

| No | Name | Club | Cat | Best C & LTS | Age Std | H'cap | Start |
|----|-----------------------|--|----------|----------------|----------------|--------------|-------------|
| 1 | Murray KIRTON | A5 Rangers CC | V | 2:13:24 | 2:43:08 | 31:11 | 6:01 |
| 2 | Richard CARRINGTON | West Suffolk Wheelers | V | 1:56:15 | 2:16:59 | 15:10 | 6:02 |
| 3 | Steve SHORE | Southend Wheelers | V | 2:00:26 | 2:34:30 | 19:05 | 6:03 |
| 4 | Nicholas KNIGHT | Basildon CC | V | 2:09:13 | 2:16:59 | 27:17 | 6:04 |
| 5 | Steven BASS | Maldon & District CC | V | 1:53:01 | 2:20:00 | 12:09 | 6:05 |
| 6 | Stuart PECKHAM | New Forest CC | V | 1:55:34 | 2:19:09 | 14:32 | 6:06 |
| 7 | Ian PIKE (Trike) | Lincoln Wheelers CC | VT | 1:58:55 | 2:28:31 | 17:40 | 6:07 |
| 8 | Andy HAZELL | Nova Raiders CC | V | 2:03:12 | 2:34:30 | 21:40 | 6:08 |
| 9 | Mark VOWELLS (Trike) | CC Bexley | VT | 2:16:15 | 2:37:48 | 33:50 | 6:09 |
| 10 | Benjamin ALLEN | Westerley Cycling Club | V | 1:52:39 | 2:16:59 | 11:49 | 6:10 |
| 11 | Chris NUDDS | CC Breckland | V | 1:53:52 | 2:33:22 | 12:57 | 6:11 |
| 12 | James FRITCHLEY | Wheels of Dorset Aero Testing | S | 1:56:15 | | 15:10 | 6:12 |
| 13 | Neil EMPSON | Anglia Velo | S | 2:00:16 | | 18:55 | 6:13 |
| 14 | Dominic WHITEHEAD | St Ives CC | V | 2:09:12 | 2:25:05 | 27:16 | 6:14 |
| 15 | Eric GRILL | AeroCoach | S | 1:52:48 | | 11:57 | 6:15 |
| 16 | Richard HUTT | Harp RC | V | 1:55:34 | 2:25:43 | 14:32 | 6:16 |
| 17 | Graham PEPPERDINE | Verulam CC | V | 1:58:33 | 2:22:19 | 17:19 | 6:17 |
| 18 | Adam BISHOP | Lea Valley CC | V | 2:02:58 | 2:16:59 | 21:27 | 6:18 |
| 19 | Harry COWLEY | Chester RC | V | 2:26:36 | 2:33:22 | 43:30 | 6:19 |
| 20 | Will BEVAN | Ross on Wye & Dist CC | S | 1:52:30 | | 11:40 | 6:20 |
| 21 | Richard SHELDRAKE | Lincoln Wheelers CC | V | 1:53:49 | 2:17:26 | 12:54 | 6:21 |
| 22 | Steve BURROWS | Vive Le Velo | V | 1:57:10 | 2:24:29 | 16:02 | 6:22 |
| 23 | Bob QUARTON | Wolsey RC | V | 1:59:40 | 2:27:51 | 18:22 | 6:23 |
| 24 | Mark NICHOLLS | Pro Vision Cycle Clothing | V | 2:06:12 | 2:18:18 | 24:28 | 6:24 |
