

COURSE V810

Addingham – Bolton Bridge – Skipton - Addingham

Start in Bolton Road, Addingham (B6160), in gateway to Addingham Primary School, at a point 6 yards south of lamp-post no.8. Proceed north on B6160 to Traffic Island at junction with A59, Bolton Bridge. (2.021mls).

Take 1st exit, left, and continue westwards on A59 to Skibeden Traffic Island, junction A65. (5.924mls). Take 1st exit, left, and proceed east on A65, via Draughton by-pass, to finish at green road sign, indicating exit point 300 metres, before Traffic Island at junction of A65/B6160 on Addingham by-pass (10.000mls).

Riders must not stop at the finish - continue on A65 towards Ilkley, to parking area to east of Addingham, or continue to HQ.

There will be direction boards on the course, as well as marshals. Look out for these. Note: Marshals are only to indicate your direction, and not to control traffic in your favour. At each junction it is your responsibility to ensure that it is safe to proceed. Keep your heads up, and keep to the left of the carriageway.

TAKE CARE when turning left at Skibeden Island, not to cross central white line on exiting island. The approach to the island is on a slight downhill, and can be quite fast.

THERE ARE a few pot-holes, especially around some of the drain covers on the section to Bolton Bridge. Please watch out for these.

There is NO PARKING, other than for Officials, at START or FINISH.

In the interest of your own safety, CYCLING TIMETRIALS, and the Event Promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users, and is active whilst the machine is in use.

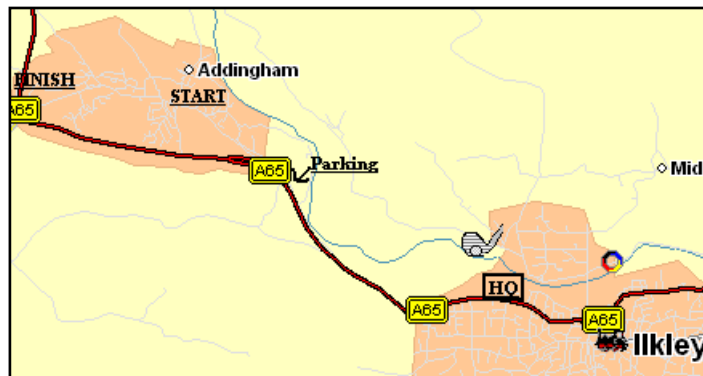
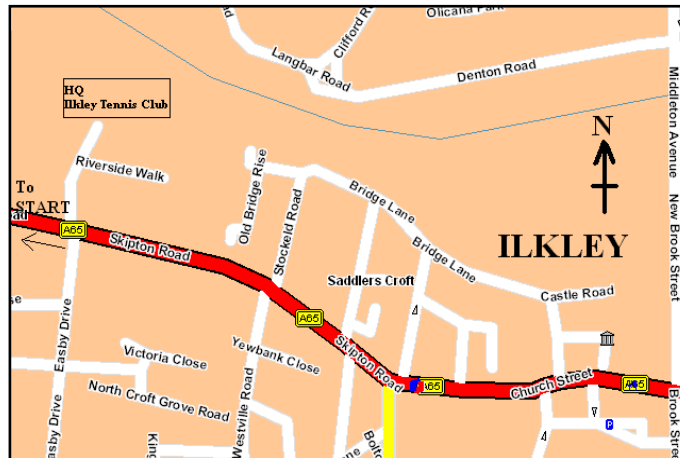
NB. Junior & Juvenile riders MUST wear an approved Hard Shell Helmet (reg.15).

HEADQUARTERS and PARKING

Event Headquarters is the Ilkley Lawn Tennis & Squash Club, Stourton Road, Ilkley, LS29 9BG (see maps). Numbers, signing-on sheet, and Result Board will be located here. There will be Tea & Coffee for riders on return after their ride (collect a token when returning your number and signing out). There is also a Café & Bar located in the Club.

For those who require parking nearer the start/finish, there is plenty of room on the old Skipton Road (on north side of current A65) to the east of Addingham, about a mile from the start

It is approx. 3 miles from the HQ to the start. From HQ proceed to A65 Skipton Road, turn right and continue to first turn off for Addingham. Turn right (parking area is along here, on old road to Ilkley - Sandbeds), at end turn left then right to join Addingham Main Street (old A65), to junction with A6160. Turn right here, start is on left in about 400yds, in entrance to school.



Promoted for, and on behalf of, Cycling Time Trials
under their Rules & Regulations

Ilkley Cycling Club

www.ilkeycyclingclub.org.uk

Hilly 10 mile Time Trial

Counting Event for YCF SpoCo Series 2018

Sunday 25th March 2018 – Course V810

First rider to start at 09.30 hrs (**remember clocks go forward!**)

Timekeepers: George Barker and Keith Lawton

Event Secretary: Doug Hart 07866 764645

6 Beechwood Grove, Shipley, BD18 4JS

doug.hart95@gmail.com

Awards:

Men		Women	
1 st Fastest:	£30	1 st Fastest:	£30
2 nd Fastest:	£25	2 nd Fastest:	£25
3 rd Fastest:	£20		
Non-aero	£10	Non-aero	£10
1 st Vet on Std	£15		
2 nd Vet on Std	£10		

Fastest team of 3 £5 each

NB: one rider, one prize (except non-aero and team).

