

The 26th Teesdale Mountain Time Trial

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Teesdale CRC - Sunday 22nd April 2018 – 09:00am

Event Secretary

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Headquarters

Glaxo Sports & Social Club Lounge
Harmire Road, Barnard Castle, DL12 8DT

Course Details – T405 Revised - Please note this new finish location

Start in Harmire Road 20 yards beyond the Red Well pub at Telegraph Pole and proceed north from Barnard Castle on the B6278 towards Eggleston. Climb over Folly Top to descend to Lowson's Garage at the bottom of Folly Bank (5.15 miles). Follow the road around to the left and continue towards Middleton in Teesdale. Stay on the B6282 past the lay-by overlooking the River Tees, to **bear right** after the wooded bends at Whistle Crag (7.75 miles). Climb up Carlonin to the T-junction with the unclassified road from Middleton in Teesdale (8.30 miles) and **turn right** to descend to the Y-junction at Middle End (10.95 miles). Bear left and left again to re-join the B6278 to climb up to the summit of Bollihope Common (13.10). **Take care on the descent especially on the S-bend below the turning to Frosterley (15.15 miles) and again on the S-bends descending Unthank Bank into Stanhope.** Over the level crossing to follow along the riverside and across the River Wear at Stanhope Bridge, proceed into Stanhope to the junction with the A688. (18.95 miles) Bear left up Weardale towards Alston to turn left after 2.25 miles onto the unclassified road to Horsley. (21.20 miles) Over the new Hag Bridge and left at the T-junction at the top of the rise, (21.50 miles) to climb up past Horsley Hall, before descending (**with care!**) past two farms back to the junction with the B6278 at Stanhope Bridge (23.55 miles). **Straight across at the junction**, to retrace along the riverside and over the level crossing onto Unthank Bank (23.95 miles). Climb up Unthank Bank to retrace back over Bollihope Common, past Middle End and through Eggleston on the B6278, to turn left at the bottom of Folly Bank (35.20 miles). Climb over Folly Top to descend into Barnard Castle to finish level with uphill gate post in entrance to Manor Farm, **approximately 120 yards before the start. (40.15 miles)**

Prizes will be presented after the race in the Lounge, as quickly as possible after the event:

1 st Rider	£50	1 st Vet 40	£25	1 st Woman	£25	1 st Road Bike	£25
2 nd	£40	2 nd	£20	2 nd	£20	2 nd	£20
3 rd	£30	3 rd	£15	3 rd	£15		
4 th	£25						
5 th	£20	1 st Vet 50	£25	1 st Handicap	£25		
6 th	£15	2 nd	£20	2 nd	£20		
		3 rd	£15	3 rd	£15		
1 st Espoir	£25	1 st Vet 60+	£25	1 st Team of 3	£10 each		

A big **Thank You** to our sponsor for 27 years - **Arthur Caygill Cycles**, Richmond