| 25 | John MANLOW | Ely & District CC/B&T Motor Repairs | V | 1:52:45 | 2:19:34 | 11:54 | 6:25 |
| 26 | Chris TYE | Plomesgate CC | V | 1:55:19 | 2:20:27 | 14:18 | 6:26 |
| 27 | Antony BIRT | Team Bottrill / Vanguard | V | 1:57:52 | 2:17:26 | 16:41 | 6:27 |
| 28 | Jp PRETORIUS | Vive Le Velo | S | 2:02:41 | | 21:11 | 6:28 |
| 29 | Mark SMART | VC Norwich | V | 2:07:08 | 2:20:00 | 25:20 | 6:29 |
| 30 | Paul SMITH | VeloRefined.com Aerosmiths | V | | 2:18:18 | 7:42 | 6:30 |
| 31 | John GOLDER | Chelmer CC | V | 1:53:20 | 2:28:38 | 12:27 | 6:31 |
| 32 | Geoff PERRY | Born to Bike - Bridgtown Cycles | V | 1:55:56 | 2:23:54 | 14:53 | 6:32 |
| 33 | Ian LINDSAY | Gloucester City Cycling Club | V | 1:59:11 | 2:17:52 | 17:55 | 6:33 |
| 34 | Michael FRY | Glendene CC | V | 2:04:40 | 2:23:21 | 23:02 | 6:34 |
| 35 | Daniel RYAN | North Road CC | S | 1:52:31 | | 11:41 | 6:35 |
| 36 | Richard DIXON | Team Swift | V | 1:54:36 | 2:22:19 | 13:38 | 6:36 |
| 37 | Barrie WHITTAKER | Lyme Racing Club | V | 1:56:24 | 2:25:43 | 15:19 | 6:37 |
| 38 | Andy COOK | Chippenham & District Wheelers | V | 2:01:31 | 2:22:19 | 20:05 | 6:38 |
| 39 | Sarah KELMAN | St Ives CC | WV | | 2:29:47 | 52:08 | 6:39 |
| 40 | Billy JARISH | Lincoln Wheelers CC | S | | | 1:21 | 6:40 |
| 41 | John DOWLING | Hemel Hempstead CC | V | 1:50:32 | 2:25:43 | 9:50 | 6:41 |
| 42 | Katja RIETDORF | Born to Bike - Bridgtown Cycles | WV | 1:56:01 | 2:29:47 | 14:57 | 6:42 |
| 43 | Cliff BELDON | Selby CC | V | 2:02:16 | 2:34:30 | 20:47 | 6:43 |
| 44 | Jennifer SMART | VC Norwich | WV | 2:09:16 | 2:28:51 | 27:19 | 6:44 |
| 45 | Julian PEGG | Hitchin Nomads CC | V | 1:48:40 | 2:22:19 | 8:06 | 6:45 |
| 46 | Chris LEA | Buxton CC/Sett Valley Cycles | V | 1:50:17 | 2:22:49 | 9:36 | 6:46 |
| 47 | Jon FRIEND | Bedfordshire Road RT | V | 1:51:08 | 2:20:54 | 10:24 | 6:47 |
| 48 | Louisa COOPER | Bournemouth Jubilee Whs | W | 2:00:47 | | 19:24 | 6:48 |
| 49 | Debbie BRADLEY | Team Bottrill / Vanguard | WV | 2:26:35 | 2:28:22 | 43:29 | 6:49 |
| 50 | Tom THORNELY | Buxton CC/Sett Valley Cycles | S | 1:47:26 | | 6:57 | 6:50 |

