**Please be aware of local regulation regarding riding to and from the start...**

**When riding from the HQ PLEASE BE AWARE of riders from the Right who will already be riding.**

**A marshal will be outside the HQ please follow his instructions and don’t cross until told to do so..**

**Ride down the A6 around the RAB over the bridge until you reach a Marshal where you will turn right down B6430 Garstang Road follow the road until you see a yellow arrow, turn left down Cock Robin Lane back to the A6 and turn left to the start.**

**After finishing turn right into Cock Robin Lane and retrace back to the HQ...**

**Remember anyone found warming up on the course are not following these instructions is liable to be disqualified...**

**This is the first Open event on the course....**