



EAST LANCS ROAD CLUB OPEN 10 MILE TIME TRIAL

THIS EVENT IS ROUND 5 OF THE CHESHIRE COURSES POINTS COMPETITION

Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations
Commencing at 2:00 pm, on Saturday, 28th April 2018.

PLEASE TAKE CARE TO READ ALL THE RIDER NOTES BELOW, INCLUDING IMPORTANT INSTRUCTIONS REGARDING THE EVENT HQ.

Course: J2/1

Timekeepers: Ms. C. White & Mrs. C. Elliott.

Start: A537, approx 500 yards west from junction with the A34 at Monks Heath lights.

Event HQ: Siddington Village Hall, Congleton Road, Siddington, Cheshire, SK11 9JR

Please do not rely on the postcode alone to find the venue

Event Secretary

Jonathan Preston

23 Broadhagh

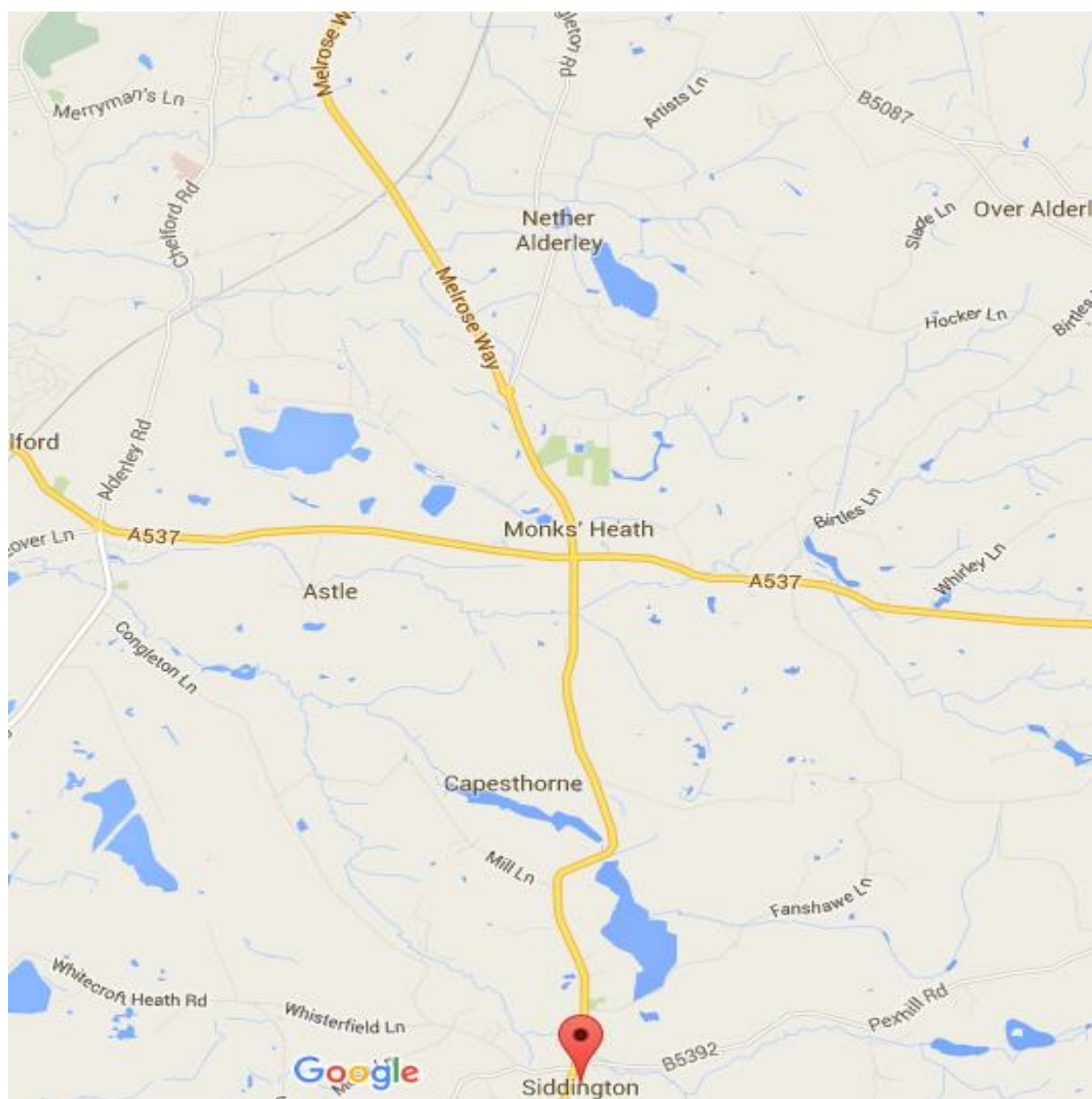
Bamford

Rochdale

OL11 5LX

Tel: 01706 527738

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Prize Values & Awards

One rider one prize, except team prize.
One rider one prize, except team prize.

