# WARRINGTON ROAD CLUB OPEN 25 MILE 4-UP TEAM TIME TRIAL

Promoted for & on behalf of Cycling Time Trials under their Rules and Regulations.

## Thursday, JUNE 21st. 2018

Course J2/9

Timekeepers: Tony Millington & Graham Lawrence.

Event Secretary: Trevor Horton. 1, Mereview Gardens, Cann Lane South, Warrington, WA4 5GA
Tel. 01925 860711 mob. 07949452751

6.45pm START.

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**Headquarters:** Allostock Village Hall

Allostock Village Hall is located approximately 3 miles north of Holmes Chapel on the A50.

Numbers: At the HQ.

All competitors must sign on when collecting their number and sign off when returning their number.

To reach the start from the HQ go south (right) on the A50 and turn 1<sup>st</sup> left to Goostry, (Newplatt Lane). Turn left at end of Lane. Turn left after the Crown PH. And follow the lane bearing right into Bomish lane to start. Total distance approx. 4 mile.

### Course J2/9

#### Start

In Bomish Lane 0.178 miles west of A535, proceed to A535 and bear left to <b>Chelford Island</b>	2-1690m
Second exit left on to A537 to Ollerton Cross Roads.	5.2190m
Left into Seven Sisters Lane to A50 where left to <b>Twemlow Lane.</b>	11.408m
Left to Twemlow Green T- junction where Left to Chelford Island (2 <sup>nd</sup> . Time).	18.604m
Second exit left on to A537 to Ollerton Cross Roads (2 <sup>nd</sup> . Time).	21.114m
Left into Seven Sisters Lane to A50 where left to finish.	25.000m

#### **Finish**

At a 'J' mark on the west verge opposite the entrance to Mount Pleasant Nursing Home.

# Care at road junctions

Riders must exercise care at all junctions. Any competitor who's riding line causes them to cross the white line when approaching or leaving a junction will be liable to disqualification and may be reported to the District Committee for further disciplinary action. Vehicles must not be parked, however briefly, in any part of the access area to Mount Pleasant Nursing Home at the finish. Riders must negotiate Chelford Island in a safe and sensible manner in accordance with CTT Reg.20 and the rules of the road. Riders must be able to brake and stop at the island if traffic conditions require this. Riders MUST NOT ENTER or CIRCLE the island using tri-bars. Remember traffic on the island has priority over traffic (including riders) entering it. Any rider seen to be in breach of this regulation will be disqualified from the event and may be reported for further disciplinary action. A GREEN

### FLAG WILL BE POSITIONED INDICATING WHEN YOU MAY RETURN TO TRI-bars.

No U-turns at the start and finish area, or stopping at the time keeper for your time.

Riders please note-CTT insurance does not cover competitor on competitor insurance claims.

Cycling Time Trials and the event organisers strongly advise you to wear a **HARD SHELL HELMET** that meets an international accepted safety standard. In accordance with regulation 15 **ALL JUNIOR** competitors must wear protective hard shell helmets. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use.

# **CTT Regulation 32. Team Time Trials.**

A team's time will be that of the team's  $3^{rd}$  rider to cross the finish

(d) All riders of a team should wear clothing of similar colour and design.

(This is to aid the finish timekeeper to identify the 3<sup>rd</sup> rider of a team if more than 1 team finish together)