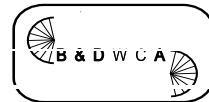


Promoted for and on behalf of Cycling Time Trials under their rules and regulations

BOURNEMOUTH AND DISTRICT WOMEN'S CYCLING ASSOCIATION

10 Mile Tandem and 2-up Team Time Trials

Saturday, 11th August 2018 (3pm)



Timekeepers:

Start: Maria Golden (..a3crg)
Finish: David Crocker (Sotonia CC)
Recorder: Paula Miller (Antelope RT)

Event Secretary:

Claire Newman, 31 Main Road
Totton, SOUTHAMPTON SO40 7EP.
Tel: 023 8066 7394 Mob 07720 977752
email: cccclaire@ntlworld.com

COURSE: P311. START at first lamp post in Wellworthy Way, proceed west for 30m to roundabout (SU153044). Turn left (CARE – Give Way) onto B3347 Christchurch Road, proceed south via Bisterne and Avon to Sopley one-way system. (5.2m). Turn right (CARE –don't cut the corner, road is two-way at this point) over bridge at the Woolpack and retrace to Ringwood via Avon and Bisterne to FINISH at drain 10 yds south of junction with Hampshire Hatches Lane at Moortown Green. (SU153038)

Please adhere to CTT regulations and pay attention to the rules of the road and show courtesy to all road users. **Any rider observed riding in a manner which may jeopardise his or her own safety, the safety of others and the future of the sport will be disqualified and reported to CTT South DC.** CTT Observers may be in attendance along the course

Event HQ and signing-on from 2pm at Bisterne Village Hall (BH24 3BN) which is about half-way along the course. Parking in the Village Hall car park and the Church Car Park just South of the hall. Please remember that you must also sign the signing out sheet when returning your number - failure to do will result in you being recorded as DNF.

IMPORTANT - SAFETY INSTRUCTIONS:-

Riders must:

Not make U turns in the vicinity of the Start or Finish

Not stop at the Finish but continue to retrace to the event Headquarters.

Not cut corner at **Sopley one-way system** on 1st right turn - **the road is TWO-WAY at this point**

Take particular care to look out for those racing, when riding from HQ to start and from finish back to HQ

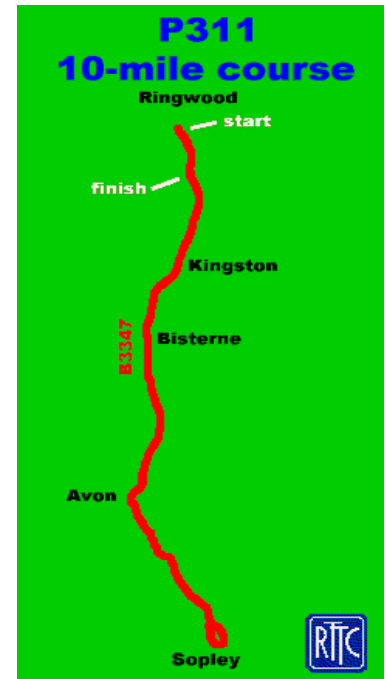
Take Extra Care:-

From start to Moortown Lane – busy with houses and side roads, busy garage on Left, finish on Right.

Avon Tyrrell Farm - sharp bend with possible gravel.

Avon Causeway - beware of traffic stopping to turn right or emerging onto course.

Please ensure you are familiar with and comply with CTT regulations.



IN THE INTERESTS OF YOUR OWN SAFETY,

Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

It is recommended that a WORKING REAR LIGHT, either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use.

PRIZE LIST (One Prize Per Team.)

Please stay if you can, for the prize presentation which will take place at HQ soon after the event.

2-up club teams

Fastest team: £ 15 each
2nd team: £ 12 each
3rd team: £ 10 each
Fastest Couple (C): £ 5 each
Fastest Veteran Lady on standard (LV): £ 5 each
Fastest Family Team: (F) £ 5 each
For fastest breaking of 2-up event record (22.12 Louise Dutch & Andy Buddle (2012)) £ 5 each

Composite Teams (Comp)

Fastest Composite Team: £ 15 each
2nd Composite Team £ 12 each
3rd Composite Team £ 10 each
Fastest Composite Team Couple (C) £ 5 each
Tandems
1st tandem £ 25
2nd tandem £ 15
1st tandem on Standard £ 15

