**NORTH HAMPSHIRE ROAD CLUB.**

 **North Hampshire Road Club 25 Miles Time Trial.**

 **For and on behalf of Cycling Time Trials under their rules and regulations.**

 **11th August 2018.**

 **Time of Start 14:01**

**Event Secretary: Maggie Smith 60 Portway, Baughurst, Hants, RG26 5PE**

 **Mobile 07801 955567 on the day, Email maggiesmith195@googlemail.com**

**Timekeepers: Don Ashton , Farnborough & Camberley**

 **Mark Ashton, Farnborough & Camberley**

 **Event Headquarters: Bentley Memorial Hall**

 **Open from 12.30.**

 **Prize List.**

 **Overall Vets on Standard Lady Vet on standard**

**1 £40.00 1 £30.00 1 £25.00**

1. **£35.00 2 £20.00**
2. **£25.00 3 £10.00**
3. **£15.00**
4. **£10.00**

**1st Sen male £15, 1st Lady £15, 1st Vet 40-49 £15, 1st vet 50-59 £15, 1st vet 60-69 £15, 1st vet over 70 £15**

**Lanterne rouge £10**

**DC Regulations.**

Riders’ numbers shall be issued from the event headquarters.

Riders are reminded they are now required to also sign out failing to do so will result in disqualification.

No vehicles, except those of the timekeepers’, shall be parked at the start or finish.

Advisory Notes

* Helmets – any competitor under the age of 18 years and/or juniors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, AUS/NZS 2063:96, DIN 33-954, CPSC OR EN 1078. Cycling Time Trials strongly recommends ALL competitors to wear such a helmet
* Competitors machines – It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active whilst the machine is in use.
* **NEW REGULATION**
For safety reasons, riders' hands MUST be on the widest part of the handlebar whilst rounding the Coxbridge Roundabout at the Farnham end of the A31.
Those seen contravening this regulation will be reported to the Event Secretary and disqualified.

Parking at the hall is limited. Once full please use River Road (directly opposite) for additional parking.

DO NOT PARK ON THE LEFT HAND SIDE EVEN ON THE GRASS VERGE, NO CARS OR BIKES **ANYWHERE** ON THE LEFT HAND SIDE

Please do not park along HOLE LANE or the MAIN ROAD GOING THROUGH BENTLEY

See attached parking map.

To reach the headquarters at the Bentley Memorial Hall. Riders must only cross over to the other side of the A31 by using one of the breaks in the Central Reservation provided for that purpose. Any person associated with the event that is observed crossing to the other side of the dual Carriageway by any other means will be reported the London West District Committee of the CTT.

Any money raised from the refreshments will be going to the Hampshire & Isle of Wight Air Ambulance.

**The Course**

Start at large layby on the left of the westbound carriageway (OS Landranger Sheet). Please see attached link for course map - <https://www.cyclingtimetrials.org.uk/race-details/17308>

There will be marshals and signs around the course but please take note of the course map.

To reach the start, riders should cycle through Bentley to join the A31, riders should cross over from the North side using Gravel Hill Road cross roads just short of The Bull.

All breaches of Local Regulations shall be reported in writing to the London West District Secretary.

The order of start shall be arranged according to a method that prevents accompanied riding in any type A event with more than 30 riders. Details of the recommended method can be obtained from the District Secretary.

In addition to the main body number, competitors on solo machines must prominently display a number on a fluorescent of reflective background of not less than 8x8cm. This smaller number shall be positioned on the left upper arm so as to be clearly visible from the front when in the normal riding position. In tandem events the front rider shall wear the arm number as described above.

**Bentley Memorial Hall**

No bicycles to be taken into the hall.

Shoes with plates or cleats that could damage the floor to be removed before entering the hall.