

50 Mile Time Trial

Sunday 23rd July 2017

 *Promoted on behalf of the CTT under their rules and regulations*

**Event Secretary:** - Rob Scott, City Cycle Couriers, Office 10, The Business Centre, 2 Cattedown Road, Plymouth, PL4 0EG. Mob: 07875 760254

**Start Timekeeper:** - Rob Scott

**Finish Timekeeper:** - Vince Jennings (ESSA Cycling)

**Marshalls:** - Members of City Cycle Couriers RT & Alltrax - Steve Kirby, Marvin Laing, Ivor Pooke, Cliff Morrish & John Benney.

**Event Headquarters:** - Dean Prior Parish Village Hall, Lower Dean,

The Event Headquarters where race numbers are available will be open from 6:00am.

First Rider off at 0701 hrs.

**Course Record Holder:** - Conrad Moss – Mid Devon CC – 1:43:56 – Sunday 24th July 2016

**Course Details:** S4/50 - Start on A38 approximately 1.5 miles South West of Buckfastleigh at a point level with the clearway sign at the end of the lane out of Dean Prior Village and level with the 12th kerbstone (GR SX 729648). Join the A38 - care- in the Exeter bound direction to pass Buckfastleigh, Ashburton, Bickington, Heathfield and Chudleigh Knighton. At Chudleigh Bridge (signed Chudleigh and Teign Valley) filter left, turn right (M), give way, and right again (M) to re-join the A38 in the Plymouth bound direction. Retrace the outward route to filter left at the sign "Lower Dean". Turn right (M), give way, to pass under the A38, then turn right again (M), give way, on to the old A38. Continue past Buckfastleigh to Dart Bridge where take second exit at the mini roundabout (M) and then turn left (M) to re-join the A38, Exeter bound direction.

Retrace first circuit via Chudleigh Bridge and back to filter left at the sign "Lower Dean". Turn right, give way, to pass under the A38, then turn right again, give way, on to the old A38, to finish at gas marker stone outside house No 72A and 25 metres before lamp post 18 (GR 735 655). (Approximately 80 metres before turn left towards Buckfast).

 **Notes to riders:**

1. If you plan to warm up on a turbo trainer, please do not take up a whole parking space within the limited spaces of the town car park.
2. Please allow 20 minutes to ride to the start and in under no circumstances turn around in or cross the main A38 carriageway. You will be disqualified if observed doing so.
3. Observe the Highway Code and keep your head up at all times.
4. Do not “white line”
5. Paced Riding: CTT regulation No.21 must be observed at all times. Any rider seen taking pace from another competitor will be disqualified.
6. It is compulsory that all riders wear a hard shell helmet that meets CTT regulation No.15.
7. The course used for this event is on a high-speed road. Overtaking traffic will be moving fast. For your own safety keep well to the left of your carriageway.
8. There will be times when the traffic will be leaving the main road and filtering off to the left – be aware of this possibility every time you cross any exit road.
9. There will be times when the traffic will be coming on to the main road and filtering in from your left. Be aware of this possibility every time you cross any entry road.
10. Have a safe but enjoyable ride!!

**Sponsored Clubs:**

 Alltrax – Alltrax Cycles

Mid Devon CC – Colin Lewis Cycles

North Devon Wheelers - Southfork

Giant Helston

**Prize list (to be awarded on the day only so please stick around) (one rider, one prize)**

1st Overall - £60 1st Vet 50+ - £15 1st Lady - £25

2nd Overall - £40 1st Vet 60+ - £15 2nd Lady – £10

3rd Overall - £30

4th Overall – £20

5th Overall – £15

6th Overall - £10

7th Overall – £8

8th Overall - £5

Starting Order:

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **No** | **Name** | **Club**  | **Cat.** | **LTS / est.** | **Start Time** |
| 2 | Sarah Lakey | Mid Devon CC | Lady | 2-21-00 | 0702 |
| 3 | Nik Rorke | Exeter Wheelers | Lady | 2-13-13 | 0703 |
| 4 | Joanna Knight | Bristol South CC | Lady | 2-15-28 | 0704 |
| **5** | **Zoe Betteridge** | **North Devon Wheelers** | **Lady** | **2-07-18** | **0705** |
| 6 | Martina Geragthy | Penzance Wheelers | Lady | 2-05-46 | 0706 |
| 7 | Rebecca Cornwell | Taw Velo | Lady | 2-12-00 | 0707 |
| 8 | Rose Willis | St. Austell Wheelers | Lady | 2-04-30 | 0708 |
| 9 | Luis Carnosa | RNRMCA | Senior | 2-10-00 | 0709 |
| **10** | **Liam Bard** | **Revo Racing** | **Senior** | **1-45-01** | **0710** |
| 11 | Philip Bray | Plymouth Corinthian CC | Senior | 1-54-14 | 0711 |
| 12 | Harry Loader | Mid Devon CC | Espoir | 1-52-00 | 0712 |
| 13 | Chris Cook | Alltrax | Vet 50+ | 2-00-35 | 0713 |
| 14 | Andrew Barry | Pure Endurance | Senior | 2-10-00 | 0714 |
| **15** | **Gary Fouracres** | **St. Austell Wheelers** | **Vet 50+** | **1-48-02** | **0715** |
| 16 | David Rouse | North Devon Wheelers | Vet 40+ | 1-52-57 | 0716 |
| 17 | Julian Harper | Revo Racing | Vet 40+ | 1-54-32 | 0717 |
| 18 | Richard Brown | Tavistock Wheelers | Vet 40+ | 1-59-31 | 0718 |
| 19 | Robert Warwicker | Tri-Anglia Triathlon Club | Vet 40+ | 2-10-00 | 0719 |
| **20** | **Lubos Obornik** | **CS Dynamo** | **Vet 50+** | **1-44-39** | **0720** |
| 21 | Mark Sanders | Mid Devon CC | Vet 50+ | 1-48-50 | 0721 |
| 22 | Owen Prior | Exeter Wheelers | Senior | 1-58-03 | 0722 |
| 23 | Mark Pierce | Tavistock Wheelers | Senior | 1-58-41 | 0723 |
| 24 | Kevin Weymouth | Mid Devon CC | Vet 40+ | 2-05-00 | 0724 |
| **25** | **Paul Walshe** | **Plymouth Corinthian CC** | **Vet 40+** | **1-47-28** | **0725** |
| 26 | Chris Shakya | Exeter Wheelers | Senior | 1-52-58 | 0726 |
| 27 | Daniel Kempe | Bristol South CC | Vet 50+ | 1-57-58 | 0727 |
| 28 | Ian Deakin | Mid Devon CC | Vet 60+ | 2-00-51 | 0728 |
| 29 | Mike Rose | Exeter Wheelers | Vet 60+ | 2-08-00 | 0729 |
| **30** | **Niall Todd** | **Tavistock Wheelers** | **Vet 40+** | **1-43-48** | **0730** |
| 31 | Matt Williamson | Exeter Wheelers | Senior | 1-48-44 | 0731 |
| 32 | Chris Scawn | Plymouth Corinthian CC | Vet 60+ | 1-53-29 | 0732 |
| 33 | Stuart Pickering | Giant Helston | Vet 50+ | 1-58-02 | 0733 |
| 34 | Andrew Ellis | Giant Helston | Vet 40+ | 2-02-19 | 0734 |
| **35** | **Mark Smejkal** | **St. Austell Wheelers** | **Senior** | **1-47-14** | **0735** |
| 36 | Stuart Hall | Devon & Somerset FRSCC | Vet 50+ | 1-52-26 | 0736 |
| 37 | Doug Parker | Sid Valley CC | Vet 50+ | 1-57-22 | 0737 |
| 38 | Samuel Woods | Plymouth Corinthian CC | Senior | 2-00-00 | 0738 |
| 39 | Jonathan Ellis | Plymouth Corinthian CC | Senior | 2-05-00 | 0739 |
| **40** | **Tim McEvoy** | **Camel Valley C&TC** | **Senior** | **1-41-56** | **0740** |
| 41 | Ian Cullen | Mid Devon CC | Vet 40+ | 1-48-03 | 0741 |
| 42 | Steve Hockings-Thompson | Revo Racing | Vet 50+ | 1-53-08 | 0742 |
| 43 | Mark Bradley | Bristol South CC | Vet 50+ | 1-58-00 | 0743 |
| 44 | Mark Bird | Devon & Somerset FRSCC | Vet 40+ | 2-01-20 | 0744 |
| **45** | **Matt Slater** | **Revo Racing** | **Vet 40+** | **1-46-53** | **0745** |
| 46 | Garry Drew | RNRMCA | Vet 50+ | 1-52-23 | 0746 |
| 47 | Tom Moran | Plymouth Corinthian CC | Vet 50+ | 1-57-20 | 0747 |
| 48 | Josh Coyne | Okehampton CC | Espoir | 2-02-00 | 0748 |
| 49 | Tom Jennings | ESSA Cycling | Senior | 2-05-00 | 0749 |
| **50** | **Conrad Moss** | **Mid Devon CC** | **Vet 40+** | **1-39-45** | **0750** |