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 |  | **Easterley Road Club** |  |

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|  |  | (President Andrew Ballentyne.) |  |  |  |  |  |  |  |  |  |
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| **PRESENT THEIR**  |  |  |  |  |  |  |  |
| **25 mile Time Trial** |  |  |  |  |  |  |  |
| Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations |  |  |
| **ON Sunday 8 April 2018** |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| This is a qualifying event for SPOCO South East Group 2 2018 |  |  |  |  |  |  |  |  |  |
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| **EVENT H.Q.** |  |  |  |  |  |  |  |  |  |  |  |  |
| Easterley Country H.Q., North Hall Lane, Ugley, Essex.  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| **EVENT ORGANISER** |  |  |  |  |  |  |  |  |  |  |  |  |
| Richard Jordan 56 Charlotte Gardens, Collier Row, Romford, RM5 2ED 07966374116 |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| **TIMEKEEPERS** |  |  |  |  |  |  |  |  |  |  |  |  |
| Main Time keeper: | John Cottee | Assistant: | Peter Smith |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| **IMPORTANT NOTES TO RIDERS:** |  |  |  |  |  |  |  |  |  |  |
| 1. **Riders’ Car parking** is only allowed under and in the area immediately to the west of the motorway bridge, near the event HQ. Parking space is limited so please park close together |
| Parking is forbidden in Widdington Lane and on the B1383 between Stansted and Newport. |  |  |  |  |  |  |  |
| 2. **Sign on** and collect your number at the Event H.Q. |  |  |  |  |  |  |  |  |  |
| 3. **Toilets** are available at the HQ – do NOT use the fields. |  |  |  |  |  |  |  |  |  |
| 4.**No ‘U’ turns** within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and further disciplinary action by London East D.C. |
| 5. **Static Trainers**:- Out of consideration for local residents, the use of static trainers (e.g. turbo trainers) is banned from all morning events held in London East DC.  |  |  |
| 6. After you have finished, please return directly to the event HQ via the recommended route below. Return your number for a free drink. |  |  |  |  |
| 7. Please allow sufficient time to ride to the start |  |  |  |  |  |  |  |  |  |
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| IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the Event Promoters strongly advise you to wear a HARD SHELL SAFETY HELMET  |  |  |  |
| that meets an internationally accepted safety standard.  |  |  |  |  |  |  |  |  |  |
| ALL Juniors and/or riders under the age of 19 years are required to wear a suitably approved helmet. Cycling Time Trials and the Event Promoters recommend the use of a flashing rear light whilst competing. |
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| **E1/25d** |  |  |  |  |  |  |  |  |  |  |  |  |
| **Start GR:** 512293  **Finish GR:** 514267  **Police:** E  **Local Regs:** 4.8 |  |  |  |  |  |  |  |  |  |
| START on B1383 10 yards north of Belcham's Lane leading to Rickling Green which is 0.25m north of Chequers PH. Proceed north through Quendon and Newport, straight on at roundabout junction B1383/B1052,  |
| Littlebury, Gt. Chesterford, to Stump Cross roundabout where turn right onto B184 and continue to Little Chesterford Rbt (11.75m). where TURN and retrace to Stump Cross Rbt.  |  |
| Turn left onto B1383 and retrace along course past start point to FINISH at centre of layby which is just past Pennington lane and approx 0.1m N of 32nd MS. |  |  |  |
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| **Prizes** | **Men & Women** |  |  |  |  |  |  |  |  |  |  |
| **1st** | Trophy, SIS Pack £30 |  |  |  |  |  |  |  |  |  |  |
| **2nd** | Medal Team Sky SIS Pack £20 |  |  |  |  |  |  |  |  |  |
| **3rd** | Medal Team Sky Water Bottle £10 |  |  |  |  |  |  |  |  |  |
