## PCCC Promotes 50 mile Time Trial including SWDC champs held on S4/50.

Date: $17^{\text {th }}$ June 2018
Start Time: 07:00am

Event Secretary:
James Cartlidge
12 Plymview Close
Plymouth, PI3 6LA
07534818560

Time-keeper: Anne Simpson
Marshals: Member of PCCC

## Event HQ

SOUTHPARK COMMUNITY CENTRE
Buckfast Road, Buckfast, TQ11 0EB
https://www.google.com/maps/place/Southpark+Community+Centre, +Buckfast/@50.4909229,-3.7761319,15z/data=!4m2!3m1!1s0x0:0x69528253b17f5? sa=X\&ved=OahUKEwjds9GlwsnbAhVil8AKHfR3De0Q_BllezAO

HQ OPEN AT 06:00am

Parking
Parking at HQ is limited, therefore please park in the Buckfast Abby car park (plenty of spaces).


## Course Detail

S4/50 (2018) (M) Start in the layby on the Exeter bound direction and opposite Dean Prior Church at a point level with the emergency telephone 779B.
Proceed in the Exeter bound direction to pass Buckfastleigh, Ashburton, Bickington, Heathfield and Chudleigh Knighton. At Chudleigh Bridge filter left (M), turn right (M), give way, and right again (M) to rejoin the A38 in the Plymouth bound direction. Retrace the outward route to filter left at the sign "Lower Dean". At the base of the slip road turn right (M), give way, to pass under the A38, then turn right again (M2), give way, on to the old A38. Continue past Buckfastleigh to Dart Bridge where take second exit at the mini roundabout (M) and then turn left to rejoin the A38, Exeter bound direction. Retrace first circuit via Chudleigh Bridge and back to the Lower Dean slip road.
At the base of the slip road turn left (M) and in approximately 60 yards turn left into road signed "Rattery". Finish at a point level with and opposite the sign for Dean Court Farm.

Intermediate mileages: - Chudleigh Bridge = 13.3 and 37.8 miles
The end of the Dean Prior off slip $=25.5$ miles

## Prizes

Overall $1^{\text {st: }} £ 15 \quad$ Overall $2^{\text {nd }}: £ 10$
Vet on Std $1^{\text {st: }}: £ 10$ Vet on Std $2^{\text {nd. }}: £ 5$
Lady $1^{\text {stt: }} £ 15 \quad$ Team (3) $1^{\text {st. }} £ £ 15$

## SWDC Champs Medals

$1^{\text {st }}$ Overall $\quad 1^{\text {st }}$ Lady $\quad 1^{\text {st }}$ Vet Std $\quad 1^{\text {st }}$ Team(3)

Bob Wilson Memorial Trophy - awarded to the fastest team of three (based on fastest $3^{\text {rd }}$ fasted rider).

## Notes to riders:

$\neg$ Numbers will be at the H.Q. where you will need to sign on before taking your number. On returning to the HQ you are required to sign the signing out sheet when returning your number. Failure to do so will result in disqualification.
$\neg$ No warming up on the course after $1^{\text {st }}$ rider has started (07:00am).
$\neg$ Please observe the Highway Code. Ride with your head up. Do not "White Line" and wear bright clothing.
$\neg$ Advice to all competitors - from general notes - CTT and the organisers strongly recommend all riders wear a hard shell helmet manufactured to a suitable standard.
$\neg$ It is recommended that a flashing or constant rear light be fitted to the bike in a position clearly visible to following road users.
$\neg$ Event riders waiting to start must do so before the timekeeper and stand in single file. Officials must not seek to regulate or interfere with other traffic.
$\neg$ Paced and Company Riding - Time Trialling for Beginners states that "When a competitor gets caught by another rider the regulations require the overtaken rider to fall back to a distance behind the other rider of at least 50 yards.
Keep your head up and have a safe fast ride!

