

ESSEX ROADS



CYCLING CLUB

Open 10.2 mile Sporting Time Trial

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

to be held on

Saturday 18th August 2018

Course E1/10a — Start at 9.00 am

Timekeepers:

John Cottee and Peter Smith

Awards:

Scratch and Handicap - Men : 1st – £20; 2nd – £15; Lady : 1st - £20, 2nd - £15

Fastest Club Team of Three : £20 each team member

1st 2 up : £20

Event headquarters:

Comrades Hut, North Hall Road, Henham, Essex, CM22 6JD

No parking available for competitors at the HQ. Please park in the lane under the motorway bridge.

Event secretary: Lea Marshall, 96 Brockenhurst Way, Bicknacre, CM3 4XW – Tel 07880 616487

COURSE DETAILS E1/10a (10.2m).

START on B1383 at green paint mark at Gully Cover 20yds south of bend sign which is North of Bus Lay-By opposite road to Saffron Walden and North of "Fighting Cocks" Public House. This is approximately 1.5 miles North of Newport. Proceed through Littlebury and Great Chesterford to turn (5.1m) at Stumps Cross Roundabout junction of B1383/A1301. Retrace along B1383 through Great Chesterford and Littlebury to FINISH at green paint mark at Gully Cover just South of white direction board and approximately 50yards South of start point.

In the interest of your own safety, Cycling Time Trials and the Event Promoters strongly advise you to wear a hard shell safety helmet that meets an internationally accepted safety standard. All juniors and/or riders under the age of 19 years are required to wear a suitably approved helmet.

RIDERS BRIEFING NOTICE

Riders waiting to start and officials must stay on grass verge at Start and Finish.
Riders MUST NOT stop at Finish to check their times but continue riding back to HQ.
Riders requested to give appropriate hand signal when approaching and turning right at Stumps Cross Roundabout. Riders must give way to traffic from right.

LONDON EAST LOCAL REGULATIONS

- 1 Competitors are not allowed to warm up on any part of the designated course once the event has started.
- 2 No 'U' turns are allowed within sight of either the start or finish points. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and to further disciplinary action by the London East CTT District Committee.
- 3 No parking at either the start or finish points, other than the time keepers car.
- 4 Body numbers will be available at the event headquarters
- 5 Body numbers should be returned after the event and the start sheet signed in the signing-off box. Failure to do this will result in your result being marked as 'DNF'.

All riders should return to the headquarters as drug testing may be in force at this event.

Cycling Time Trials and the Event Promoter recommend the use of a flashing rear light whilst competing.