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|-----------|--------------------------|-------------------------------------|----------|----------------|----------------|---------------|-------------|
| 51 | William WALLACE | CC London | V | 1:48:52 | 2:15:35 | 8:17 | 6:51 |
| 52 | Andrew COOPER | Bournemouth Jubilee Whs | V | 1:50:55 | 2:15:35 | 10:12 | 6:52 |
| 53 | Becky MURLEY | Wisbech Whs | WV | 1:54:03 | 2:27:53 | 13:07 | 6:53 |
| 54 | Mandy BUNN | CC Sudbury | WV | 1:57:37 | 2:30:43 | 16:27 | 6:54 |
| 55 | Andrew ASKWITH | Bridlington CC | V | 1:47:17 | 2:21:21 | 6:48 | 6:55 |
| 56 | John LACEY | Hemel Hempstead CC | V | 1:48:25 | 2:21:49 | 7:52 | 6:56 |
| 57 | Scott LEVERINGTON | Springfield Financial Racing Team | V | 1:51:45 | 2:17:52 | 10:58 | 6:57 |
| 58 | Emily COX | NOPINZ | W | 1:59:17 | | 18:00 | 6:58 |
| 59 | Jill BARTLETT | Hounslow & District Whs | WV | 2:17:55 | 2:35:29 | 35:24 | 6:59 |
| 60 | Andy STUART | Velo Club St Raphael | V | 1:47:22 | 2:16:59 | 6:53 | 7:00 |
| 61 | Dan BROMILOW | Ely & District CC/B&T Motor Repairs | V | 1:49:00 | 2:17:52 | 8:24 | 7:01 |
| 62 | James CHURCHARD | Reading CC | V | 1:50:51 | 2:16:04 | 10:08 | 7:02 |
| 63 | Chris MELIA | Born to Bike - Bridgtown Cycles | WV | 1:52:24 | 2:33:12 | 11:35 | 7:03 |
| 64 | Zoe WHITESIDE | Team Bottrill / Vanguard | WV | 2:05:46 | 2:28:22 | 24:03 | 7:04 |
| 65 | Harley MATTHEWS | D A P Cycling Club | S | 1:48:16 | | 7:43 | 7:05 |
| 66 | Vicky GILL | DRAGZERO | W | 1:49:17 | | 8:40 | 7:06 |
| 67 | Iain BOARDMAN | Dulwich Paragon CC | V | 1:50:33 | 2:17:26 | 9:51 | 7:07 |
| 68 | Randle SHENTON | Team Swift | V | 1:51:40 | 2:25:05 | 10:54 | 7:08 |
| 69 | Sally WITHEY | Team Swift | WV | 2:12:09 | 2:30:43 | 30:01 | 7:09 |
| 70 | Julian MIDDLEWICK | Hampshire Road Club | V | 1:47:19 | 2:17:52 | 6:50 | 7:10 |
| 71 | Joe LE SAGE | Rutland Cycling Club | V | 1:48:53 | 2:17:52 | 8:18 | 7:11 |
| 72 | Lawrence BURROWS | Vive Le Velo | S | 1:49:34 | | 8:56 | 7:12 |
| 73 | Ian WROBLEWSKI | Lutterworth Cycle Centre Racing | V | 1:52:16 | 2:17:26 | 11:27 | 7:13 |
| 74 | Grazyna MONAGHAN | ABCpure | W | | | 25:59 | 7:14 |
| 75 | Keith DORLING | Team Bottrill / Vanguard | V | 1:48:12 | 2:24:29 | 7:40 | 7:15 |
| 76 | Laura BARTLETT | ...a3crg | W | 1:49:25 | | 8:48 | 7:16 |
| 77 | Darren YARWOOD | Vive Le Velo | V | 1:51:41 | 2:17:26 | 10:55 | 7:17 |
| 78 | Tina REID | trainSharp | WV | 1:58:00 | 2:32:41 | 16:48 | 7:18 |
| 79 | Virginia McGEE | Charlottesville Cycling Club | WV | 2:07:50 | 2:33:12 | 25:59 | 7:19 |
| 80 | Stuart BIRNIE | Willesden CC | S | 1:47:18 | | 6:49 | 7:20 |
| 81 | Gavin HINXMAN (Trike) | DRAGZERO | VT | 1:49:08 | 2:28:31 | 8:32 | 7:21 |
| 82 | Carl STEPHENS | Basildon CC | V | 1:50:23 | 2:19:09 | 9:42 | 7:22 |
| 83 | Lauren KIRCHEL | Chelmer CC | W | 1:52:00 | | 11:12 | 7:23 |
| 84 | Rachel HOLMAN | Ride Harder | WV | 2:02:34 | 2:27:53 | 21:04 | 7:24 |
| 85 | Keith AINSWORTH | Sheffrec CC | V | 1:47:31 | 2:24:29 | 7:01 | 7:25 |
| 86 | Martin WINTER | Twickenham CC | V | 1:49:15 | 2:21:49 | 8:38 | 7:26 |
| 87 | Andy NEWHAM | Lincoln Wheelers CC | V | 1:51:17 | 2:17:52 | 10:32 | 7:27 |
| 88 | Jackie FIELD | CC Ashwell | WV | 1:56:44 | 2:32:41 | 15:38 | 7:28 |
| 89 | Zena PALGRAVE | Ely & District CC/B&T Motor Repairs | WV | 2:07:06 | 2:27:53 | 25:18 | 7:29 |
| 90 | Alice LETHBRIDGE | DRAGZERO | W | 1:46:59 | | 6:32 | 7:30 |
| 91 | Adam BIDWELL | Kingston Wheelers CC | V | 1:44:18 | 2:16:04 | 4:01 | 7:31 |
| 92 | Robert BULLYMENT | Catford CC | V | 1:46:59 | 2:17:52 | 6:32 | 7:32 |
| 93 | Gary CHAMBERS | NOPINZ | S | 1:41:19 | | 1:14 | 7:33 |
| 94 | Henrik PERSSON | Kingston Wheelers CC | S | 1:43:54 | | 3:39 | 7:34 |
| 95 | Kevin BAUMBER | Shaftesbury CC | V | 1:46:35 | 2:17:26 | 6:09 | 7:35 |
| 96 | Matthew SMITH | DRAGZERO | V | 1:36:37 | 2:15:35 | - 3:33 | 7:36 |
| 97 | Matt PEEL | C and N Cycles RT | S | 1:43:49 | | 3:34 | 7:37 |
| 98 | Andy PROFFITT | Ipswich BC | V | 1:46:26 | 2:17:52 | 6:01 | 7:38 |
| 99 | David HARDING | Chelmer CC | S | 1:39:46 | | - 0:14 | 7:39 |
| 100 | Stephen WILLIAMSON | ...a3crg | V | 1:43:47 | 2:18:43 | 3:32 | 7:40 |

