

<u>Nottingham Clarion Cycling Club</u> <u>50 Mile Time Trial</u> (Incorporating the National Clarion 50 mile Championship) Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations. Course: A50/5 Sunday 3rd June 2018 at 10:00

Event secretary: Jessica Beyer-Lyons 4 New Row Main Road Plumtree NOTTINGHAM NG12 5NB Tel: 7725736274

Timekeepers: Steve Custance - Beeston Road club Norman Portess

Prizes:

Fastest Overall 1st - £40, 2nd - £35, 3rd - £30, 4th - £25, 5th - £20 Women: Fastest - £40, 2nd - £30, 3rd - £20 Fastest Veteran age 40 - 49 £20 Fastest Veteran age 50 - 59 £20 Fastest Veteran age 60 and over - £20 Fastest Clarion Rider - £20

Winning Team of 3 riders on aggregate time - £10 each.

National Clarion Championship Awards as per the Rules & Constitution

One prize only per rider, with the exception of the team prize.

Event HQ: Granby Village Hall. The hall will be open from 09.00

Granby Village Hall Sutton Lane Granby Notts NG13 9PY

Please do not wear your cycling shoes in the HQ

Numbers will be at the HQ. Please return your number in exchange for a drink at the HQ. Please read any special instructions and sign on before taking your number. Please remember to sign out when you have finished the event.

Parking: Granby is a very small village and we need to park and ride considerately.

Please only park on one side of the road and be considerate to residents of the village by ensuring you don't block access to their properties

Warming up: It is 2.3 miles from the HQ to the start along Plungar Rd/Granby Lane. This would be a good road to ride up and down to warm up. Please do not warm up on the course. **Riders should allow at least 10 minutes from the event HQ to the start.**

Course details: A50/5

Start in unclassified road south east of Plungar village adjacent to an ungated field entrance approx 100 yards beyond a single bench seat in verge. Forward to the junction with the Harby - Bottesford road u/c (Long Lane), Give Way (0.54 miles). Turn left and proceed to the junction with the A52 Bottesford bypass, Give Way (4.77 miles). Turn left onto A52 and proceed to the junction with Tithby Road at the top of the hill on the Bingham bypass (11.45 miles). Turn left into Tithby Road and proceed via Langar to Harby Village. Continue through the village to the junction with Stathern Lane (Bottesford Road - 17.6 miles). Turn left into Stathern Lane and forward to the junction with the starting lane to complete one lap of the circuit (20.04 miles). Continue forward to A52 and repeat for a second lap (39.5 miles).

Begin the third and final lap, forward to A52 (43.75 miles), left along the A52 Bottesford bypass, continue via Elton and Whatton bypas to Granby Lane end (48.87 miles). Turn left into Granby Lane to FINISH adjacent to electric pole marked ABS52/178 before left turn to Whatton Manor (50 miles).

Signs and Marshalling

There will be directional arrows on the course; marshals will indicate the course route as you approach.

Course Safety Notes – Please read!

- 1. Take particular care at the Left Turn onto the A52 from Long Lane. It is your responsibility to give way to traffic on the A52.
- 2. Riders emerging from Highgate Lane at the start must give way to oncoming traffic on Long Lane, including riders completing their first lap.
- 3. Look out for parked cars in Harby from the canal bridge at the entrance to the village up through the village to the left turn.
- 4. Once you have finished keep riding straight along the road ignoring any turn offs, to Granby and the HQ NO U TURNING IN THE VICINITY OF THE FINISH.
- 5. The road surface between A52 Bingham Bypass and Langar is in need of repair having deteriorated over the winter. There are some large ruts and potholes that need to be avoided and adequate care should be excercised over this section of the course. It is best to ride a wide line at least three to four feet from the inside edge.
- 6. A copy of the risk assessment will be available at the signing on desk or on request.

In the interest of your own safety the CTT strongly advise that you wear a hard shell helmet that meets an internationally accepted standard.

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active whilst the machine is in use.

Have a good ride ©