| **1st Team** | Medals Team Sky SIS Pack |  |  |  |  |  |  |  |  |  |
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| To be presented at the Event HQ after the event |  |  |  |  |  |  |  |  |  |

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| **Number** |  | **Name** |  |  | **Club** |  |  |  | **Start Time** |  |  |  |
| 1 |  | Simon | Gent |  | Hub Velo |  | Male |  | 08:01:00 |  |  |  |
| 2 |  | Hugh | Vivian  |  | Finsbury Park CC |  | Male |  | 08:02:00 |  |  |  |
| 3 |  | Simon | Neatham |  | Finsbury Park CC |  | Male |  | 08:03:00 |  |  |  |
| 4 |  | Gary | Lane |  | Hainault RC |  | Male |  | 08:04:00 |  |  |  |
| 5 |  | Peter | Tibbitts |  | Ford CC |  | Male |  | 08:05:00 |  |  |  |
| 6 |  | carl | stephens |  | Basildon CC |  | Male |  | 08:06:00 |  |  |  |
| 7 |  | Derek | Trangmar |  | Hub Velo |  | Male |  | 08:07:00 |  |  |  |
| 8 |  | James | Swift |  | East London Triathletes |  | Male |  | 08:08:00 |  |  |  |
| 9 |  | Colin | Doe |  | Ford CC |  | Male |  | 08:09:00 |  |  |  |
| 10 |  | Richard | Price |  | London Phoenix CC |  | Male |  | 08:10:00 |  |  |  |
| 11 |  | Daniel | Sharp |  | Charlotteville Cycling Club |  | Male |  | 08:11:00 |  |  |  |
| 12 |  | David | Martin |  | Becontree Wheelers CC |  | Male |  | 08:12:00 |  |  |  |
| 13 |  | Robert | Royston |  | Sydenham Whs |  | Male |  | 08:13:00 |  |  |  |
| 14 |  | Robert | Jones |  | Cardiff 100 Miles RCC |  | Male |  | 08:14:00 |  |  |  |
| 15 |  | Sam | Brown |  | Spartans Velo Club |  | Male |  | 08:15:00 |  |  |  |
| 16 |  | Adam | Young |  | Walden Velo |  | Male |  | 08:16:00 |  |  |  |
| 17 |  | Adam | Bishop |  | Lea Valley CC |  | Male |  | 08:17:00 |  |  |  |
| 18 |  | nicholas  | knight |  | Basildon CC |  | Male |  | 08:18:00 |  |  |  |
| 19 |  | Richard | Pimlott |  | Finsbury Park CC |  | Male |  | 08:19:00 |  |  |  |
| 20 |  | Philip | Murrell |  | Finsbury Park CC |  | Male |  | 08:20:00 |  |  |  |
| 21 |  | Daniel | McKenny |  | Basildon CC |  | Male |  | 08:21:00 |  |  |  |
| 22 |  | David  | Carey |  | Maldon & District CC |  | Male |  | 08:22:00 |  |  |  |
| 23 |  | Gary | Boyd |  | Hub Velo |  | Male |  | 08:23:00 |  |  |  |
| 24 |  | Wolfgang | Emmerich |  | London Phoenix CC |  | Male |  | 08:24:00 |  |  |  |
| 25 |  | Richard | Parrotte |  | Shaftesbury CC |  | Male |  | 08:25:00 |  |  |  |
| 26 |  | Colin | Lewin |  | Velo Schils Interbike RT |  | Male |  | 08:26:00 |  |  |  |
| 27 |  | Anna | Muir |  | Chelmer CC |  | Female |  | 08:27:00 |  |  |  |
| 28 |  | Ian  | Braybrook  |  | Basildon CC |  | Male |  | 08:28:00 |  |  |  |
| 29 |  | Brendan | O'Brien |  | Lea Valley CC |  | Male |  | 08:29:00 |  |  |  |
| 30 |  | Paul | Hart |  | Southend Wheelers |  | Male |  | 08:30:00 |  |  |  |
| 31 |  | tom | haines |  | East London Velo |  | Male |  | 08:31:00 |  |  |  |
| 32 |  | Daniel | Homer |  | London Phoenix CC |  | Male |  | 08:32:00 |  |  |  |
| 33 |  | Jeremy | Greenwood |  | Finsbury Park CC |  | Male |  | 08:33:00 |  |  |  |
| 34 |  | Patrick | Hannah |  | Greenwich Tritons Tri Club |  | Male |  | 08:34:00 |  |  |  |
| 35 |  | Jerome | Watts |  | Team Bottrill / Vanguard |  | Male |  | 08:35:00 |  |  |  |
| 36 |  | Simon | Daw |  | Velo Schils Interbike RT |  | Male |  | 08:36:00 |  |  |  |
| 37 |  | James | Dynes |  | Cambridge CC |  | Male |  | 08:37:00 |  |  |  |
| 38 |  | Julian | Bosley |  | Stowmarket & District CC |  | Male |  | 08:38:00 |  |  |  |
| 39 |  | james | bromley |  | Becontree Wheelers CC |  | Male |  | 08:39:00 |  |  |  |
| 40 |  | John | Mulvey |  | Cambridge University CC |  | Male |  | 08:40:00 |  |  |  |
| 41 |  | Richard | Carrington |  | West Suffolk Wheelers |  | Male |  | 08:41:00 |  |  |  |
| 42 |  | Andrew | Beaman |  | Victoria Cycling Club |  | Male |  | 08:42:00 |  |  |  |
| 43 |  | Lee | Kennedy  |  | Army Cycling Union |  | Male |  | 08:43:00 |  |  |  |