No	Start	Name	Club	Gender	Category	Handicap
1	09:01	Alan Harvey	Finsbury Park CC	Male	Veteran	06:46
2	09:02	Sue Rogers	Crest CC	Female	Veteran	
3	09:03	Vicky Steadman	KISS Racing Team (KRT)	Female	Veteran	
4	09:04	Jack Morrish	CC London	Male	Senior	
5	09:05	Stuart Jago	Essex Roads CC	Male	Veteran	12:39
6	09:06	Katie-ann Elliston	Southend Wheelers	Female	Junior	09:17
7	09:07	Dominic Ross	Finsbury Park CC	Male	Veteran	09:08
8	09:08	Keith Dalton	Ford CC	Male	Veteran	07:55
9	09:09	Alexander Fox	Essex Roads CC	Male	Senior	07:51
10	09:10	John Hassall	Bossard Whs	Male	Veteran	07:38
11	09:11	David Young	West Suffolk Wheelers	Male	Senior	07:37
12	09:12	Brian Farrow	Maldon & District CC	Male	Veteran	06:33
13	09:13	Tom Bishop	Cambridge University CC	Male	Senior	05:53
14	09:14	Steve Miles	CC Ashwell	Male	Veteran	05:51
15	09:15	Hugh Williams	Redbridge CC	Male	Veteran	05:45
16	09:16	Nigel Fitzroy	Chelmer CC	Male	Veteran	05:36
17	09:17	John Steed	West Suffolk Wheelers	Male	Veteran	05:35
18	09:18	Carlisle King	Imperial College Cycling Club	Male	Senior	05:35
19	09:19	Mark Eastwood	West Suffolk Wheelers	Male	Veteran	05:35
20	09:20	John Iszatt	Team Vision Racing - Silverhook	Male	Veteran	05:28
21	09:21	Julie Chasin	Twickenham CC	Female	Veteran	05:19
22	09:22	Neal Marrin	Finsbury Park CC	Male	Veteran	05:08
23	09:23	Dan Foster	3T-RACING	Male	Veteran	05:00
24	09:24	Adam Young	Walden Velo	Male	Veteran	04:54
25	09:25	Jordan Black	Newmarket Cycling & Tri Club	Male	Espoir	04:52
26	09:26	Ian Damant	Becontree Wheelers CC	Male	Veteran	04:47
27	09:27	Scott Cousins	Maldon & District CC	Male	Senior	04:35
28	09:28	Eva Nyirenda	...a3crg	Female	Senior	04:30
29	09:29	David Churchill	Direct Power Cycling Team	Male	Veteran	04:25
30	09:30	David Creese	Chronos RT	Male	Veteran	04:24
31	09:31	Barry Holderness	Essex Roads CC	Male	Veteran	03:59
32	09:32	Julia Freeman	Easterley Road Club	Female	Veteran	03:52
33	09:33	David Halliday	Newmarket Cycling & Tri Club	Male	Senior	03:46
34	09:34	David Crisp	3T-RACING	Male	Veteran	03:35
35	09:35	Philip Murrell	Finsbury Park CC	Male	Veteran	03:19
36	09:36	Andy Stuart	Velo Club St Raphael	Male	Veteran	03:13
37	09:37	Samuel Thienel	Shaftesbury CC	Male	Senior	03:04
38	09:38	Andy Sewell	Aspire Velo Racing Team	Male	Senior	03:03
39	09:39	Terry Garlinge	Team Vision Racing - Silverhook	Male	Veteran	03:02
40	09:40	Graeme Garner	Essex Roads CC	Male	Senior	03:00
41	09:41	Murat Ozdenya	Team Vision Racing - Silverhook	Male	Veteran	02:49
42	09:42	Sam Wightman	Chelmer CC	Male	Veteran	02:48
43	09:43	Darran Bennett	Ely & District CC	Male	Veteran	02:47
44	09:44	Martin Reynolds	Cambridge CC	Male	Veteran	02:43
45	09:45	Richard Price	London Phoenix CC	Male	Veteran	02:39
46	09:46	John Mulvey	Cambridge University CC	Male	Senior	02:10
47	09:47	Kevin Tye	VeloRefined.com Aerosmiths	Male	Veteran	01:38
2 Up TT's						
49	8:49	Alison Hinds	Welwyn Whs	Female	Veteran	
50		Howard Ashmore	Welwyn Whs	Male	Veteran	
51	8:51	Alister Campbell	Eagle Road Club	Male	Veteran	
52		Sean O'sullivan	Eagle Road Club	Male	Espoir	

Route to the start

Turn right out of the HQ and head North on North Hall Road. At the T Junction turn right onto the B1383. Continue on the B1383 heading North to go through Newport and past the Fighting Cocks Public house until you reach the start. (Approx 5 Miles).

Route back to the hall

As soon as you have finished continue riding South on the B1383. Go through Newport and then turn left onto North Hall Road. Continue South on North Hall Road until you reach the HQ at the Comrades Hut.

Road Directions

If coming South through Newport along B1383 turn left into North Hall Road. Continue on North Hall Road until you reach the right turn just after the HQ. Turn right and park in lane under Motorway Bridge.

If coming North through Stansted Mountfitchett along B1383, turn right at "Chequers" Pub, Ugley and park as above.