Overall Prizes

Category	First	Second	Third	Fourth
Fastest Overall	£35	£20	£15	£10
Vet 40	£20	£15	£10	
Vet 50	£20	£15	£10	
Vet 60	£20	£15	£10	
Vet 70	£20	£15	£10	
Vet 80	£20			
Junior	£20	£15	£10	
Juvenile	£20	£15		

Team Prizes

	Rider 1	Rider 2	Rider 3
Fastest Team of 3	£20	£20	£20
Second Fastest Team of 3	£15	£15	£15

Rider Instructions: Numbers will be available at the HQ. You must sign on when collecting your number. Pin rear number low down and arm number on left shoulder. Risk Assessment document available at sign in. The event HQ opens at **01:00pm**. Signing-on will commence at **01:10 pm**. **Please do not forget to sign-off after your ride.**

Directions to Start: Right out of HQ, left at Monks Heath traffic lights onto A537, Chelford Road. Start in first lay-by approx 500yds on left. Please allow ten minutes to the start.

Return to HQ. Continue on A537, Chelford Road, from finish to Monks Heath traffic lights. Extreme care – turn right onto A34 to Village Hall.

Warm-Up:

Warming Up – Riders must not warm up past the start and finish areas.

Care at road junctions:

Riders must exercise caution at all junctions. Any competitor whose riding line causes her/him to cross the white line when approaching or leaving a junction will be liable to disqualification from the event and may be reported to the District Committee for further disciplinary action.

Any rider making a U turn in the vicinity of the start or finish will be disqualified. Observers will be used in this event.

Event H.Q.

1. There will be no access to the event HQ before 01:00pm. Signing on will commence from 01:10pm.
2. Riders must ensure they do not block any roads around the hall.
3. Extra parking is available in a field adjacent to the village hall and can be accessed via the village hall car park. This will be available from 01:00 pm.
4. As a courtesy to other riders, supporters and children please do not change clothing in a manner that may cause offence.

Course: J2/1 (10 Miles)

START at a “JS1” mark on A537 in centre of the lay-by approx. 500yds west of the A34 Monks Heath traffic lights. Proceed west on the A537 across Chelford Island (3rd exit). Encircle Booths Hall Island (5.628 miles) and retrace the route via Chelford Island (2nd exit) to **FINISH** at JF1 mark adjacent to second stud back at the first lay-by after Chelford Island (10 miles).

Rider Notes:

1. No parking at the start or finish.
2. NO 'U' TURNS AT THE START.
3. NO 'U' TURNS AT THE FINISH. Riders should either dismount or continue forward into the Sand Quarry entrance where you can turn in the gateway and retrace along the A537 in the normal manner.
4. Riders must not stop at the finish but should continue on to the event headquarters, where times will be displayed.
5. Riders must negotiate Chelford Island in a safe and sensible manner in accordance with CTT Reg. 20 and the rules of the road. Riders must be able to brake and stop at the island if traffic conditions require this. Riders **MUST NOT** approach and encircle the island using tri-bars. **Remember** - traffic on the island has priority over traffic (including riders) entering it. Any rider seen to be in breach of this regulation will be disqualified from the event and may be reported for further disciplinary action.
6. Care At Road Junctions. Riders must exercise care at all junctions. Any competitor whose riding line causes him/her to cross the white line when approaching or leaving a junction will be liable to disqualification and may be reported to the District Committee for further disciplinary action.

The Risk Assessment document will be available at Signing-On but we highly recommend reading this, in advance, on the CTT District website (www.manchesterctt.org.uk) – especially those riders who are not familiar with the course and it's junctions (plus its ruts and potholes).

IN THE INTERESTS OF YOUR OWN SAFETY,

Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard Shell Helmets. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

At HQ we have the signing-on team, the catering team and the results board.



