




## Dukinfield Cyclists’ Club <br> Affiliated to: CTT, M\&DTTA, M\&DLCA, Cycling UK

President: Mr. S. Holt

## NOTES TO COMPETITORS

he headquarters are at Goostrey Village Hall situated on Main Road, Goostrey, Postcode CW4 8PE and will be open from 3pm. Please note that there are presently road resurfacing works on Main Road in Goostrey All riders must sign on and must wear both arm and body numbers before being allowed to start. All riders must also sign off after finishing their ride even if you do not finish. The signing on and off sheet and numbers will be at the headquarters
Please allow sufficient time to ride to the start as it is approximately 2 miles away. From the HQ turn left onto Main Road and after approximately 1 mile turn left at the crossroads onto Hermitage Lane. At the end of the ane turn right with care into Twemlow Lane. The start is approximately 0.2 miles along Twemlow Lane. Please ride with your head up at all times. Avoid all U-turns in the vicinity of the start \& finish. Ride a safe distance from the kerb, but do not ride out in the traffic. OBSERVERS ARE BEING USED IN THIS EVENT Riders must not stop or make ' $U$ ' turns at the finish, but must continue to the headquarters.
On behalf of the Duks, I would like to take this opportunity to wish you an enjoyable and safe ride.

## Care At Road Junctions

Riders must exercise caution at all junctions. Any competitor whose riding line causes him/her to cross the white line when approaching or leaving a junction will be disqualified from the event and may be reported to he District Committee for further disciplinary action.
Riders must negotiate Chelford Island in a safe and sensible manner in accordance with CTT Reg. 20 and the ules of the road. Riders must be able to brake and stop at the island if traffic conditions require this. Riders MUST NOT approach the island using tri-bars. Remember that traffic on the island has priority over traffic including riders) entering it. Any rider seen to be in breach of this regulation will be disqualified from the vent and may be reported for further disciplinary action.
In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

## Course J4/16

Start In Twemlow Lane before the property called 'Timbers’ opposite pole No.0609396. Proceed along lane to:Left on the A535 to: again and continue along A50 to Twemlow Lane where left past start to commence a second lap :-

On A50 just before Twemlow Lane by a field gate opposite a ' 50 ' speed limit repeater sign