## Start List

| Bib StartTime | F-name | L-name | Club | Gender | Category | Age STD |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 107:01:00 | Dennis | Murphy | Plymouth Corinthian CC | Male | Senior | $39 \mathrm{~N} / \mathrm{A}$ |
| 207:02:00 | Jonathan | Warner | Audax UK | Male | Veteran | 51 02:20:27 |
| 3 07:03:00 | Marvin | Laing | City Cycle Couriers RT | Male | Veteran | 47 02:18:43 |
| 407:04:00 | Richard | Babbage | Mid Devon CC | Male | Veteran | 47 02:18:43 |
| 507:05:00 | Mark | Sanders | Mid Devon CC | Male | Veteran | 59 02:24:29 |
| 607:06:00 | Jonathan | Ellis | Plymouth Corinthian CC | Male | Senior | $37 \mathrm{~N} / \mathrm{A}$ |
| 707:07:00 | mike | rose | Exeter Whs CC | Male | Veteran | 62 02:26:24 |
| 807:08:00 | Ian | Lindsay | Gloucester City Cycling Club | Male | Veteran | 45 02:17:52 |
| 907:09:00 | Steve | Hockings-Thompson | Revo Racing | Male | Veteran | 52 02:20:54 |
| 1007:10:00 | Andrew | Perkins | Mid Devon CC | Male | Veteran | 46 02:18:18 |
| 1107:11:00 | Martina | Geraghty | Penzance Wheelers CC | Female | Veteran | 48 02:30:15 |
| 1207:12:00 | Vicky | Jowett | Plymouth Corinthian CC | Female | Senior | 34 N/A |
| 1307:13:00 | Ian | Deakin | Mid Devon CC | Male | Veteran | 61 02:25:43 |
| 1407:14:00 | Robert | Shaw | Plymouth Corinthian CC | Male | Senior | $29 \mathrm{~N} / \mathrm{A}$ |
| 1507:15:00 | Lee | Sanderson | Mid Devon CC | Male | Veteran | 51 02:20:27 |
| 1607:16:00 | John | Rollason | Plymouth Corinthian CC | Male | Senior | $37 \mathrm{~N} / \mathrm{A}$ |
| 1707:17:00 | John | Morse | Audax UK | Male | Veteran | 53 02:21:21 |
| 1807:18:00 | Josh | Coyne | Okehampton CC | Male | Senior | 23 N/A |
| 1907:19:00 | Chris | Vellacott | Royal Navy \& Royal Marines CA | Male | Veteran | 56 02:22:49 |
| 2007:20:00 | Paul | Walshe | Plymouth Corinthian CC | Male | Veteran | 42 02:16:04 |
| 2107:21:00 | David | Hall | Royal Navy \& Royal Marines CA | Male | Veteran | 55 02:22:19 |
| 2207:22:00 | Rose | Willis | St Austell Whs CC | Female | Veteran | 43 02:27:53 |
| 23 07:23:00 | Simon | Edney | Revo Racing | Male | Veteran | 59 02:24:29 |
| 2407:24:00 | chris | scawn | Plymouth Corinthian CC | Male | Veteran | 67 02:30:22 |
| 25 07:25:00 | Tim | McEvoy | Camel Valley C \& TC | Male | Veteran | 40 02:15:35 |
| 2607:26:00 | Rebecca | Campbell | Penzance Wheelers CC | Female | Veteran | 52 02:32:10 |
| 2707:27:00 | philip | bray | Plymouth Corinthian CC | Male | Senior | $37 \mathrm{~N} / \mathrm{A}$ |
| 2807:28:00 | Ruth | Burrows | Mid Devon CC | Female | Senior | $33 \mathrm{~N} / \mathrm{A}$ |
| 2907:29:00 | Dean | Robson | Northover VT / Rudy Project | Male | Senior | 31 N/A |
| 3007:30:00 | conrad | moss | Mid Devon CC | Male | Veteran | 43 02:16:59 |