East Lancs Road Club Open 10: Saturday 28th April 2018

No.	Name	Club	Category	Start Time	Time
1	M & D Ladies Event			02:01:00 PM	
2	M & D Ladies Event			02:02:00 PM	
3	M & D Ladies Event			02:03:00 PM	
4	M & D Ladies Event			02:04:00 PM	
5	M & D Ladies Event			02:05:00 PM	
6	M & D Ladies Event			02:06:00 PM	
7	M & D Ladies Event			02:07:00 PM	
8	M & D Ladies Event			02:08:00 PM	
9	M & D Ladies Event			02:09:00 PM	
10	M & D Ladies Event			02:10:00 PM	
11	M & D Ladies Event			02:11:00 PM	
12	M & D Ladies Event			02:12:00 PM	
13	M & D Ladies Event			02:13:00 PM	
14	M & D Ladies Event			02:14:00 PM	
15	M & D Ladies Event			02:15:00 PM	
16	M & D Ladies Event			02:16:00 PM	
17	M & D Ladies Event			02:17:00 PM	
18	M & D Ladies Event			02:18:00 PM	
19	M & D Ladies Event			02:19:00 PM	
20	M & D Ladies Event			02:20:00 PM	
21	M & D Ladies Event			02:21:00 PM	
22	No Rider			02:22:00 PM	
23	No Rider			02:23:00 PM	
24	No Rider			02:24:00 PM	
25	No Rider			02:25:00 PM	
26	No Rider			02:26:00 PM	
27	No Rider			02:27:00 PM	
28	No Rider			02:28:00 PM	
29	No Rider			02:29:00 PM	
30	No Rider			02:30:00 PM	
31	David Ireland	East Lancashire RC	V50	02:31:00 PM	
32	Nev Ashman	Manchester Velo Cycle Racing Club	V70	02:32:00 PM	
33	Chris Rix	Salford Cycling Club	Sen	02:33:00 PM	
34	John Drake	ABC Centreville	V50	02:34:00 PM	
35	Steve Marlow	Weaver Valley CC	V60	02:35:00 PM	
36	Alan Peter Meinhard	Pro Vision Cycle Clothing	V50	02:36:00 PM	
37	Graeme Evans	Mersey Roads Club	V50	02:37:00 PM	
38	Simon Phillips	Stockport Tri Club(2017)	V50	02:38:00 PM	
39	Martin Sackfield	Leigh Premier Road Club	V40	02:39:00 PM	
40	Rob Kirk,	Withington Wheelers	V50	02:40:00 PM	
41	Steve McQuade	Crewe Clarion Whs	V50	02:41:00 PM	
42	Peter Matthew	East Lancashire RC	V70	02:42:00 PM	
43	Kenneth Trigger	Crewe Clarion Whs	V60	02:43:00 PM	
44	Graeme McCulloch	Stretford Wheelers CC	V50	02:44:00 PM	
45	Max Bentley	East Lancashire RC	Juv	02:45:00 PM	
46	Pab Maddox	Niteriders	V50	02:46:00 PM	
47	Simon Darby	Salford Cycling Club	Sen	02:47:00 PM	
48	Patrick Gould	Matlock CC	V40	02:48:00 PM	
49	John Ashworth	East Lancashire RC	V70	02:49:00 PM	
50	Duncan Poole	Congleton CC	V40	02:50:00 PM	

East Lancs Road Club Open 10: Saturday 28th April 2018

No.	Name	Club	Category	Start Time	Time
51	Roger Wrenn	Macclesfield Wheelers	V70	02:51:00 PM	
52	Matthew Riddiough	Glossop Kinder Velo Cycling Club	V40	02:52:00 PM	
53	Victor Trigger	Crewe Clarion Whs	V70	02:53:00 PM	
54	Robbie Harcourt	Salford Cycling Club	V50	02:54:00 PM	
55	Derek Hodgins	Stockport Clarion CC	V80	02:55:00 PM	
56	David Smith	Graham Weigh Racing-Deeside Olym	V70	02:56:00 PM	
57	Kelvin Milward	Congleton CC	V50	02:57:00 PM	
58	Nigel Wood	Vision Racing /Delamere Dairy/GRM	V50	02:58:00 PM	
59	Malcolm Orrell	Seamons CC	Sen	02:59:00 PM	
60	Paul Dentith	Congleton CC	V50	03:00:00 PM	
61	Philip Maffei	Glossop Kinder Velo Cycling Club	Sen	03:01:00 PM	
62	Mat Stephenson	Congleton CC	V50	03:02:00 PM	
63	Andy Milligan	Weaver Valley CC	V50	03:03:00 PM	
64	Paul Dean	Macclesfield Wheelers	V50	03:04:00 PM	
65	Liam Cottrell	Port Sunlight Wheelers	Sen	03:05:00 PM	
66	Danny McCabe	Garstang CC	V50	03:06:00 PM	
67	Kevin Woodward	Salford Cycling Club	V40	03:07:00 PM	
68	David Bentley	East Lancashire RC	V40	03:08:00 PM	
69	Andy Chalmers	Leigh Premier Road Club	V50	03:09:00 PM	
70	Steve Downey	Pirate juice cc	Sen	03:10:00 PM	
71	James Willetts	Team JMC	Sen	03:11:00 PM	
72	Roy Nield	East Lancashire RC	V40	03:12:00 PM	
73	George Aldridge	Birkenhead North End CC	V60	03:13:00 PM	
74	Jeff Upton	Stockport Tri Club(2017)	V50	03:14:00 PM	
75	Tim Marshall	Seamons CC	V40	03:15:00 PM	
76	Stephen Glenwright	VTTA (Merseyside)	V50	03:16:00 PM	
77	Kenny Mitchell	Manchester Triathlon Club	V50	03:17:00 PM	
78	Oliver Makinson	East Lancashire RC	Jun	03:18:00 PM	
79	Lachlan Hacker	North Cheshire Clarion	Juv	03:19:00 PM	
80	Nathan Turnbull	Leigh Premier Road Club	V40	03:20:00 PM	
81	Ian Lawton	Hoppers Rollers	V40	03:21:00 PM	
82	David Trippier	East Lancashire RC	V60	03:22:00 PM	
83	Simon Williams	Ashley Touring CC	Sen	03:23:00 PM	
84	Tony Perrin	Stone Wheelers CC	V50	03:24:00 PM	
85	Paul Birkin	Buxton CC/Sett Valley Cycles	V50	03:25:00 PM	
86	John Spearman	Seamons CC	V40	03:26:00 PM	
87	Murray Taylor	Manchester Triathlon Club	Sen	03:27:00 PM	
88	Richard Coates	Leek Cyclists' Club	V50	03:28:00 PM	
89	Stephen Longdon	Stretford Wheelers CC	V60	03:29:00 PM	
90	Kevin Dearden	HD Revolutions	V50	03:30:00 PM	
91	Robert Pollen	Ashley Touring CC	V40	03:31:00 PM	
92	Andy Gray	Wills Wheels Cycling Club	V40	03:32:00 PM	
93	Bill Sedgwick	Southport CC	V60	03:33:00 PM	
94	Andy Robinson	Vision Racing /Delamere Dairy/GRM	V40	03:34:00 PM	
95	Adam Darby	Salford Cycling Club	Sen	03:35:00 PM	
96	Jamie Humphries	Westmead Team 88	V40	03:36:00 PM	
97	Mark Fielding	North Cheshire Clarion	V40	03:37:00 PM	
98	James Brayford	Lyme Racing Club	Esp	03:38:00 PM	
99	Oliver Bentley	East Lancashire RC	Jun	03:39:00 PM	
100	Nathan Astley	Manchester Wheelers	V40	03:40:00 PM	

