing (drafting). It is the responsibility of the rider who has been passed to drop back.
- To assist the timekeepers please ensure your number is properly displayed and call out your number at the finish.
- Riders must ride with care and attention, follow the rules of the road and ride responsibly, within the limits of their ability and the road conditions.
- Failure to comply with the above may lead to disqualification.

HELMETS: All competitors under the age of 18 and/or Juniors must wear a HELMET of HARD/SOFT SHELL construction that conforms to a recognised Standard (See regulation 15). Cycling Time Trials strongly recommends ALL competitors wear such a helmet. Cycling Time Trials recommends that a working rear light, either constant or flashing, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

This event may be subject to a Doping Control

It is your responsibility to check. As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Data Protection:

As an entrant to this event your information may be shared on the event or promoting club website, social media pages or in emails sent by or on behalf of the promoting club. This data will only be shared in relation to your participation in the event, e.g. the list of entrants, results or event reports. This data will be limited to your name, gender, age or age category, the name of the affiliated club or team of which you are a member and your finishing time and/or position.

AWARDS One rider, one prize:

Overall:	1st £25	2nd £15	3rd £10
Vets 60+	1st £15	2nd £10	3rd £8
Vets 50 – 59	1st £15	2nd £10	3rd £8
Vets 40 – 49	1st £15	2nd £10	3rd £8
Women	1st £15	2nd £10	3rd £8
Espoir	1st £15	2nd £10	3rd £8
Junior	1st £10		

The fastest Dumfries Cycling Club Rider will be awarded the Johnston Trophy.

Dumfries CC Loch Ken Open TT – 18 August 2018

	Start Time	Rider	Club	Gender	Category
1	09:01:00	Brian Morrell	Dumfries CC	Male	V50
2	09:02:00	Gary Jamieson	Fechan Flyers	Male	V40
3	09:03:00	Nicholas Foley	Bristol & District Triathletes (BAD TRI)	Male	Senior
4	09:04:00	Ross Acklam	Dumfries CC	Male	Junior
5	09:05:00	Kevin Jamieson	Fechan Flyers	Male	V40
6	09:06:00	Mark Birkett	Berwick Wheelers	Male	Senior
7	09:07:00	Lindsay Foster	Hitchin Nomads CC	Male	V50
8	09:08:00	Peter Smith	Hawick Cycling Club	Male	V40
9	09:09:00	John McKie	Ayr Roads CC	Male	V60
10	09:10:00	Gregor Sharp	Hawick Cycling Club	Male	V50
11	09:11:00	Jane Emslie	Edinburgh Road Club	Female	Senior
12	09:12:00	Esther Hamill	Dumfries CC	Female	V40
13	09:13:00	Melanie Martin	Studio VELO	Female	V40
14	09:14:00	Gill McNeil	Dumfries CC	Female	V50
15	09:15:00	Paul Lawson	Weaver Valley CC	Male	V40
16	09:16:00	Donald McCalley	Dumfries CC	Male	V50
17	09:17:00	David Robinson	Loudoun Road Club	Male	V50
18	09:18:00	Glenn Marland	Dumfries CC	Male	V60
19	09:19:00	William Ramsay	Loudoun Road Club	Male	V60
20	09:20:00	Chris Godfree	Edinburgh Road Club	Male	V40
21	09:21:00	Ally Hume	Loudoun Road Club	Male	Senior
22	09:22:00	Sandy Laurie	Dumfries CC	Male	Senior
23	09:23:00	Lester Grant	Auchencrow Thistle	Male	Senior
24	09:24:00	Stuart Garner	Dumfries CC	Male	Senior
25	09:25:00	Archie Arthur	Ayr Roads CC	Male	V40
26	09:26:00	James Brown	Carrick CC	Male	V50
27	09:27:00	Lewis Keoghan	Royal Albert CC	Male	Junior
28	09:28:00	John Gemmell	Ayr Roads CC	Male	V60
29	09:29:00	Gavin Church	Dumfries CC	Male	Senior
30	09:30:00	Thomas McNeish	Royal Albert CC	Male	V60

31	09:31:00	Gordon McNeil	Dumfries CC	Male	V50
32	09:32:00	Mike Ferguson	Johnstone Wheelers	Male	V60
33	09:33:00	Andrew McKinlay	Velo Club Vitesse	Male	V50
34	09:34:00	Thomas Gooding-Hill	Ayr Roads CC	Male	V40
35	09:35:00	Craig Gibson	Dumfries CC	Male	V40
36	09:36:00	Ian Elliot	Hawick Cycling Club	Male	V60
37	09:37:00	Andrew Parker	Dumfries CC	Male	V40
38	09:38:00	Daniel Kirk	Ronde Cycling Club	Male	Senior
39	09:39:00	David Fulton	Carrick CC	Male	V50
40	09:40:00	Harry Brawley	Ayr Roads CC	Male	V50
41	09:41:00	Neil Griffiths	Glasgow Wheelers	Male	V20
42	09:42:00	Stevie Watters	Fullarton Wheelers	Male	V50
43	09:43:00	Jim Sutherland	Loudoun Road Club	Male	V50
44	09:44:00	William Hannay	Dumfries CC	Male	V40
45	09:45:00	Tony Scott	Loudoun Road Club	Male	V40
46	09:46:00	Alex McAllister	Ayr Roads CC	Male	V60
47	09:47:00	Paul Robinson	Loudoun Road Club	Male	V40
48	09:48:00	Derek Skinner	Fullarton Wheelers	Male	V40
49	09:49:00	William Bonar	GTR - Return To Life	Male	Senior
50	09:50:00	Scott Glasgow	Glasgow Nightingale	Male	V40
51	09:51:00	Scott-Alexander McKendrick	Fullarton Wheelers	Male	V40
52	09:52:00	Stephen Spellacy	Dumfries CC	Male	V40
53	09:53:00	Allan Duncan	Fullarton Wheelers	Male	V50
54	09:54:00	Peter Haigh	Nelson Wheelers CC	Male	V60
55	09:55:00	Murray Doyle	Bute Wheelers	Male	V50
56	09:56:00	Sean Quinn	Law Wheelers	Male	V40
57	09:57:00	Colin Sinclair	Royal Albert CC	Male	V60
58	09:58:00	Darren Carruthers	Glasgow Green CC	Male	Senior
59	09:59:00	Calum MacDonald	Ayr Roads CC	Male	Senior
60	10:00:00	David Blockley	RT 23	Male	V50
61	10:01:00	Marc Anderson	Loudoun Road Club	Male	V40
62	10:02:00	Gordon Murdoch	GTR - Return To Life	Male	V40
63	10:03:00	John Dunlop	Loudoun Road Club	Male	Senior
64	10:04:00	Graham Smith	Law Wheelers	Male	V40

65	10:05:00	Lewis Martin	Studio VELO	Male	Espoir
66	10:06:00	Mark Skilling	Carrick CC	Male	V40
67	10:07:00	David Baird	Loudoun Road Club	Male	V50
68	10:08:00	Gavin Shirley	Dooley's RT	Male	Senior
69	10:09:00	Lewis Duff	GTR - Return To Life	Male	V40
70	10:10:00	Joe Reilly	VITUS PRO CYCLING	Male	Espoir
71	10:11:00	Douglas Watson	GTR - Return To Life	Male	V40
72	10:12:00	Alexander MacRae	Dooley's RT	Male	Espoir
73	10:13:00	Chris Smart	GTR - Return To Life	Male	Senior