Promoted for and on the behalf of Cycling Time Trials, under their rules and regulations.

Holme Valley Wheelers

25 mile open Time Trial held on Saturday 26th May 2018, first rider off at 14.01

Timekeepers George Barker - Pennine CC

Phil Hurt – Yorkshire R C

Event Secretary Richard Haigh, 75, Hall Ing Lane, Honley, Holmfirth W Yorkshire HD9 6QW

Tel 01484 665682 Mobile 07823 405085 Email - <u>richard.a.haigh@btinternet.com</u>

Course V237

START on North side of B6267 (Masham Lane) at double red metal gate (3rd gate in all from TI), approx.. 525 yards West of Sinderby TI. Proceed Eastwards before turning left at Sinderby TI, then continue Northwards via Gatenby TI to Bedale lane end TI (6.53 miles). Encircle island and proceed South along A6055 via Gatenby TI to Sinderby TI, (12.77 miles). Encircle TI and repeat circuit via Gatenby TI, Bedale lane end TI (19.03 miles), Gatenby TI to FINISH at double 2-way / Clearway sign approx. 400 yds North of Sinderby TI (25 miles).

Headquarters Lux Café

8 Baruck Close, Baker Business Park, Melmerby, Ripon. HG4 5NB

Direction by car

Leave the A1 at junction 50, follow the A61 in the direction of Ripon for 1 mile, turn right on to Melmerby Green Lane and follow for 0.8 mile, where turn left into Melmerby Green Road the HQ and event will be visible.

Parking

Parking please park on the roads and parking available around the café please ensure that you are not inconveniencing anyone who is working there, I am sure they would rather be somewhere else

To start

The start is 4.9 miles from the HQ, please follow the direction arrows and please take care at Sinderby TI where riders will be approaching from their first lap and from the start.

Restrictions

The Yorkshire District CTT Council forbids the use of turbos and rollers within 100 yards of households.

No U turns in the start area or passing the start time keeper; please do not warm up on the course after the event has commenced.

Please see additional notes regarding safety

IN THE INTERESTS OF YOUR OWN SAFETY,

Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard shell helmets.

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

Thank you to all who have entered by internet or ticked to accept their start sheet via email, have put all the money saved into the prize list. Good luck to all riders and we hope you enjoy your afternoon

Please dispose of your rubbish in the bins or take it home with you.

Prize List

Women						
1st fastest woman			£35.00	2 nd woman Cat L-A		£25.00
1 st woman Cat L-B			£25.00			
One rider one prize						
Men's						
1 st fastest	£35.00 2 nd fa		stest	£25.00	3 rd fastest	£18.00
Categories						
Cat - V40 fastest	£25.00		2nd fastest	£18.00	3rd fastest	£12.00
Cat - V50 fastest	£25.00		2nd fastest	£18.00	3rd fastest	£12.00
Cat - V60 fastest	£25.00		2nd fastest	£18.00	3rd fastest	£12.00
Cat - V70 fastest	£25.00		2nd fastest	£18.00		
One rider one prize						

Please note – one rider one prize, the prize given will be the highest monetary value.

Please see additional notes regarding safety below

At the start

Please only two riders on the road at the start at any one time

Last year a motorist reported to the police that riders were standing out into the road There is plenty space to wait 70 yards away from the start if you are early and don't wish to keep warming up

Please warm up west of the start if you arrive early

Please use the toilets provided

There will be 2 portable toilets in the car park

and two toilets attached to the café

Your number will be exchanged for a token for use in the café when you have finished.

This will entitle you to a drink and a piece of cake. You will need to pay for any additional food & drinks

The A6055 is a clearway – No parking – No U Turns

Please note that marshals are only there to indicate your direction and not to control traffic in your favour. At each junction it is your responsibility to ensure that it is safe to proceed.

Keep your head up and keep to the left of the carriageway.

Can all riders shout out their number as they pass the finish.

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