East Lancs Road Club Open 10: Saturday 28th April 2018

No.	Name	Club	Category	Start Time	Time
101	Matt Hacker	North Cheshire Clarion	V40	03:41:00 PM	
102	John Cripps	Leigh Premier Road Club	Sen	03:42:00 PM	
103	Basil leRoux	Seamons CC	V40	03:43:00 PM	
104	Louis Thomas-Messer	Macclesfield Wheelers	Esp	03:44:00 PM	
105	Jim Stewart	Buxton CC/Sett Valley Cycles	Sen	03:45:00 PM	
106	Graham Peel	Crewe Clarion Whs	Sen	03:46:00 PM	
107	Stuart Lloyd	Frodsham Wheelers	V50	03:47:00 PM	
108	William Howarth	East Lancashire RC	V60	03:48:00 PM	
109	Jack Green	Velotik Racing Team	Sen	03:49:00 PM	
110	Alan Chorley	Seamons CC	V40	03:50:00 PM	
111	Ian Bracegirdle	Stretford Wheelers CC	V50	03:51:00 PM	
112	Daniel Shackleton	ABC Centreville	V40	03:52:00 PM	
113	Joseph Dobson	Manchester Bicycle Club	Sen	03:53:00 PM	
114	Steven Hankey	Warrington Road Club/Horton Light	V40	03:54:00 PM	
115	David James William	Velotik Racing Team	Sen	03:55:00 PM	
116	Adrian Hughes	Seamons CC	V50	03:56:00 PM	
117	Alistair Stanway	Weaver Valley CC	V50	03:57:00 PM	
118	Ian Haddock	Warrington Road Club/Horton Light	Sen	03:58:00 PM	
119	Mervyn Wilson	North Lancashire Road Club	V60	03:59:00 PM	
120	Darren Maironis	Velotik Racing Team	V40	04:00:00 PM	
121	Edward Baldwin	Seamons CC	V40	04:01:00 PM	
122	Chris Lea	Buxton CC/Sett Valley Cycles	V50	04:02:00 PM	
123	Ben McCaulder	Stone Wheelers CC	V40	04:03:00 PM	
124	Tony Haley	Vision Racing /Delamere Dairy/GRM	V50	04:04:00 PM	
125	Ryan Morley	Royal Air Force Cycling Association	Sen	04:05:00 PM	
126	James Lindsay	Hoppers Rollers	Sen	04:06:00 PM	
127	Tristan Pilling	Team SB Hub	Jun	04:07:00 PM	
128	Dyfan Evans	Wrexham RC	Sen	04:08:00 PM	
129	Christopher Bailey	Lyme Racing Club	V50	04:09:00 PM	
130	Alistair Rutherford	Secret-training CC	Sen	04:10:00 PM	