

# London North DC

## Start Sheet

## Under C.T.T. Regulations

### National Youth Championship (for the GHS Trophies)

**Sat 7th July 2018**

**Course F4X/10**

**Start Time 10:00**

Event Secretary:- Vince Freeley  
13 The Orchard  
LONDON  
N21 2DN

Tele:- 020 8340 9780  
Mob:- 07970 462554

Timekeeper:- Vince Freeley, Finsbury Park CC

Headquarters:- Sele School, Welwyn Rd, Hertford SG14 2DG  
We are using **The Training Centre** where there are toilet facilities.

**Users are required to park in the main school car parks and NOT in the small area next to the training centre as this is reserved for a separate organisation.**

### **Awards**

<b>Category</b>	<b>District Championship</b>	<b>National Final</b>
Fastest boy Fastest girl	Automatic entry to National Final. GHS Medallion, presented at the National Final	GHS Trophy & Medallion, presented at Champions night.
2 <sup>nd</sup> and 3 <sup>rd</sup> placed boys. 2 <sup>nd</sup> and 3 <sup>rd</sup> placed girls.	Automatic entry to National Final	GHS Medallion, presented at Champions Night.
Fastest team of 3, entered in the same District Championship and riding either for their school or affiliated club.	Automatic entry to National Final.	GHS Team Trophy and 3 GHS Medallions, presented at Champions Night.
Fastest in each age category, based on the rider's age on the 31 <sup>st</sup> August in the year of the competitions.	Automatic entry to National Final.	RTTC age group Medallion.
All finishers.	Commemorative Medal & Certificate.	Commemorative Medal & Certificate.

<b>Bib</b>	<b>Start time</b>	<b>Name</b>	<b>Club</b>	<b>Gen</b>	<b>Category</b>
1	10:01	Bruno	Cabrelli	Male	Juvenile
2	10:02	Nathan	Woodhouse	Male	Junior
3	10:03	Jonathan	Warren	Male	Juvenile
4	10:04	Joe	Bennett	Male	Junior

## Course F4X/10

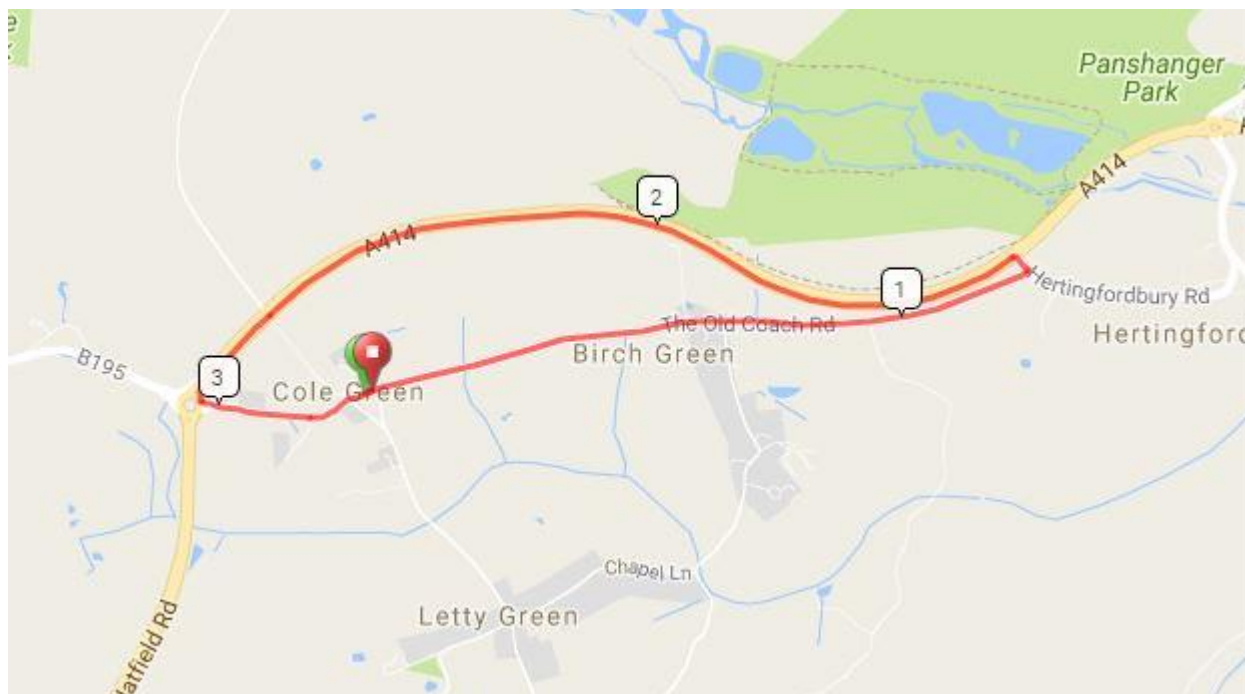
START (OS 166: TL282 115) at LP 116 in Old Coach Road (old A414) at Cole Green. Proceed east through Birch Green and Staines Green to T-Junction at outskirts of Hertingfordbury, where:-

Turn Left and immediately turn left again onto A414 dual carriageway.

Continue west to the RAB junction A414 / B195 where:-

Turn left to complete circuit. Complete 2 more circuits to:-

FINISH in Old Coach Lane, at start point at end of 3rd lap.



- **Regulation 15. Protective Helmets**

All competitors under the age of 18 years and / or Juniors must wear a properly affixed helmet which must be of hard / soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078. It is the responsibility of the rider (or parent or guardian if the rider is under 18 years of age) to:

- a) Select a Helmet that offers protection against head injury and does not restrict the rider's vision or hearing.
- b) Ensure that the helmet is properly fitted, is undamaged and in good condition.

### **Local Regulations.**

No.1. No U turns should be made in sight of the start or finish areas while riding on the public highway.

No.3. No cars other than that of the timekeeper(s) and other event officials are to be parked in the vicinity of the start or finish points.

- NO FOLLOWING CARS, offenders are liable to disqualification.
- Absolutely no parking on any part of the course, at any time.
- Please collect race numbers in person at the H.Q. and sign the required form. Return to HQ after your ride and 'SIGN OUT'.