Sorry to go on and on, I hope everyone has a good ride

Important Information and CTT District Guidelines

- **Numbers will be in the HQ from 08:00am (Social Club side entrance).**
A notice will be on display, adjacent to the signing on sheet, identifying any significant risks that may have been identified on the day of the event, which may affect rider's or official's safety.
 - **All competitors**
Please note that CTT now requires all competitors to personally sign-on and then **sign-out** when returning their number. Failure to do will result in the competitor being recorded as DNF.
 - ★ **Road Bike Category**
Please can you indicate on the sign-on sheet if you are competing in the Road Bike category.
We will also monitor riders on the start line.
 - **The prize presentation will be asap after the race, in Glaxo Sports & Social Club Lounge**
 - **Parking in the Glaxo Sports & Social Club Car Park and round in the Teesdale Sports Centre Car Park.**
I would be grateful if riders do not fill the Social Club Car Park, please leave some spaces for their customers.
 - Please take care while warming up, Harmire Road is a built-up area. We allow riders to pass the timekeeper to warm up on the course, but please respect riders who have already started.
 - No cars, except for the timekeepers to be parked at or near to the start or finish.
 - No U-turns within sight of the timekeepers.
 - A rear light, working in flashing or constant mode, affixed to a competitor's cycle is recommended.
 - ☠ **In the interest of safety and due to the nature of the event, the promoting club strongly recommend that competitors wear a hard-shell helmet, which conforms to a recognised international standard**
 - ☠ Please consider your choice of wheels carefully, especially if it is windy.
(Deep rims are not faster if you can't control the bike at 40+mph!!)
 - ☠ **Please take care on the descents**, especially if it is wet.
There will be **Red Flags** as you approach the 2 hairpin bend descents on the way out.
The first into Bollihope Bottom (after the Frosterley Junction) and then Unthank Bank, which is very steep.
 - ☠ There are **cattle grids** at Middle End (10.95 miles) and above Unthank Bank at Stanhope (17.20 miles).
A rider was seriously injured on this cattle grid in 2002. You approach it downhill and on a sweeping left-hand bend, please ensure you **straighten your line** before you cross the metal grid.
You re-cross this cattle grid on the return leg and another above Eggleston (approx. 33 miles).
 - ☠ **The Railway Level Crossing at the bottom of Unthank Bank**, Stanhope, is in reasonably good condition the rails are slightly proud as ever. Please take care oncoming traffic is in the middle of the road.
 - ★ **Unthank Bank** is 0.65 miles of 1:6 (steeper on the inside of the hairpin) and I would suggest that you need a gear of at least 39 x 21 for the climb back up. Although 39 x 25 is more realistic for most riders.
- Following Cars
- ★ **No cars should drive up or down the narrow single track Carlonin Bank while the event is in progress, (7.75 miles from the start) as they seriously impede the riders.** Please take an alternative route, through Eggleston, and support the riders from one of the many safe places to pull off the road.
 - ★ **Any car on Carlonin which can be identified with a rider may lead to the rider being disqualified.**
Can I remind everyone that under CTT rules, riders are forbidden from having a following vehicle.

Past Winners

Original 38.5 miles course

1992	Andrew Corbett	Dinnington RC	1.50.23
1993	Neville Jackson	Roxby Wheelers	1.49.27
1994	Jeff Wright	North East RT	1.47.25
1995	Gethin Butler	Norwood Paragon	1.39.55 Course short, bridge collapsed
1996	Neville Jackson	Cleveland Wheelers	1.46.35 Course short, bridge collapsed
1997	Neville Jackson	Cleveland Wheelers	1.44.54
1998	Laurie Holmes	Morley CC	1.45.40
1999	Joel Wainman	Peter Read Racing	1.46.56
2000	Dave Cook	Middridge CRT	1.44.24
2001	No Event due to Foot & Mouth Disease		
2002	Gethin Butler	Preston Wheelers	1.43.26 38.5 miles Course Record

Revised 40.35 miles course

2003	Dave Cook	Middridge CRT	1.54.09
2004	Joel Wainman	Peter Read Racing	1.51.54
2005	Keith Murray	Scott UK	1.52.33
2006	Wayne Randle	Planet X	1.48.48 40.35 miles Course Record
2007	Dave Cook	Alpine Rootz	1.56.13
2008	Dominic Munnelly	KB Cycles RT	1.50.28
2009	Dominic Munnelly	KB Cycles RT	1.42.32 Course short, road closure
2010	Simon Baxter	Adept Precision RT	1.48.57
2011	Joel Wainman	Team Swift	1.51.58
2012	Jon Sturman	Blumilk.com	1.53.38
2013	Rob Carter	TS Racing Team - Vankru	1.51.04
2014	Rob Carter	TS Racing Team - Vankru	1.48.59
2015	Rob Carter	TS Racing Team – OTR	1.50.11
2016	Carl Donaldson	GS Metro	1.48.48 Equals course record set in 2006
2017	Carl Donaldson	GS Metro	1.45.28 40.15 miles New course record

Please support the people who support this event...

Arthur Caygill has been our main sponsor for 27 years!!!



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