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|-----------------|-------------------|----------------------------------|-----|--------------|---------|--------|-------|
| 101 | David PROCTER | Team Velovelocity | V | 1:46:25 | 2:22:49 | 6:00 | 7:41 |
| 102 | Liam MAYBANK | Twickenham CC | V | 1:36:30 | 2:18:18 | - 3:40 | 7:42 |
| 103 | Leon WEST | CC Sudbury | V | 1:43:42 | 2:15:35 | 3:28 | 7:43 |
| 104 | Greg PARKER | CC Weymouth | V | 1:46:20 | 2:21:49 | 5:55 | 7:44 |
| 105 | Kevin TYE | VeloRefined.com Aerosmiths | V | 1:39:23 | 2:22:49 | - 0:39 | 7:45 |
| 106 | Colin ROSS | Lea Valley CC | S | 1:43:36 | | 3:22 | 7:46 |
| 107 | Matthew SENTER | Team Velovelocity | S | 1:45:59 | | 5:36 | 7:47 |
| 108 | Peter HARRISON | AS Test Team | S | 1:36:29 | | - 3:42 | 7:48 |
| 109 | Howard SHAW | Eastbourne Rovers CC | S | 1:43:05 | | 2:53 | 7:49 |
| 110 | Jim MOFFATT | CC Luton | V | 1:45:58 | 2:25:43 | 5:35 | 7:50 |
| 111 | Dave GREEN | CC Breckland | V | 1:39:14 | 2:21:49 | - 0:49 | 7:51 |
| 112 | Harry WALTON | Cheltenham & County Cycling Club | S | 1:43:01 | | 2:49 | 7:52 |
| 113 | Howard WALLER | Python RT | V | 1:45:31 | 2:21:21 | 5:09 | 7:53 |
| 114 | Adam DUGGLEBY | Vive Le Velo | S | 1:36:20 | | - 3:51 | 7:54 |
| 115 | Daniel NORTHOVER | Finsbury Park CC | V | 1:42:31 | 2:16:04 | 2:21 | 7:55 |
| 116 | Mat IVINGS | Buxton CC/Sett Valley Cycles | V | 1:44:54 | 2:17:52 | 4:35 | 7:56 |
| 117 | Julian ELLIOTT | Finsbury Park CC | V | 1:39:11 | 2:18:43 | - 0:52 | 7:57 |
| 118 | Alan MURCHISON | DRAGZZERO | V | 1:41:59 | 2:18:43 | 1:52 | 7:58 |
| 119 | Matthew READER | Verulam CC | V | 1:44:53 | 2:19:09 | 4:34 | 7:59 |
| 120 | Marcin BIALOLOCKI | NOPINZ | S | 1:34:58 | | - 5:17 | 8:00 |
| Reserves | | | | | | | |
| 121 | Antony GREEN | New Forest CC | V | | 2:21:49 | 5:36 | |
| 122 | Russell KINGSTON | Madison Genesis | V | | 2:19:09 | 8:49 | |
| 123 | Adrian GORHAM | Kettering CC | V | | 2:22:49 | 13:11 | |
| 124 | Ian CARDY | Chelmer CC | V | | 2:21:49 | 13:25 | |
| 125 | Damian MONAGHAN | ABCpure | S | | | 16:43 | |
| 126 | Paul WYATT | Glendene CC | V | | 2:17:52 | 17:17 | |

