

EASTERN COUNTIES



CYCLING ASSOCIATION

# 24 mile 3-up Team Time Trial

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

*to be held on*

**Sunday 18th September 2016SP**

**Course E22/24 — Start at 8.00 am**

*Timekeepers:*

**John Cottee and Laura Carter**

AWARDS

1st Team: Gilt Medals — 2nd: ECCA Medals — 3rd: ECCA Medals

*Event headquarters:*

**Birch Village Hall, School Hill, Birch, Essex CO2 0NA**

Event secretary: Lea Marshall, 96 Brockenhurst Way, Bicknacre, Essex CM34XG Telephone: 07880 616487

## **COURSE DETAILS E22/24**

START in Lower Road which is first lane on left, north of Birch Village Hall, at entrance gate to pumping station. Proceed to junction with B1022 where turn sharp left (**M**) (GREAT CARE). Proceed through Tiptree, Great Totham North and Great Totham South, to Heybridge turning left (**M**) onto B1026 at Triangle roundabout. Continue through Goldhanger and Tolleshunt D'Arcy until reaching former Kings Head PH where turn left (**M**) and continue for 1 mile to bear right (**M**) at Staffords Corner, continuing on Layer Road over reservoir passing Layer Church and Waterworks to turn left (**M**) into Birch Road at junction with Layer Fox PH. Continue on Birch Road to FINISH just past the opening to Garlands Farm.

## **LONDON EAST LOCAL REGULATIONS**

- 1 Competitors are not allowed to warm up on any part of the designated course once the event has started.
- 2 No 'U' turns are allowed within sight of either the start or finish points. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and to further disciplinary action by the London East CTT District Committee.
- 3 No parking at either the start or finish points, other than the timekeepers car.
- 4 Body numbers will be available at the event headquarters and may be exchanged for a drink afterwards.

## **RIDERS BRIEFING NOTICE**

Riders that have finished should proceed straight-on to the event headquarters.

Take care when passing through Birch village.

**In the interest of your own safety, Cycling Time Trials and the Event Promoters strongly advise you to wear a hard shell safety helmet that meets an internationally accepted safety standard. All juniors and/or riders under the age of 19 years are required to wear a suitably approved helmet.**

**Cycling Time Trials and the Event Promoters recommend the use of a flashing rear light whilst competing.**

No.	Name	Club	Start
1	Carol Cartwright	Southend Wheelers	8.01
2	Andrew Merchant		
3	Nicola Wright		
4	Karl Bunyan	Lea Valley CC	8.04
5	David McCarthy		
6	Mark Freeman		
7	Simon Smith	Southend Wheelers	8.07
8	Terry Butcher		
9	Adrian Cartwright		
10	Paul Donegan	Chelmer CC	8.10
11	Ann Shuttleworth		
12	Izzie Torrie		
13	Adam Jones	Southend Wheelers	8.13
14	Barry Simpson		
15	Katie Ann Elliston		
16	Paul Shelley	Diss & District CC	8.16
17	Oliver Simmonds		
18	Ian Nixon		
19	Anna Dearing	Colchester Rovers	8.19
20	Chris Hamlion		
21	Roy Cuppelditch		
22	Julie Kane	Southend Wheelers	8.22
23	Jane Harris		
24	Dave Whybrow		
25	Alan Spurden	Chelmer CC	8.25
26	Peter Harding		
27	David Harding <i>Reserve: A Stapleton</i>		
28	Jamie Maidment	Southend Wheelers	8.28
29	David Pennington		
30	Christopher Smith		
31	Thomas Platts	Aspire Velo Racing Team	8.31
32	Andy Sewell		
33	Tim Lynch		
34	Murat Ozdenya	Team Vision Racing - Silverhook	8.34
35	Dean Lubin		
36	Andrew Page		
37	Duncan Gilbert	Chelmer CC	8.37
38	Graham Painter		
39	Antony Stapleton <i>Reserve: A Spurden</i>		
40	Timothy Chilvers	Essex Roads CC	8.40
41	Colin Wilgress		
42	Colin Ward		