PARKING AT HQ – At bottom of hill from A65, go straight ahead, across field, to hard standing near tennis courts. Do not park in main car park – you may find yourself boxed in by regulars arriving for junior clubs etc. and jeopardise future use of the facility.

OPEN from 08:30

Enter through front door, up stairs to right, through café, past toilets to room at end.

Signing-on/off and results here

Awards available at HQ when last rider has returned.

ORDER OF START – 1st RIDER @ 09:30 (clocks go forward!)

No	Rider	Club	A ge	Cat
30	Richard Hand	Halifax Imperial Wheelers	38	S
31	Pete Nixon	Seacroft Whs	43	V
32	Harriet Breakey	Holmfirth C C	13	WJuv
33	Anna Docherty	Liv CC Halo Cycles	17	WJun
34	Tracey Coldwell	Holmfirth C C	51	WV
35	Sian Randall	Team Jadan-Weldtite p/b Vive Le Velo	21	WEsp
36	Claire Jessop	Otley CC	48	WV
37	Nicola Forwood	Albarosa CC	34	WV
38	Hannah Benson	Ilkley CC	46	WV
39	Nicholas Symons	Albarosa CC	32	S
40	Mark Haydock	North Lincs RC	42	V
41	Mark Johnson	Yorkshire RC	53	V
42	Thomas Brabbin	Halifax Imperial Wheelers	31	S
43	Patrick Madden	Ilkley CC	48	V
44	Mark Pottinger	Pedalsport CC	38	S
45	Chris Watts watts	Ilkley CC	38	S
46	Gavin McIntosh	Yorkshire Road Club	44	V
47	Dale Antcliff	Wakefield Tri Club	40	V
48	Nik Blesic	Bronte Whs	47	V
49	Paul Heron	Stockport Tri Club(2017)	35	S
50	Ian Mitchelson	Albarosa CC	44	V
51	Daniel Shaw	Halifax Imperial Wheelers	49	V
52	John Eric Potter	Bridlington CC	63	V
53	Liam Rees	Ilkley CC	39	S
54	Jason Drewery	Airedale Olympic	28	S
55	Russell Brown	Yorkshire RC	44	V
56	Ben Stead	Halifax Imperial Wheelers	35	S
57	William Weatherill	Cambridge University CC	18	Esp
58	Richard Edwards	Sheffrec CC	30	S
59	Dick Waddington	Ilkley CC	48	V
60	Peter Watson	Harrogate Nova CC	28	S
61	Joseph Alderson	Albarosa CC	28	S
62	Mike Firth	Ilkley CC	47	V
63	Andrew Johnston	Airedale Olympic	32	S
64	Timothy Walton	Ilkley CC	51	V
65	Anthony Ashworth	Wetherby Whs	49	V
66	Ged Millward	Ilkley CC	53	V
67	Toby Cowell	Cambridge University CC	20	Esp
68	Jonny Hirst	Huddersfield Star Whs	36	S
69	Jack Rose	Hyde Park Harriers Triathlon	27	S
70	Philip Graves	NOPINZ	28	S
71	Matt Stell	Springfield Financial RT	40	V
72	Matthew Asquith	East Bradford CC	43	V

73	James Cullen	Otley CC	54	V
74	Andy Clark	VTTA (North Midlands)	52	V
75	Blair Buss	Halifax Imperial Wheelers	53	V
76	Jake Unsworth	Ilkley CC	26	S
77	John Barnett	Otley CC	63	V
78	Jordan Manford	Airedale Olympic	25	S
79	Andy Greenwood	Halifax Imperial Wheelers	50	V
80	Richard Sharp	Team Swift	35	S

Last rider 10:20

Please be aware of the new CTT Regulation 17(b)

All competitors are required to return to the event HQ, hand in their number(s) and **SIGN OUT**.

A competitor **MUST** sign out him/herself. It is not permissible for another person to sign out on behalf of the competitor.

Failure to do so will result in the competitor being recorded as DNF.

Non-aero prize conditions

No aero-bars/extensions or rear disc wheels
Deep section wheels and aero helmets etc. are permitted.

To be eligible **you must declare your intention** when called up to start to the pusher-off, Simon Warren.

THIS IS THE 2nd COUNTING EVENT FOR THE YORKSHIRE CYCLING FEDERATION SPOCO COMPETITION 2018.

The Competition is **open to all riders**, not just members of YCF Affiliated Clubs. Awards in all categories. Riders must complete 6 of the 13 counting events. Fastest Rider scores 120 pts, 2nd 119pts etc. There is a separate competition for women: 1st Woman 120pts. 2nd 119pts etc.

Counting Events:

Date	Event	Course
Sat 10 th March	Malton Whs 10.5	V411/1
Sun 25 th March	Ilkley CC 10	V810
Sat 14 th April	Otley CC 10 (M)	V212
	Otley CC 10 (W)	V212
Sun 23 rd April	Otley CC 25	V235
Sun 20 th May	Bridlington CC 25	V433
Sun 3 rd June	East Bradford CC 15	V221
Sat 23 rd June	Holmfirth CC 10	V915
Tues 26 th June	YCF Hill Climb	V9916
Sun 1 st July	Huddersfield Star Whs 10	V915
Sat 7 th July	Valley Striders 25	V235
Sat 18 th August	YCF 30 (M Pts)	V241
Sat 18 th August	YCF 15 (W Pts)	V226
Sat 1 st Sept	Scarborough Paragon 10	V415
Sat 29 th Sept	Harrogate Nova 10	V212

10am