Obviously the 6 am start has affected the entries this year and only 126 were received. However the early start allows us to increase the field size so all entries have been accepted, although 6 will be reserves. Not surprisingly many of you asked for late starts but to make the competition fair for all BBAR contenders the field has been set in three sections which will help us to meet the course time restrictions. The fastest 30 will be the last to go, all the women and the next fastest will be in the middle section and for the rest it will be an early start. This may seem unfair but conditions can change dramatically in a four hour period and this will keep major rivals together. Pacing is always a problem with fast fields and we hope that our field setting will keep it to a minimum.

Last year's ECCA 100 showed that the course can still be fast early in the morning and hopefully you will all achieve personal bests. For the slower riders this is your chance to ride the E2 when in the past you could only dream of being accepted.

Over the years we have seen 8 Competition Records set in this event. It may be a smaller entry this year but the quality is there, can we hope for more?

Unable to ride? Please contact the [Organiser](#) or [Webmaster](#) as soon as possible so that a Reserve may be allocated a Start Time.

If possible, reserves will be told of their starting position before the race but it may be that spaces will not be available until the race. **All riders should sign on at least 30 minutes before their start time after which their position could be allocated to a reserve.** Reserves should report and sign on and wait to be allocated a starting position. Note: Reserves should wear the number as given in this Start Sheet, not that of the rider they replace.

RIDERS' NOTES

- ❖ Event Headquarters are at Westley Waterless Village Hall, near Newmarket (see map for directions) and will be open from 5.00 am. Please park outside the HQ grounds and only to the east of Village Hall. **Remember that most of the villagers will be asleep at 6 in the morning so please keep the noise to a minimum.** Please obey the Parking Marshals and park sensibly. Avoid blocking the pathways by not parking on the verges. Please give consideration to all other road users in the area so ensuring that we will be able to continue using these Headquarters. **It is also possible to park nearer the Start and Finish, in the road between Six Mile Bottom and West Wrating.**
- ❖ **NO SHOEPLATES or SMOKING in the Hall.**
- ❖ Start is about 5 miles from event HQ. To get to the Start, turn right out of Village Hall, left at crossroads then right at next crossroads to Six Mile Bottom. Turn left & proceed to slip road onto A11 southbound, continue and take the next slip road to The Wilbrahams.
- ❖ The field layout has been based on handicaps but has been set as detailed above. The race also counts for the ECCA Points Competition and Handicap BAR and handicaps were calculated using the CTT Standard Handicapping System, amended to include negative handicaps.
- ❖ Please inform [Organiser](#) or [Webmaster](#) of any improvement in your time for the current and last three seasons. Failure to do so could result in you being disqualified from the Handicap Award.
- ❖ There will be plenty of refreshments available at the Village Hall and we are planning once again to have our Big Screen results service.

IMPORTANT: PLEASE READ THE FOLLOWING CTT REGULATIONS

- 1 **NO** 'Warming up' by competitors is allowed on the course once the event has started.
- 2 **NO "U" TURNS** are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee. Note: Riders must continue after the Finish before crossing the road at Six Mile Bottom.
- 3 Riders' body numbers will be available at event HQ and must be personally signed for after reading any special course instructions.
- 4 As soon as you have finished you should return your number to the event HQ and personally sign out (failure to do so may mean you will be recorded as DNF). **You should also check to see if you are required for Doping Control.** You may exchange your number for a drink at the HQ.
- 5 Marshals placed to direct competitors off the main carriageway **MUST NOT** stand at the apex between the carriageway and the slip road but should be located at the commencement of the slip road.
- 6 Static Trainers. In respect of consideration for local residents, the use of static trainers, e.g.: turbo trainers, is banned from all morning events held in the London East District.
- 7 Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will also be liable to disciplinary action by the District Committee.
- 8 **IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the Event Promoters strongly advise you to wear a HARD SHELL SAFETY HELMET that meets an internationally accepted safety standard. In accordance with Regulation 15 ALL competitors under the age of 18 years and/or Juniors must wear Protective Hard Shell Helmets. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.**

HEAD DOWN RIDING KILLS!

COURSE DETAILS E2/50C

START (G.R. TL 561550) at paint mark on road leading to The Wilbrahams on bridge above A.11, 20 yards east (downhill) from the eastern traffic lights. Proceed immediately left down slip road to join A.11 southbound. Continue and take slip road (M) to Four Went Ways interchange (A.1307) and circle elevated roundabout (M) (4.01 miles) taking 4th exit (M) onto A.11 northbound. Continue on A.11 past Six Mile Bottom to join A.14 and after approximately 7 miles bear left onto A.11. Continue past Suffolk border to Freckenham sign (B.1085) (*Note: there are two exits both signed B.1085, the second, most easterly, is the correct exit*) and take slip road (M) to T-junction. Turn right (M) **WITH CARE** (22.5 miles) and continue to roundabout. Take third exit (M), to cross over A.11 to next roundabout, take 2nd exit (M) onto Newmarket Road, B.1085, and continue to roundabout **TURN** (M) (24.36 miles). **NOTE: DO NOT REJOIN A.11 AT THIS POINT.** Take 4th exit and retrace to roundabout where take 1st exit (M) (26.1 miles) onto A.11 southbound. Retrace on A.11 to join A.14 at Newmarket, then after approximately 7 miles keep left to rejoin A.11. Continue southwards and take slip road (M) to elevated roundabout at Four Went Ways (M) (44.6 miles), taking 4th exit (M) to rejoin A.11 northbound. Continue to Six Mile Bottom, where take A.1304 slip road and continue to **FINISH** beyond A.11 bridge, 2 kerb joints east of eastern end of central traffic island, approximately 30 yards east of sign saying "Weston Colville/West Wrattling 4" (*ignore painted "50" mark*). (50.0 miles) (G.R. TL 574564)

Be aware that the Finish is on the road to Six Mile Bottom, 800 yards AFTER you leave the A11 and not on the slip road itself.

NO "U-Turns" after Finish. Continue to Six Mile Bottom where turn right for HQ.

NOTES:

When leaving the A.14 Newmarket by-pass (three/four lane section) in both east and west directions, **STAY IN THE INSIDE LANE.** If you move into the middle lanes you will **go off-course** and **BE AT HIGH RISK** from passing traffic.

On the return leg between the Start, Four Went Ways and Six Mile Bottom early riders may meet other riders who are just starting. Take extra care at the slip road from the Start and when leaving the A.11 on the slip road to the Six Mile Bottom Finish.

YOUR SAFETY:

At all the roundabouts you should get to the inside middle of the roundabout as soon as it is safe to do so. If you ride on the outside of the roundabout you are at risk from vehicles leaving at each exit. Last year a driver had to take avoiding action because a rider rode across the exit road as he was about to leave, forcing the car to re-circle the roundabout.

LIGHTS:

We strongly urge you to fit high intensity flashing lights to the rear of your bike. When travelling on the course it is obvious that other vehicles and especially HGV's are moving out at least ½ mile before a rider with such lights whereas for others it's a last minute swerve. A front light is also recommended as it gives a warning to vehicles joining the carriageway from slip roads or laybys.

See separate leaflet for maps of the course

This Start Sheet can be downloaded from our website (<http://www.ShaftesburyCC.co.uk>) as PDF files – just follow the links to the Open 50. When viewed with Acrobat Reader you will be able to see the maps at a much larger magnification, so that you can be certain of knowing the course.